

THE PAULO PAGES

"Pride of the Panther, Pride of the People, Pride of the Paper"

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May 2023

Issue No. 25



SWIMMING AND WHY PEOPLE SHOULD TRY IT

BY: ROSE GRIMM

Swimming competitively?

Swimming competitively is a very fun activity to try, and it is debatably better than other competitive sports. This is because of many reasons one of them being because usually everybody on the team gets a chance to shine. In swimming, there are no "Bench Warmers" because everybody gets to compete in individual races. Also, you don't have to master every stroke or swimming technique to be on a team because there are many different races you can compete in, and you don't have to precipitate in every one. You can choose if you prefer butterfly, freestyle, breaststroke or backstroke, and you can choose if you want to sprint or swim long distances.

Why should someone try swimming?

Swimming is a very fun sport and it has many benefits. Swimming moves and exercises every single muscle in your body and as well is amazing cardiovascular exercise. It's very easy to learn how to swim because there are many gyms and public pools that offer swimming lessons. Even though it may look intimidating watching Olympians to the butterfly stroke beautifully and you think to yourself "I will never be able to do that," but if you take it in baby steps- it's a lot easier than it seems. Swimming is as intense as you want it to be, so if you're not interested in intense swimming workouts, you can start out small and work you way up to be able to swim faster times and longer distances.

Review Is What I Say

We *review* games here... that's really it...

BY: DAVID KAHT

Hello! It's me, David, from Review is What I Say. If you don't already know, this section is named after my YouTube channel, which ironically doesn't have any reviews on it. [Click here](#). No intro today. Anyways, just... hear me out:

Fortnite

I know, I know. In a March 2022 issue of the papers, I talked about how I didn't like this game because of the shooter genre, the complications, and the community. Besides the community, I change my mind. The 2nd Friday of the Spring Break, I tried Fortnite for the first time since Season 8 that day, and I was hooked like a fish on a fishing rod with pure heaven on it. God this game is fun! For the record, I still don't like shooters, but that doesn't detur from how fast paced, yet intense everything is. Also its always fun to thank the bus driver before jumping. Always have to enjoy the little things. If I'm being honest, I never really learned how to build in Fortnite, but that didn't stop me from *somewhat* getting 2nd place one time. The only time I ever won, I was away from the computer the whole time, and my fellow friend from 813 was carrying. I came back to the computer to see the #1 victory royale message on the screen. Saying I was dumbfounded would be the understatement of the century, and technically, millennium. Sure, all the cosmetics being locked behind a paywall is stupid, but I had an epiphany midway through the first game: it doesn't matter! I don't need to spend \$5,000,000,000 a year just to have fun. The game itself is fun enough. Lastly, there's the elephant in the room. Yes, there are some 8 year olds doing Fortnite dances in public, and little Timmy's making "Top 10 biggest booties in Fortnite," but shockingly most of the 2% of toxic people in the community are just toxic sweats. Nothing more. All online games have them. Like I said a year ago, the game is free to play, and free to win. However, unlike last time, I wholeheartedly recommend the game to you. Give it a chance before slamming it. You won't regret it (unless you drop your life savings on V-bucks).

OVERRATED PLACES

BY :NICOLE KOLYUZHKO AND VASSILISSA LANGMAN

There are many great places here but there are many very overrated. Overrated places are usually the ones found on social media that make many views. There are many places, such as places where celebrities have visited.

IS75 COOL EVENTS

BY: CRISTINA BUTTARO

The fun cool events coming up at our school! They are:

- 8th Grade Banquet
- Six Flags Trip
- Spring Concert
- Autism Walk
- Talent Show
- 8th Grade Carnival
- American Dream Mall Trip

We look forward to seeing you at these upcoming Events (May-June)

All of these events will be great and everyone will have a good time. The events will be fun and exciting.

GEOMETRY DASH REVIEW WITH CROSSWORD

BY: JOSEPH TENAGLIA

GEOMETRY DASH

Geometry Dash is a game where a cube (arguably a square) jumps its way through obstacles and throughout levels. Some include Electrodynamic, Stereo Madness, Polargeist, and Deadlocked. In honor of it, a movie is coming on July 14, 2023, starring GD Colon, EVW, and Wulzy.

I'd recommend you'd play it today if you haven't already!

Movie Info:

This movie is rated PG-13 for strong language, crude/sexual references, some action and violence. Its release date is July 14, 2023. It was distributed by Emmet Films and released in Dolby Cinema and Imax.

