



**ROGERS PUBLIC SCHOOLS
NWA 8TH CONFERENCE MEET – EAST
MONDAY, APRIL 21, 2025
@ HERITAGE HIGH SCHOOL**



INFORMATION LAST UPDATED

Updated: **4/20/2025**

TEAMS INVITED TO MEET

Oakdale	Lingle	Grimsley	Lincoln	George
Lakeside	DTSOI	Woodland	Darby	Kimmons

HHS TRACK & FIELD PRACTICE....

THE TRACK & FIELD EVENT AREAS WILL BE CLOSED FROM 1:30 PM – 2:30 PM AS THE HERITAGE TRACK TEAM WILL BE PRACTICING BEFORE THE MEET BEGINS. TEAMS THAT ARRIVE BEFORE 2:30 PM WILL HAVE TO PLACE THEIR TEAMS INTO THE VISITOR BLEACHERS UNTIL PRACTICE IS FINISHED!!

HHS TRACK & FIELD SENIOR RECOGNITION

WE WILL BE HAVING OUR SENIOR RECOGNITION CEREMONY AT 6 PM....WHICH WILL LAST ABOUT 15 MINUTES....WE WILL PAUSE RACES AT THE TIME AND CONTINUE ONCE WE HAVE FINISHED!!

MEET DIRECTOR

Coach Adam Bumsted – HHS

adam.bumsted@rpsar.net

479.283.2645

MEET PASSWORD ON MILESPLIT

Password: Email or Text For Password

ENTRIES CLOSE

MONDAY 4/21 @ 10 am

ENTRY FEES

\$0 – All 6A West Conference Teams Invited

ENTRY FEE CHECKS PAYABLE TO

Rogers Public Schools

Attn: Lynda Godfrey

500 W Walnut St.

Rogers, AR 72756

MEET LOCATION

Rogers Heritage High School
1114 S. 5th Street
Rogers, AR 72756

TICKETS

Tickets Can Be Purchased – [CLICK HERE](#)



SPIKES

Please Make Sure Athletes Only Wear 1/8" & 1/4" Spikes on the Track

ENTRIES

3 Entries Per Individual Event
1 Relay Team

MEET SCHEDULE

Coaches Meeting @ Benches – **3:00 PM**

Field Events – **3:30 PM**

Races – **4:00 PM**

FIELD EVENT SCHEDULE @ 3:30 PM

1st Session – Girls – LJ | PV | Disc Boys – TJ | HJ | SP

2nd Session – Girls – TJ | HJ | SP Boys – LJ | PV | Disc

SP | D | LJ | TJ each competitor will get **FOUR** attempts!!

RACE SCHEDULE @ 4:00 PM

4 X 200 M

4 X 800 M
100 M | 110 M Hurdles
100 M
1600 M
4 X 100 M
400 M
300 M Hurdles
800 M
200 M
4 X 400 M

WARM-UP AREA

The athletes will be allowed to warm-up on the infield. However, only athletes actively warming up for an upcoming event or at the benches should be at the infield. Athletes **SHOULD NOT** be on the infield just to watch the meet. Coaches please help us keep the infield as clear as possible.

RESULTS

Live results will be posted at LIVE.YTIMING.NET

AWARDS

1st, 2nd & 3rd Place Medals for Individual Events
1st, 2nd & 3rd Place Medals for Relay Races
1st Place Team Plaques
High Point Awards

CONCESSION STAND

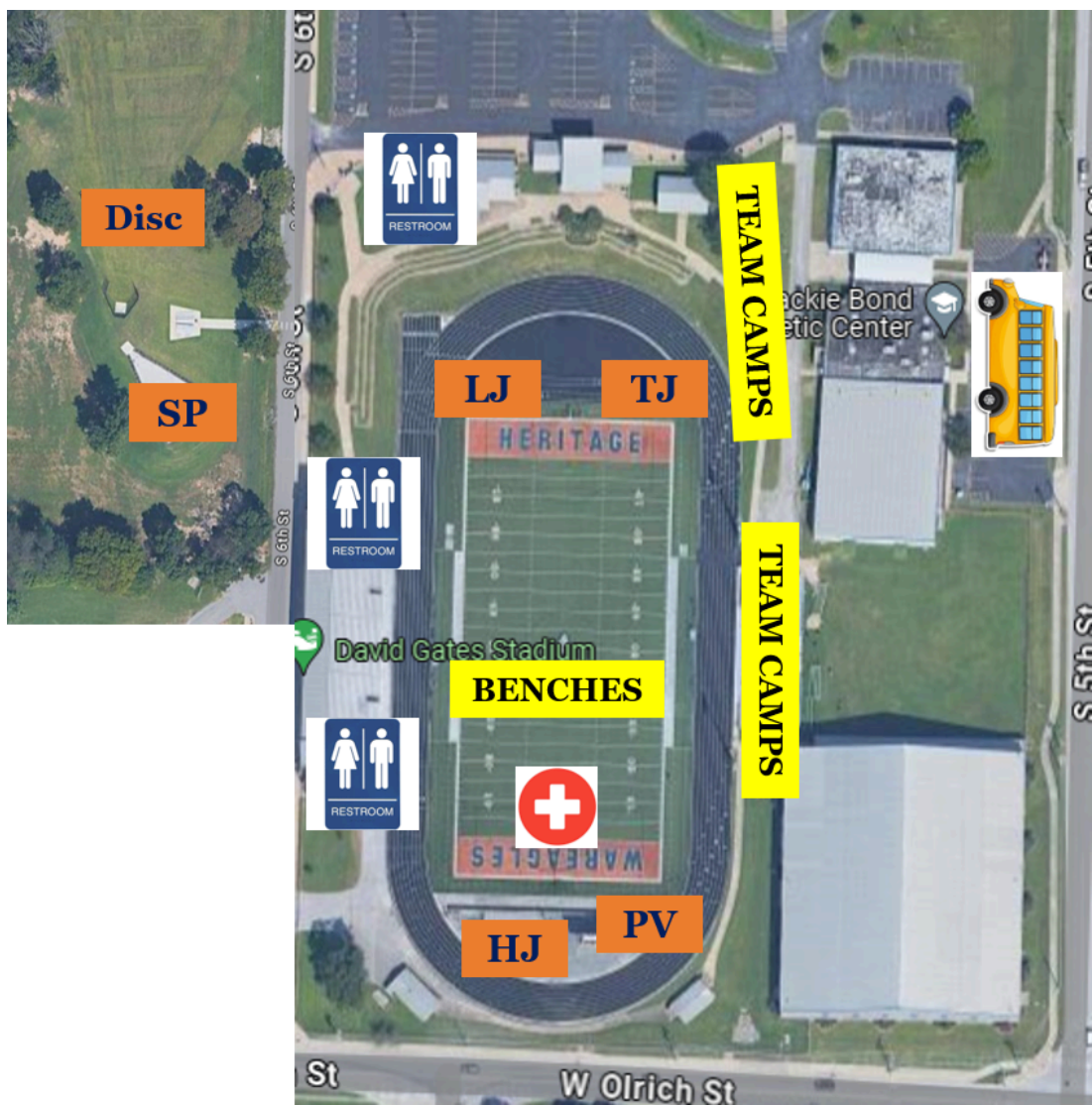
There will be a concession stand available during the meet. Water cows will also be available on the infield for the athletes.

TEAM CAMPS

Please set up all team camps in the **VISITOR BLEACHERS** on the east side of the stadium. Or on the hill on the East side of the stadium.

BUS PARKING

Buses will park in the small parking lot just East of the Blackie Bond Building.



[MEET INFORMATION SHEET](#)