MINUTES

Agenda – June 12th 2021 New Zoom Meeting 09:00 am

I. OPENING

Moment of Silence/Serenity Prayer
Reading of the 12 Traditions
Introduction & Voting Member Count Off
LACC Newcomer Greeter (Hal and Danielle)
Reading of Conduct & Guidelines Statement
Upcoming LA CoDA Meetings: See chart
Secretary (Niki)

Approved Minutes

Approval of Minutes for May

Here are the April Minutes to be approved at the May meeting:

21 -2022 Second urdays	
July 10 th Aug 14 th Sept 11 th Oct 9 th Nov 13 th Dec 11 th Jan 8 th Feb 12 th	

Join Zoom Meeting

https://zoom.us/i/91040640198?pwd=YmRJYzVYOEJIOUNNUmxDdWpnU2Q4QT09

Meeting ID: 910 4064 0198

Passcode: 512547 One tap mobile

+14086380968,,91040640198#,,,,*512547# US (San Jose)

+16699006833,,91040640198#,,,,*512547# US (San Jose)

Dial by your location

+1 408 638 0968 US (San Jose)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 301 715 8592 US (Washington D.C)

+1 312 626 6799 US (Chicago)

+1 646 876 9923 US (New York)

Meeting ID: 910 4064 0198

Passcode: 512547

Find your local number: https://zoom.us/u/acqbtSAcMA

Some readings for the meeting:

Appendix A Guidelines

12 Traditions

http://www.google.com/url?q=http%3A%2F%2Fcoda.org%2Fdefault%2Fassets%2FFile%2FFoundational%2520Documents%2FTwelve%2520Traditions.pdf&sa=D&sntz=1&usg=AFQjCNGBWZ0RANqncddBDY5MlpPfz-eM6q

II. REPORTS (3 minutes each)

Chair (Sue) chair@lacoda.org-_Update from share meeting that I attended on 5/15/21-Update will be in the discussion sector.

Vice Chair (Norma) vicechair@lacoda.org - No Report.

Treasurer (Blair) treasurer@lacoda.org -

May 2021 LACC Treasurer Report (for June 12, 2021 LA CoDA Business Meeting)

• Expenses:

- = Aponoooi	
Total expenses	\$0.00

Income:

○ Total 7th tradition donations =

Meeting No. & Day of Week	Meeting location and time	Am ount	Sub mitte d
Event			
CA 0068 Thu	Seal Beach 7pm		
CA 0114 Mon	Hermosa Beach 7:30pm		Chec k
CA 0262 Sat	Westchester Sat 10 am		Zelle
CA 0299 Sun	Santa Monica 9:30am		
CA0386 Tue	Long Beach 7pm		
CA 0596 Tue	Culver City 7:30pm	9.00	Zelle

CA0666 Mon	Sta Monica 4pm		
CA0690 Sat	Carson 6pm		
CA0737 Tue	Long Beach 7pm		
CA0856 Sat	Los Angeles 10am		
CA0949 Sun	Culver City 6pm		
CA0956 Tue	Los Angeles 7:15pm		
CA0961 Tue	Los Angeles 8:00pm		
CA0968 Fri	Torrance 7pm		
CA1040 Wed	Sta Monica 7:30pm		
CA1107 Fri	Sta Monica 8:30am		
CA1201 Thu	Culver City 8pm		
CA1223 Fri	Downey 7pm		
CA1238 Wed	Silver Lake 6:30pm		Zelle
CA1252 Wed	San Pedro 6pm		
CA1267 Thu	DTLA 7:30pm		
CA1269 Sun	Torrance 6:30pm		
CA1278 Tue	Paramount 6pm		
CA1281 Tue	Sta Monica 8:30am	102. 02	Zelle
CA1294 Thu	Sta Monica 7:30pm		

CA1314 Wed	Long Beach 7pm		
CA1330 Sat	Long Beach 7pm		
CA1345 Tue	Torrance 7pm		
CA1364 Sun	Atwater Village 2:15pm		
CA1444 Thu	Culver City 8pm		
CA1449 Thu	Los Angeles 7:30pm		
CA1460 Mon	Long Beach 7pm		
CA1499 Fri	Long Beach 7pm		
CA1531 Thu	Sta Monica 7:15pm		Zelle
Total 7 th Tradition		\$111 .02	

- o Literature =
- Other Income =
- Total Revenue = \$111.02
- Bank Balance on 05/31/2021 \$9,669.71
- Notes \$8,500 prudent reserve for 2021.

