



Name: \_\_\_\_\_

## GOAL SETTING 1.0

**DO NOW: Thinking back to an accomplishment you are most proud of...**

Quickly jot your past accomplishment:

\_\_\_\_\_

NOTES:

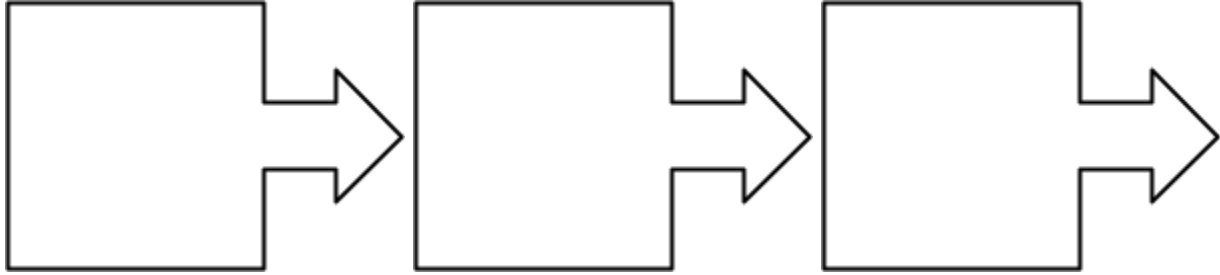
Who were your biggest supporters and how did they contribute to your accomplishment?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How did challenges help or hinder your path towards your accomplishment?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What were the steps you took to work towards your accomplishment?



**Short term goals (1-6 months)**

Goal 1: \_\_\_\_\_

Revision: \_\_\_\_\_

\_\_\_\_\_

Goal 2: \_\_\_\_\_

Revision: \_\_\_\_\_

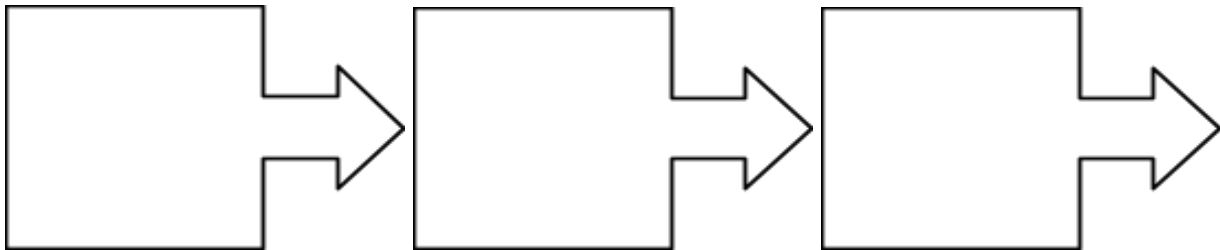
\_\_\_\_\_

**Long term goals (6 months or more)**

Goal 1: \_\_\_\_\_

Revision: \_\_\_\_\_

\_\_\_\_\_



Goal 2: \_\_\_\_\_

Revision: \_\_\_\_\_

