

Pokemon Unite Builds

Please Note the builds in this document reflect what I personally use/believe to be one of the better builds out there for many of the pokemon. A few Pokemon such as Eldegoss, Cramorant, or Absol I hardly use. The builds for the Pokemon I rarely use are what I *WOULD* use on them if I were to play them more.

Pokemon	Held Item	Item #1	Item #2	Item #3	Move 1	Move 2
Absol	Eject Button	Razor Claw	Scope Lens	Muscle Band	Night Slash	Psycho Cut
	X Attack OR Eject Button	Scope Lens	Razor Claw	Focus Band	Pursuit	Sucker Punch
Alolan Ninetails	Eject Button	Muscle Band	Focus Band	Razor Claw	Aurora Veil	Dazzling Gleam
	Eject Button	Choice Specs	Wise Glasses	Focus Band	Blizzard	Avalanche
Blastoise	Eject Button	Focus Band	Buddy Barrier	Score Shield	Hydro Pump	Surf
	Eject Button	Focus Band	Score Shield	Muscle Band	Rapid Spin	Water Spout
Blissey	Eject Button	Focus Band	Score Shield	Buddy Barrier	Safeguard or Soft Boiled	Helping Hand
Charizard	Eject Button	Razor Claw OR Scope Lens	Muscle Band	Focus Band	Flamethrower OR Fire Punch	Fire Blast
Cinderace	Eject Button	Scope Lens	Muscle Band	Razor Claw	Blaze Kick	Feint
	Eject Button	Scope Lens	Razor Claw	Focus Band	Pyro Ball	Flame Charge
Cramorant	Eject Button	Wise Glasses	Focus Band OR Energy Amp	Buddy Barrier	Dive OR Surf	Hurricane OR Air Slash
Crustle AKA "Crit"stle	Fluffy Tail	Scope Lens	Score Shield	Buddy Barrier OR Razor Claw	Stealth Rocks	Shell Smash
Eldegoss	Eject Button	Focus Band	Score shield	Buddy Barrier	Leaf Tornado OR Pollen Puff	Cotton Guard

Garchomp	Eject Button	Focus Band	Muscle Band	Scope Lens	Dragon Claw	Dig
	Eject Button	Razor Claw	Scope Lens	Muscle Band	Dragon Claw	Dragon Rush
Gardevoir	Eject Button	Choice Specs	Energy Amp or Focus Band	Wise Glasses	Psyshock	Moonblast
Gengar	Eject Button OR Fluffy Tail	Wise Glasses	Score Shield	Choice Specs	Shadow Ball	Dream Eater
			Buddy Barrier		Hex	Sludge Bomb
Greninja	Eject Button OR Fluffy Tail	Muscle Band	Focus Band	Razor Claw OR Scope Lens	Surf Or Shuriken	Smokescreen Or Double Team

Lucario - “tank build”	Eject Button OR Fluffy Tail	Focus Band	Buddy Barrier	Score Shield	E - Speed	Bone Rush OR Close Combat
Lucario - “attack build”	Eject Button OR Fluffy Tail	Focus Band	Score Shield Scope Lens OR Razor Claw	Attack Weight	E - Speed Or Power Up Punch	Close Combat
Machop	Eject Button	Attack Weight	Muscle Band OR Razor Claw	Score Shield	Submission OR D Punch	Cross Chop OR Close Combat
Mamoswine “attack build”	Eject Button	Weakness Policy	Muscle Band	Razor Claw	Icicle Crash OR Ice Fang	High Horsepower
Mamoswine - “tank build”	Eject Button	Muscle Band	Focus Band	Score Shield	Icicle Crash	Earthquake
Mr. Mime	Eject Button	Focus Band	Buddy Barrier	Score Shield OR Choice Specs	Confusion	Guard Swap OR Barrier
Pikachu	Eject Button	Focus Band	Score Shield	Choice Specs	Electroball	Thunderbolt
Slowbro	Eject Button	Focus Band	Score Shield	Buddy Barrier	Surf	Telekinesis
Snorlax -	Eject Button	Focus Band	Score Shield	Buddy Barrier	Block	Heavy Slam

"tank build"						
Snorlax "Attack build"	Eject Button	Focus Band	Weakness Policy	Muscle Band	Yawn	Flail
Sylveon (TBD - best guess)	Eject Button	Wise Glasses	Focus Band	Choice Specs	Hyper Voice	Calm Mind
		Buddy Barrier	Focus Band	Choice Specs	Mystical Fire	Calm Mind OR Draining Kiss
Talonflame	Eject Button	Muscle Band	Razor Claw	Scope Lens	Brave Bird	Aerial Ace
		Razor Claw	Score Shield OR Focus Band	Attack Weight OR Scope Lens	Fly	Flame Charge
Venusaur	Eject Button	Focus Band	Razor Claw	Scope Lens OR Muscle Band	Giga Drain	Petal Dance
					Solar Beam	Sludge Bomb
Wigglytuff	Eject Button	Focus Band	Score Shield	Buddy Barrier	Sing	Double Slap
					Rollout	Dazzling Gleam
Zeraora	Fluffy Tail	Focus Band	Scope Lens	Razor Claw	Discharge	Spark
		Focus Band	Mucle Band	Scope Lens	Discharge	Volt Switch