Respectfully submitted, Blair S, LACoDA Treasurer

SoCal CoDA Rep (Tom) socal@lacoda.org -

From Tom: <u>Here</u> is the link to the Conference webpage. This is good to get the podcasts. SoCal Rep report for Meeting on 5/21/2021

- Opened at 10:00 Usual opening readings and roll call
- Previous minutes approved
- Upcoming Meetings:
 - SoCal Assembly during the So Cal Conference noon 6/5/2021
 - Budget for 21/22
 - Officer elections

- Next Board meeting scheduled for Sept 11th (moved from Labor day weekend)
 Will conflict with this meeting that month.
- Treasure reported ins/outs
- Recording secretary did research on the year's motions, there is nothing to report at the assembly
- Corresponding secretary thinks he is caught up on receipts/Thankyous
- Website alias contacts are brought up-to-date, Conference website has been supported.
- H&I Reaching out to H&I chairs at the communities. She is ready to assist us. She reported we LACC doesn't have a current chair, so if we get one, they can contact Sharon H. for support.
- Community reps
 - TVCC lots of participation via zoom and meetings are growing. Looking to go to hybrid meetings
 - San Diego COVID numbers are very good, June 15th things will be opening again. Some meetings may be splitting rather than going to Hybrids.
 - o LACC. Share will be reopening soon, not sure if we will be going back soon
- Ad hoc on Hybrid meetings- committee put out 3 documents looking for comments, then approval to distributed
- Conference Schedule presented. By the time you read this... it will have happened already.
- CSC report had no significant report. Motions are out for the upcoming conference.
- New business:
 - Proposed Budget presented, it has a \$1500 negative balance. It was approved to take to Assembly for ratification.
 - Prayer Motion, I represented. Amended to be a voting entity issue to take up to world. 10 for, 0 against, 1 abstain.
- Discussion Topic: adding a link to UK Coda link. We are going to grant them permission to post our recordings on their website.
- Meeting ended at 12:10
 - SoCal Rep Report for SoCal Assembly 6/5/2021
- Opened meeting at 12:18
 - Typical opening stuff
- Gratitude to all folks service the past year, Invitation to join us at Sept 11th SoCal Meeting
- Voting for new officers. Congratulations to:
 - New Chair: Thuy won even though she was not there, she had a pre-written acceptance of the position.
 - Vice Chair: Kirsten
 - Recording secretary: Tammy
 - Webmaster J
 - Delegate to World Marlene
 - Alternate Delegate Vanessa
 - Corresponding Secretary Autumn
 - o Historian Joe
- Proposed annual budget for 2021/2022 was ratified by assembly. See Treasurer report and budget at:
 - https://drive.google.com/file/d/1nbOEOUuz1o20PU078In_El9TR2ppNzPj/view
- New Business:

- Requested that we take 30 seconds before vote. Not in our current bylaws, may become a motion.
- Someone asked if we needed to vote on the prayed, it was explained that it was not business for this current body.
- Meeting ended at 2:13

Info Line (Norma temporary chair) callback@lacoda.org -

Info Line: Since May 9 two calls were received and answered.