For Crossword: Paste the link to your search engine:

<https://crosswordlabs.com/view/march-21-2023>

If you are a New Yorker, then you know you need to avoid Times Square at all cost. The streets are bustling with people. Restaurants are trying to scoop you out while the big neon billboards are blinding you. All of the places are tourist thirst traps and shopping is not worth your time. Though its a great place to visit if you are a tourist, it is very crowded, especially during New Year's eve.

Salt Bae Restaurant-

The Salt Bae restaurant is based on Salt Bae. This restaurant spread quickly through social media. Though it might look cool, it is not worth the price. The Salt Bae that comes to your table is not even the real Salt Bae himself. Maybe the food tastes good but is it really worth so much money. Just the most regular steak salted by the fake Salt Bae costs \$200. Though it might be a fun for the experience it does not come to the expectations.



Mount Rushmore, North Dakota-

Mount Rushmore is nothing special and doing all the things will take you less than two hours to do (including all the short-movies). So, overall this place is very boring and the photos are not even that good, for example, look at the picture «). There also is a museum but there nothing special about it. Though it shows you the presidents carved into rocks, it's not much more than that.



Chick-fil-a

"It's good, but it's hyped up too much."

-Mr. Ferraro

Chick-fil-a is overrated. There you go. The fries are crunchy on the outside and soft on the inside, but nothing remarkable. Some of the added ingredients are not very healthy for you. And many people agree with this statement.



El Celler de Can Roca

This restaurant might look fun, but they charge you \$400 for soap foam. This restaurant is located in Spain. Maybe it will be cool for the experience, but would you really eat a sweet dessert that is as small as a peanut covered with foam on top? This dessert has been all over social media but doesn't deserve the fame.

Ice Skating

"Ice skating is overrated because there are so many people on the ice. Also, you just go around in circles on the ice. It's nothing special. I prefer to rollerblade in the park". Ms. Henrich.

This statement by Ms. Henrich is so true. Ice skating can be fun to try, but it is too crowded and it is especially bad if you try ice skating in Mexico. If you ice skate in a tropical place, the ice would be plastic due to the heat. Ice skating in NYC is fun, but you can get hurt or lost. Now I think its okay, but I almost broke my leg once, by skating. This is because I fell on the rock-hard ice, and I couldn't really feel my leg, like it was numb. I was too scared to tell my brother (because he was with his friends, so it would be weird) and my mom wasn't skating at the time. And plus ice skating is only pretty when professional gladiators preform. That's very cool to watch.

LET'S LEARN SOME FACTS ABOUT THE DECLARATION OF INDEPENDENCE

BY: AMANDA MONAGHAN

- The Declaration of Independence Was Adopted July 4.
- The Document Wasn't Signed on July 4.
- Six People Signed Both the Declaration of Independence and the Constitution.
- Six People Signed Both the Declaration of Independence and the Constitution.
- God made all men equal and gave them the rights of life, liberty, and the pursuit of happiness.
- a preamble, a list of grievances, a formal declaration of independence, and signatures.
- more and more colonists became convinced that Parliament intended to take away their freedom.
- Richard Henry Lee introduced a motion in Congress to declare independence. Other members of Congress were amenable but thought some colonies were not quite ready. However, Congress did form a committee to draft a declaration of independence and assigned this duty to Thomas Jefferson.
- Officially, the Continental Congress declared its freedom from Britain on July 2, 1776, when it approved a resolution and delegates from New York were permitted to make it a unanimous vote. John Adams thought July 2 would be marked as a national holiday for generations to.
- Once the Congress approved the actual Declaration of Independence document on July 4, it ordered that it be sent to a printer named John Dunlap. About 200 copies of the Dunlap Broadside were printed, with John Hancock's

APRIL WAS AUTISM AWARENESS MONTH

BY: VINCENT MANCINI

Prints Across Paulo

One of the many donations in this school is the "Prints Across Paulo" donation. For \$1, you can get your hand painted blue and put it on a piece of paper. The paper then gets hung up with the others all around the school.

Autism Awareness Events & Donations

There's more than just the Prints Across Paulo, you can also buy blue candies. The prices go up to \$2. You can buy Sour Patch Kids, Laffy Taffies, and more. This passed, but April 28th was the Autism Walk with activities such as face painting, food, and a DJ. It also had a suggested donation of \$5.

COMICS

BY: KARTER CHENG AND QUINN GAO

Introducing Color!

