

# AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

## Power Phrases (2-3)

- I am Ghufuran and I say what I mean like a man.
- I am Ghufuran and I am not lazy.
- I am Ghufuran and If I face a bad situation I say Good and keep going.
- I am Ghufuran and I love the feeling of pain from the discipline.
- I am Ghufuran and I am solid

## Core Values (2-3)

- Bravery.
- Discipline.
- Mean what I say and I say what I mean.
- Know when to say yes or no to something.
- Appreciate everything.

## Daily Non-Negotiables (2-3)

- Training
- Discipline.
- Making money.
- Consistency.
- No porn.

## Goals Achieved

- Closing 3 clients.
- Making \$2000 a month.
- Have a healthy body and mind.
- Good at public speaking and negotiations.
- I'm great at sales and marketing.

## Rewards Earned

- Buying a new iPhone and laptop
- Buy new cloth

- Getting a passport and a driver's license.

## Appearance And How Others Perceive Him

- A hard-working and Disciplined man.
- A man who has a powerful network.
- An Alpha male

## A Day in the Life

### Morning Routine (6:00 AM - 8:00 AM)

- **6:00 AM:** Wake up without hitting snooze. You remind yourself of your power phrases: "I say what I mean, and I love the discipline."
- **6:15 AM:** Hydrate, meditate, and spend 10 minutes appreciating the good in your life while preparing for challenges.
- **6:30 AM:** Train hard with a disciplined workout routine that pushes your limits. Feel the burn and embrace the pain as a sign of growth.
- **7:30 AM:** Take a cold shower, and dress in clean, sharp clothing that reflects your confidence and discipline.

### Work Focus (8:00 AM - 12:00 PM)

- **8:00 AM:** Dive into prospecting and closing deals. You dedicate time to negotiations and marketing with focus and energy, aiming to secure at least 1-3 clients.
- **10:00 AM:** Practice public speaking and sales pitches for 30 minutes. You're honing your skills to become great at communication.
- **11:00 AM:** Review your goals and progress while adjusting to stay aligned with your monthly income target of \$2,000.

### Midday Recharge (12:00 PM - 1:00 PM)

- Take a break to eat a balanced, healthy meal. Reflect on your morning progress and remind yourself to see the good in any challenge.

### Afternoon Productivity (1:00 PM - 5:00 PM)

- **1:00 PM:** Continue working on client projects or sales funnels. Execute marketing strategies that solidify your expertise.

- **3:00 PM:** Network intentionally. Reach out to your powerful circle to build relationships, share insights, and explore opportunities.
- **4:30 PM:** Engage in a reflective discipline session—journaling or strategizing to improve your discipline and consistency.

#### **Evening Routine (5:00 PM - 9:00 PM)**

- **5:00 PM:** Train again, focusing on endurance or strength-building exercises to maintain a healthy body and mind.
- **6:00 PM:** Unwind by reading or listening to motivational content. Feed your mind with wisdom and growth-oriented materials.
- **7:00 PM:** Plan the next day meticulously, including tasks, training, and goals to ensure consistency.

#### **Night Routine (9:00 PM - 10:00 PM)**

- Reflect on your accomplishments for the day. Did you stay disciplined? Did you move closer to achieving your goals?
- Visualize your ideal future and remind yourself: “I am strong, disciplined, and resilient.”
- Wind down with gratitude, appreciating the small victories before heading to bed at 10:00 PM sharp.

Here's a refined set of questions to dig deeper into your vision, mindset, and strategy for building your dream life as a freelance copywriter/marketer. These will help you bridge the gap between where you are now and where you want to be:

### **Core Vision & Purpose**

1. If you could design your \*ideal day\* as a freelance copywriter/marketer, what would it look like from start to finish? (Include work hours, creative time, leisure, etc.)

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2. What specific problems do you want to solve for your clients, and why does that matter to you?

- I want to enhance their ineffective marketing and engagement so they can realize their potential, generate revenue, and provide value to their customers, enabling me to benefit financially from my assistance.

3. What legacy do you want to leave in your industry? How do you want clients to describe you?

- He is a hard worker who has generated a lot of income for me through his copywriting and efforts.
- He doesn't overpromise and consistently exceeds expectations.
- He addressed the problem I had been struggling with for a long time.

## Niche & Positioning

4. What industries or types of clients energize you so much that you'd work with them even if pay were secondary?

- Health and wellness & wealth niche

5. What's your "unfair advantage" as a copywriter/marketer? (E.g., a unique skill, background, or perspective others lack.)

- My network that is inside and outside (The real-world platform).
- My skills in business analysis and as a product owner have given me advantages in problem-solving, and how business works.

6. What's the \*one thing\* you want to be known for above all else in your field?

- He continues to develop his mind and experience and keeps learning.
- Rish and successful.
- Hard to kill.
- Amazing speaker and leader.

## Mindset & Growth

7. What limiting beliefs or fears prevent you from charging your worth or pursuing bigger opportunities?

- Fear of “not good enough” words.
- Fear of rejection.
- Limiting belief in myself (self-doubt).

8. How will you cultivate confidence in your abilities when facing self-doubt or rejection?

- Believing that when they reject you they reject the offer or the act I did, not me.
- Believing that every No leads to a Yes in the end.
- Keep practicing to overcome my old me.

9. What habits or routines will you adopt to stay motivated and avoid burnout in a freelance career?

- Keep improving my abilities and outwork myself.
- Every day I make more progress than yesterday.

## Strategy & Action

10. What’s your “minimum viable goal” for income, clients, or projects in the next 6 months?  
What’s your \*stretch goal\*?

- Provide value to my clients in every progress.
- Making 10K a month via freelance copywriting, doing cold outreach at first, and then I will post the testimonials on my platforms to bring more leads.

11. What 3 skills do you need to master (or improve) in the next year to stand out in your niche?

- Copywriting.
- Marketing, sales, and SEO.
- Public speaking.

12. How will you consistently attract high-value clients? (E.g., LinkedIn outreach, referrals, SEO, cold pitching, etc.)

- Email cold outreach.
- Posting testimonials on Social media.
- Doing LinkedIn cold outreach.
- SEO cold outreach.

## Future Self Alignment

13. If your “future self” (5 years from now) gave you one piece of advice, what would it be?

- Make money while you can and always be prepared for worse.

14. What habits or behaviors do you need to \*stop\* doing to align with your future success?

- Stop masturbation.
- Stop being arrogant.
- Stop being lazy.
- Stop holding the phone for long hours.

15. How will you measure progress \*beyond money\* (e.g., client testimonials, creative freedom, time flexibility)?

- Client testimonials.
- Time flexibilities.

## Accountability & Support

16. Who can hold you accountable to your goals? (A mentor, peer group, coach, or yourself?)

- My network that is inside the real-world platform.
- My group of friends.
- Myself.

17. What systems will you create to stay organized and focused (e.g., project management tools, time-blocking)?

- To-do list.
- Calendar

18. How will you celebrate small wins along the way to stay motivated?

- For every accomplishment I achieve and every disciplined week I complete, I will smoke shisha or eat out.