- b. Events (Position Open) events@lacoda.org
- c. Historian (Position Open) historian@lacoda.org -
- d. Hospitals & Institutions (-Position Open) h-i@lacoda.org -
- e. Literature (Position Open) literature@lacoda.org -
- f. Meeting / Speaker List (Leslie) -meeting@lacoda.org-

Here is the report for Meeting / Speaker List (Lesley B) –meeting@lacoda.org:

- Please find attached the most current meeting list for June 2021 (updated by Lesley B.) ready for upload to the LA CoDA website.
- The contact of the #1531 meeting the 12 Piece Relationship Toolkit mtg has been updated.
- Nothing new happened in regards to the Speaker List 2021 Update: Birgit got responses of about 50% of the people on the current Speaker List. The new Meeting List Chair will need to follow up with the other remaining 50%.
- "New Meeting Contact". The Meeting / Speaker List Committee needs to figure out if
 this role and the intended purpose of this role is needed based on Lloyd's email
 explanation on what the original idea was in regards to this role. The new Meeting List
 Chair will need to refer to Lloyds email and determine the purpose of this role.
- Conference Call on 5/15/2021 w/Ruth (Virtual Office), Birgit H. (Meeting List Update) and Lesley B. in regards to updating the format and content of the current Meeting List was cancelled. It has not been rescheduled yet.
- In regards to creating a tab "Speakers List" on the LA CoDA website: Barbara L. suggested that further explanation on the requirements to be on the Speakers List plus information on how to get on it is needed. Based on last month's input from the Meeting / Speaker List Committee in regards to this issue, Ruth sent an email adding that there is already a Speaker's List page on the LA CoDA website. The Committee still needs to take a look and see if we like it, want to add edits or want to change where it's located etc. Once the Meeting Committee has clarity of what we like, we will form a motion.
- The Virtual Office Committee has sent out an email from SHARE explaining the
 process of how in person meetings will resume at SHARE. They have included a
 section saying that there will be hybrid meetings so that people can also attend
 meetings via Zoom so if people are uncomfortable attending an in person meeting,
 they will have another option.
- I will be stepping down as the Chair of this committee as my plate is quite full in my personal life and I cannot manage this commitment any longer.

g. CoDA Communities Liaison (Guy) communities@lacoda.org

Liaison Report:

Visit <u>CoDA.org</u>, <u>SoCalCoDA.org</u>, <u>NorCalCoDA.org</u>, <u>coda-tvcc.org</u>, <u>sdccoda.org</u>, and <u>desertcoda.org</u> for details! See <u>San Diego's newsletters!</u>

UPCOMING EVENTS:

TVCC CoDA Workshops - Sun, June 20, 3pm - 5pm - Encino Hospital 16237 Ventura Blvd Encino, CA

INTERGROUP / BUSINESS MEETINGS:

SDCCoDA Monthly Business Meeting - Sat, June 19, 10am – 12pm - Mira Mesa Presbyterian Church 8081 Mira Mesa Blvd San Diego, CA. -

TVCC Monthly Business Meeting Sun, June 20, 1:30pm – 3:00pm Encino Hospital Medical Center, 16237 Ventura Blvd, Encino, CA 91436 -

LA CoDA Monthly Business Meeting - Sat, June 12, 10am – 12pm - Share Center 6666 Green Valley Cir Culver City, CA. -

Monthly Desert CoDA Community Business Meeting - Wed, June 16, 6pm – 7pm - The Palm Desert Library, 73300 Fred Waring Dr. Palm Desert, CA 92260 -

SDCCoDA Monthly Business Meeting - Sat, July 17, 10am – 12pm - Mira Mesa Presbyterian Church 8081 Mira Mesa Blvd San Diego, CA -

TVCC Monthly Business Meeting Sun, July 18, 1:30pm – 3:00pm Encino Hospital Medical Center, 16237 Ventura Blvd, Encino, CA 91436 -

FUTURE EVENTS:

Self Parenting Workshop on June 27th. 1:00 - 4:00PM - Link to flyer.

h. Publications and Newsletter (4 members need a chair) publications@lacoda.org -No Report i. Public Information & Outreach (Carole) outreach@lacoda.org AND info@lacoda.org – No Report

j. Virtual Office (Lloyd) webmaster@lacoda.org -

Currently the virtual office committee does not have regularly scheduled conference calls. Conference calls are held on an "as needed" basis. Please email virtualoffice@lacoda.org to be notified of upcoming conference calls. No conference call(s) currently scheduled.

No website conference calls/website updates for the June calendar period.

Other Website Updates:

Please visit <u>lacoda.org</u> and click the Meetings button to access the latest Zoom meeting information.

