

Call for Workshop Proposals

‘Dying to be Beautiful? Body Image, Eating Behaviours and Health in the Caribbean’

Location: The Capital and Home of Bob Marley | **Kingston, Jamaica**
December 6-8, 2024

Scope of Conference

The 4th Biennial Scientific Conference

Our goal is to ignite evidence-based discussions between Caribbean nationals and international professionals who share a common ground in examining the cumulative effect of factors such as culture, globalization, migration, economics, politics and history and their impact on mind and body.

Workshop Topics

You are invited to submit proposals related to the following themes:

- Cultural Norms that Define Body Image
- Colorism
- Acculturation and Challenges when working with Caribbean Immigrants
- Eating Disorders: Diagnosis, Treatment, and Stigma
- Trauma and Depression in the Caribbean Population
- The Emotional and Physical Cost of Food Scarcity
- Obesity vs Health at Every Size
- Cost of Beauty: Social and Economic Implications
- Sports Psychology – Getting Your Head into the Game
- Men and Muscularity – What is healthy vs. disordered?
- What is Old has Become New Again – The Science and Promise of Plant Medicine
- The Impact of Media on Physical, Mental and Social Health
- The Impact of Supplement Use for Sports Performance
- Substance Abuse
- Physical activity and mental health

Workshops will also be considered from other related themes

The Deadline for workshop proposal submissions August 23, 2024

Steps and Instructions:

You will be required to submit the following information:

Workshop Proposal Abstract

- Your Proposal Abstract must be 350 words or less, describing presentation ideas, themes, and goals.

- The title of the Proposal (enter in title case, capitalizing only the first letter in each word)

Proposal Title

Workshop Duration

- The length of time for the workshop is 90 minutes

Proposal Outline

- Indicate a theme (see above) that best suits your proposal
 - Methods: Didactic, Experiential, Combination of didactic and experiential or other
 - Brochure description (in 100 words or less and in sentence case).
 - Three (3) measurable learning objectives.
 - Three (3) references from journals or books published in the last 5 years, which are relevant to the program content. (No self-referencing please.)
 - is received after the submission deadline.
 - You understand and give permission for your workshop to be recorded. These recordings become the sole property of DTBB. You understand that they may be used for online educational purposes in the future.
- Affirmation that you understand that if your proposal is accepted, you must register for the Dying to Be Beautiful (DTBB) Conference, your picture will/may be used for promotion material, and that your proposal will not be considered if the required documentation is not complete and/or if it

Presenter Information

- Names, degrees, licenses, current affiliations, CVs, contact information, and a recent professional photograph in electronic format (jpeg).

Questions/ Evaluation

Include 5 questions that can be answered by workshop participants upon conclusion of the workshop. You must include the following to complete the workshop proposal submission:

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- 5 questions - multiple choice, with 4 possible answers, with the correct answer identified.

Submission Information

- Submit proposal to dtbb@uwimona.edu.jm
- **The Deadline for workshop proposal submissions September 13, 2024**
- Your email address.
- No incomplete submittals will be considered.
- The submitter will receive an e-mail confirming that the proposal was submitted.
- Please allow up to 30 days after submission site closing for acceptance decisions