

Community Work and Learning

Fall 2021 Symposium



ST. CATHERINE
UNIVERSITY

Community Work
and Learning

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Impact of Work:

The work I did was coming up with activities to do for an after-school program, that included art activities, games, movement breaks and taking lead of them during our sessions with the youth. My work at PPL (Project for Pride in Living) had the most impact with the youth, interacting with them and learning about their interests and listening to them share about themselves made them enjoy coming to program and create a trusting relationship with them.

Personal Growth:

My leadership skills have grown, I am more comfortable in taking lead when I need to and coming up with follow-up questions at a faster pace. I have learned that just like the youth it can take me a bit of time to get comfortable in my position but that I have grown from having to be in charge from last year. I learned that I am okay and comfortable with taking lead even if it is of short notice as I used to and slightly still get nervous and anxious.

Career Impact:

The skills I have learned as a youth program assistant will be applicable to my future work as a future teacher. Getting the experience to work with youth of all ages before I start my student teaching and when I finally become a teacher is a good practice and learning experience on how to create trust between youth. I have had to do a type of lesson plans for each after school session that is like lesson plans that I would teach. With the focus of program being art therapy and I am currently studying to be an art teacher I have learned a lot of skills of how to incorporate mindfulness activities and how to get students to draw about how they are feeling.