GSR's please verify your meeting's Zoom information if applicable and email meetings@lacoda.org with changes.

Email Database Updates:

We continue to receive new members to the announcements mailing list and have 184 members.

Please visit the following link to add an email to the announcements email blasts:

http://lacoda.org/mailman/listinfo/announcements_lacoda.org

Announcements continued to be posted to members when received.

To receive LACC intergroup email blasts, email virtualoffice@lacoda.org with the request. Place "LACC Mailing List" in the email subject line, and in the email body list officer title, subcommittee title, GSR with meeting number i.e. GSR #1234 or visitor.

k. Road to Recovery (Position Open) retreat@lacoda.org-

GSR & MEETING NEWS (1 minute each)

Sunday

None

Monday

- Tom CA0114: Still completely zoom but received email from church saying they can resume in-person meetings and that they have good wifi and a monitor if they want to do hybrid, haven't had a group conscience yet
- Hal Meeting #? : People have bailed on service, lost a few people

Tuesday

- Lloyd CA1345: core group with 7-9 attending members. rotating format. Currently in discussion about returning to in-person meetings; however, no group conscious has been made to solidify this.
- Denise CA 0596: Church has announced they can use an outside seated area, a lot of interest in hybrid version of meeting, haven't had a group conscience yet

Wednesday

- Niki CA 1238: Still 30 people each week, have started to discuss hybrid format and resuming in-person in some capacity, but Cafe Tropical closes at 5pm and we're a 6:30pm so we're going to open a committee to work on hybrid / in-person opportunities, also have elections coming up
- Carol CA 1314: Staying on zoom because the church has said the parents of the preschoolers are still freaked out about sanitizing from evening 12-step meetings

Thursday

- Michael CA 1444: Moving towards a hybrid model, waiting on getting the final word from the SHARE center about whether they'll be ready when things reopen on the 15th
- Hal CA 1531:

Friday

None

Saturday

 Lesley - CA 0856: Continuing to meet on Zoom for the foreseeable future, good stable meeting, if you might like a meeting with a little meditation on a Saturday morning yu're more than welcome

10 VOTING MEMBERS

III. OLD BUSINESS

IV. NEW BUSINESS

V. DISCUSSION

- Michael: was away when a rep from his meeting chatted with SHARE so this is what he knows and he'll be finding out more
- Sue: not sure what SHARE will or won't be charging
- Tom: serving on a committee working on hybrid meetings, it takes an investment to have a good hybrid meeting, you need a good mic, TBD if SHARE will invest in the equipment needed but they may be willing to
- Tom: more than happy to resume face to face meetings for Intergroup, not making a motion, just wanted to share
- Lesley: separate from hybrid meetings, SHARE is also resuming face to face meetings
- Tom: one of the things we did was offer literature sales, if we don't return to SHARE we have a "how are we going to do that part of our job" problem
- Blair: not having a literature chair during quarantine has not concerned me but with things resuming it is important and I hope people can start talking it up, and it starts with those people coming to the intergroup meeting since they'll have to have that experience to be literature chair
- Hal: may want to start a committee for literature

10:00am adjourned

SHARE! Community meeting agenda

- I. Welcome
- II. SHARE! Announcements:
 - · Covid Update-LA County guidelines for Self-help Support Groups:
 - 50 fully vaccinated people that have RSVP in advance can be in a meeting (indoors) without social distancing and without a mask.
 - In person meetings at SHARE!
 - o Symptoms, ID's and vaccination cards will be checked at the door.
 - o Meeting participants RSVP in advance
 - RSVP on SHARE!'s website or by calling SHARE!
 - · first name, phone number email
 - · e RSVP for each meeting
 - · RSVP for multiple meetings in a day
 - o Each meeting cleans room before meeting.



- · Hybrid Meetings
 - o Meetings can meet in-person and have zoom capacity
- Remote meetings
 - o Remote meetings continue
- SHARE! Is Hiring
- III. What does each meeting want to do moving forward?
- IV. What does your meeting need?
- Meeting Announcements- Anything meetings want other meetings to know about- events marathons etc.
- VI. Open discussion