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Write the Title Briefly by Referring to the Conclusion, Using the Capitalize Each Word Format (All Words Begin with Capital Letters, Except Prepositions and Conjunctions, Times New Roman 12) (18 Word maximal)

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ABSTRACT

Background: Briefly explain the research problem, the importance of the topic, or the research gap that forms the basis of the study. **Objective:** State the main purpose of the study clearly and concisely. **Methods:** Describe the study design, study population or data source, sampling technique, data collection procedures, and data analysis methods used in the study. **Results:** Present the main findings of the study that address the research objective. Important numerical results or key findings should be included when relevant. **Conclusion:** Provide a concise conclusion based on the main findings of the study and **its implications**.

The abstract is written in English using Times New Roman 10, single spacing, and justified alignment. The abstract should consist of **150–250 words** and briefly describe the background, objective, methods, results, and conclusion of the study.

Keywords: first keyword; second keyword; third keyword (all keywords must be written in lower case, unless it is not possible; keyword separator is a semicolon (;) do not end keywords with a dot (.) Keywords should not more than 5 words or phrases)

Background

The introduction and following subsections are written with an indent of 1 cm and justified paragraphs (aligned right and left). The introduction must at least contain a background containing a statement of the problem accompanied by justification and significance of the study to show the scientific merit or novelties of the paper. In addition to the background, you may add the problem statement, research objectives, research benefits, hypotheses, and other relevant substances.

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(Pay attention to spacing between titles or sub-headings and paragraphs and indentation consistency)

Research Objectives (Optional)

The addition of a subsection like this is optional; it is better to add this subsection if the contents of the background are relatively large. You may add the name of a certain subsection if necessary.

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Hypothesis (Optional)

The addition of a subsection like this is optional; it is better to add this subsection if the contents of the background are relatively large. You may add the name of a certain subsection if necessary.

Methods

For **research articles**, the method must contain the type and/or research design, time and location of the study, population and sample, variables, methods of collecting data for each variable, data analysis methods, and State the ethical approval obtained from the relevant ethics committee or institutional review board. Mention the **approval number** and describe how informed consent and participant confidentiality were maintained. You are also allowed to break this section into several subsections if necessary.

For **other types of articles** (literature review, book review, comments, opinions, scientific news, case study and letter to editor), please adjust to the characteristics of each article.

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Results

The result section may be divided into several subsections. For **research articles**, the results must be presented clearly and concisely. Use an effective way to present the data, for example, in the form of tables and images. The requirements for writing the tables are as follows:

Table 1. The title of the table begins with a capital letter in the middle position above the table, using the sentence case format (uppercase letters only at the beginning of the sentence, unless not possible) (note the distance between the title and the body of the table)

Indicator	Code	Aspect	Expectation	Perception	Gap
<i>Reliability</i>	P1	Use the closed table like this	4,590909	2,772727	-1,818182
	P2	The contents of each table cell begin with a capital letter like this.	4,636364	2,909091	-1,727273
Pay attention		Do not use bold letters in the title and contents of the table			

In interpreting the contents of a table or diagram, do not get caught up in rereading the contents of the table or diagram but instead focus on conclusions that can be withdrawn, for example, tendencies, majority, patterns, directions, and so on.

If you choose to present the results using images (**photos, diagrams, charts, graphics images**, etc.), follow the guidelines as in the following example:



Figure 1. The title of the image begins with a capital letter in the middle position below the image, using the sentence case format (note the distance between the image and the title of the image)

Discussion

The discussion must be written in an integrated manner, not broken down into several parts. It is forbidden to write the numbers of the results of data analysis in this section, so write "the interpretation only," such as: A correlates with B..., there is an influence A on B..., A proven effective for..., there is a difference between A, B, and C..., the main determinants of A are..., and so on.

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Conclusions and Recommendations

Write comprehensive and integrative conclusions using words, without numbering (avoid writing numbers from data analysis). You are also allowed to add suggestions or recommendations if necessary.

The smooth process of publishing your article really depends on your accuracy in following the rules shown in this template. Thank you for your attention.

Ethical Consideration and Competing Interest

- In terms of research ethics, this study adhered to fundamental ethical principles, including informed consent, confidentiality, and voluntary participation. All participants were informed about the purpose and procedures of the study prior to data collection, and their consent was obtained before conducting interviews. The anonymity of participants was maintained by ensuring that personal identities were not disclosed in the reporting of findings. Furthermore, all data collected were used solely for research purposes, ensuring respect for participants' right and maintaining the integrity of the research process.
- There is no conflict of interest related to this publication

Acknowledgment

Research was supported/partially supported by [Name of Foundation, Grant maker, Donor]. We thank our colleagues from [Name of the supporting institution] who provided insight and expertise that greatly assisted the research

Conflicts of interest

The authors confirm that there are no conflicts of interest related to this study.

References

Bibliography must be written using the Vancouver style. Ensure that you follow the true Vancouver format, not merely numbering the references. To minimize errors, it is highly recommended to use **Mendeley** as reference management software. References should be current, preferably published within the **last 10 years**, with a **minimum of 20 references**, of which at least **80% must be journal articles with active DOIs**, and include active hyperlinks inserted using Microsoft Word to ensure accessibility and ease of verification. To insert a hyperlink in Microsoft Word, follow these steps: highlight the text (e.g., DOI or URL), go to the **Insert** tab, select **Link/Hyperlink** (or press **Ctrl + K**), enter the link in the **Address** field, and click **OK**. Alternatively, you can right-click the selected text, choose **Link/Hyperlink**, enter the URL, and confirm. Ensure that all hyperlinks are active and clickable.

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