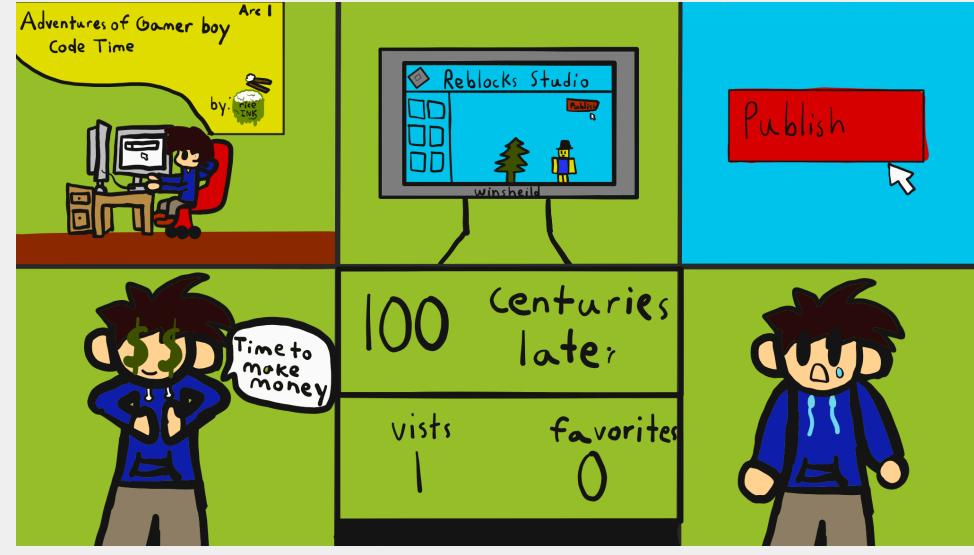
Finally! Color! For 8 months Rice Ink Comics have had no color whatsoever. But that changes today. From now on, Rice Ink Comics will be fully colored! Hooray!



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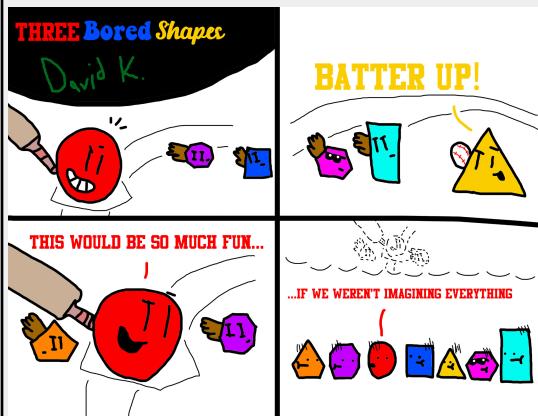
School Lunch Be Like

Illustrated by Lucas Zhang



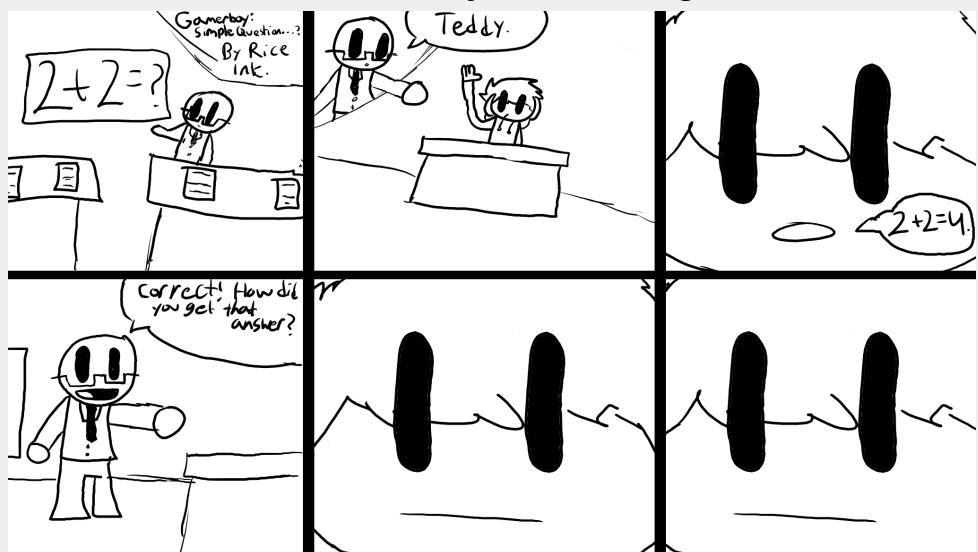
name printed at the bottom. Today, 26 copies remain.

- July 4th marks the annual holiday that celebrates the adoption of the Declaration of Independence.
- the 13 American colonies severed their political connections to Great Britain.
- The Committee of Five — John Adams, Benjamin Franklin, Roger Sherman, Robert R. Livingston, and Thomas Jefferson — was given the job of drafting a formal Declaration of Independence.



Choreboy: In a parallel universe..

Illustrated by Karter Cheng



KOOL KOOL COMICS

BY: DAVID KAHT

