

THE RECRUITING PROCESS FOR COLLEGE ATHLETICS

THE “QUEST” TO FIND THE RIGHT “FIT”

The Agenda

1. Question
2. Understand the process
3. Evaluate my athlete
4. Start the recruiting process
5. Train for the now and for the future
6. Find the “RIGHT” school.
7. Include everyone in the process.
8. Tools for the process

THE PEOPLE THAT WILL HELP YOU GET RECRUITED AND THE TOOLS TO GET RECRUITED

People to include on the QUEST:

1. Parents
2. High School Academic/Guidance Counselor
3. Travel team coach
4. High School team coach
5. Personal Instructors/trainers, if you have one.

Tools to help you find the right FIT:

1. Internet
2. Email recruiting letter
3. Short video
4. College camps
5. Showcases
6. NCAA Eligibility Center
7. Honest opinion from a coach or scout
8. Be patient
9. Be realistic and enjoy the now

The Question: Does my child want to play college sports?

Questions to discuss with your athlete:

1. Do you want to play your sport in college?
2. Is it important that you go to a four year college immediately after high school, or would you consider a two year school, and transferring to a four year school to get your bachelor's degree and maybe playing your sport at the four year school?
3. Do you want a large campus or a small campus?
4. Are you ready to train for your sport 20-30 hours per week, which might include early morning weight training sessions prior to classes, on top of school and social life at college?
5. Can you handle managing practice, the travel involved, and stay on top of your classwork? (Are you willing to meet with and discuss academics with your professors and academic advisor?)
6. What if the schools you want to attend don't have your sport or you can't play at that school?
7. Would you play at a school that is smaller than your high school enrollment?
8. Do you prefer a rural, suburban or urban location to go to school?
9. What can our family afford? [Consider tuition, room and board, books, is a car, (and everything that goes with having a car on campus: gas, insurance, parking fees), needed to get to and from practice facilities and travel to and from home.]
10. What is your dream school and what is your plan B and C? Would you be ok picking plan B and C in order to play your sport?
11. Do you realize you're probably not going to make a career out of playing your sport after college?
12. Would you play at a college that doesn't support your sport's program very well?
13. How far away from home do you want to go? Is it important for your family to attend games?
14. Do you want a public school or private school?
15. Do your parents share your goals?
16. Would you be willing to walk-on at a school?
17. What are you looking for in a coach? (Nurturer, drill sergeant, a "junkie" of your sport, good communicator, teacher, mentor, "CEO")
18. What if you like the school, but don't like the coaching staff? Or vice versa.

Welcome to



**Benet Academy's
NCAA
Recruitment and
Eligibility
Information Night**

NCAA Academic Requirements for College Athletes

Division I Academic Eligibility

To be eligible to compete in NCAA sports during your first year at a Division I school, you must graduate high school and meet **ALL** the following requirements:

Complete [16 core courses](#):

- Four years of English
- Three years of math (Algebra 1 or higher)
- Two years of natural/physical science (including one year of lab science if your high school offers it)
- One additional year of English, math or natural/physical science
- Two years of social science
- Four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy

Complete 10 core courses, including seven in English, math or natural/physical science, before your seventh semester. Once you begin your seventh semester, you may not repeat or replace any of those 10 courses to improve your core-course GPA.

Earn at least a [2.3 GPA](#) in your core courses.

Earn an [SAT combined score or ACT sum score](#) matching your core-course GPA on the Division I sliding scale, which balances your test score and core-course GPA. If you have a low test score, you need a higher core-course GPA to be eligible. If you have a low core-course GPA, you need a higher test score to be eligible.

Division II Academic Eligibility

To be eligible to compete in NCAA sports during your first year at a Division II school, you must meet academic requirements for your core courses, grade-point average (GPA) and test scores.

You must graduate high school and meet ALL the following requirements:

Complete [16 core courses](#):

- Three years of English.
- Two years of math (Algebra 1 or higher).
- Two years of natural or physical science (including one year of lab science if your high school offers it).
- Three additional years of English, math or natural or physical science
- Two years of social science
- Four additional years of English, math, natural or physical science, social science, foreign language, comparative religion or philosophy

Earn at least a [2.2 GPA](#) in your core courses. (Cont'd)

Earn an [SAT combined score or ACT sum score](#) matching your core-course GPA on the Division II sliding scale, which balances your test score and core-course GPA. If you have a low test score, you need a higher core-course GPA to be eligible. If you have a low core-course GPA, you need a higher test score to be eligible.

Division III Eligibility Requirements

If you are going to compete at the NCAA DIII level, you do not need to register with the NCAA. The NCAA has no academic requirements for DIII athletes. Each university sets their own academic standards for student athletes and financial aid. It is best to contact the coaches at the DIII universities you are interested in and get the standards from them.

NAIA Eligibility Requirements

The academic standards for the NAIA are the lowest of all division levels except Junior Colleges. In order to be eligible, athletes must graduate from high school and meet 2 of the following 3 requirements: 1) Finish in the top half of your graduating class, 2) Achieve a minimum GPA of 2.0, 3) Score 860 on the SAT or 16 on the ACT.