

Who is active?

Signal Groups

Reasonable Accommodation Group at CDC

https://signal.group/#CjQKIALnuiowFLbRs0vJCnq_0tsSOSnWUB6wjK9JgJDxLQlPEhDZBDBbqyBgddp1vPd1YwM8

Who is doing something

Democracy Forward <https://democracyforward.org/>

Indivisible <https://indivisible.org/take-action-now>

Necessary Trouble <https://www.necessarytroublega.com/>

Random person but some good ideas to follow:

<https://resistance2025.info/>

Southern Alliance of Public Health Leadership

<https://www.saphl.org/who-we-are>

Reporting to our Members of Congress

<https://oversightdemocrats.house.gov/contact/tip-line> - for House was recommended from Congressman Hank Johnson's office.

General Democracy Resources

<https://protectdemocracy.org/how-to-protect-democracy/>

<https://onoffense.substack.com/p/fighting-fascism-from-within-a-guide>

<https://indivisible.org/take-action-now>

Tracking

Tracking the Actions

EOs

<https://www.whitehouse.gov/presidential-actions/>

CHCOC Transmittals (OPM Memos)

<https://www.chcoc.gov/transmittals>

EO Tracker

<https://www.akingump.com/en/insights/blogs/trump-executive-order-tracker/a-plan-for-establishing-a-united-states-sovereign-wealth-fund>

EO Tracker 2 [Executive Order Tracker](#)

[Spreadsheet of DOGE Cancelled Contracts](#) A publicly available spreadsheet created by G2Xchange, a company that helps businesses identify fed contracting opportunities (not sure if this is a complete list, but at least a baseline).

Litigation Tracker

<https://www.justsecurity.org/107087/tracker-legal-challenges-trump-administration-actions/>

Trump Actions

<https://www.nytimes.com/live/2025/02/08/us/trump-administration-news>

Project 2025 Tracking

<https://www.project2025.observer/>

General Democracy

General Democracy

Book

<https://search.brave.com/search?q=timothy+snyder+20+tyranny&source=desktop>

r/50501

How to deprogram MAGA mentality in conversation

Digital/Home Actions

Because I cannot be out there protesting - this is my contribution. I want to share information on how to deal with the MAGA cult mentality. [In an interview with Dr. Stephen Hassen](#) (on David Pakman) he says that MAGA is a cult and the method for brainwashing is eerily similar to the Russian method.

It's time we come at them with compassion because getting angry and fighting those who have fallen victim to propaganda is a waste of energy. Deprogramming the brainwashed needs careful and compassionate hands. You can't throw facts at someone with delusional thinking - they TRULY believe that what they think is 100% real. You have to coax them into questioning their reality.

Brainwashed people believe they are powerless, and they need the cult leader to avoid catastrophe. To some degree, the people that follow Trump are people that already feel powerless: elders, outcasts, and the working poor amongst others.

Approach the situation knowing that these folks are just as disenfranchised as the rest of us and simply didn't have the support or resources to avoid being sucked into cult propaganda.

So, our brothers and sisters are in a cult. What do we do?

1. Build up their self-esteem: Say things like "You're a smart person, I trust you'll be able to tell if things aren't safe anymore."
2. Keep questions open ended.
3. Remind them of who they are: Talk about things that aren't politics, show they are loved elsewhere. The cult leader doesn't love them like the real support they have around them.
4. Find common ground: Yes, you do have common ground with them. We all want to be happy. That's all any of us want. We're all worried that the country is going in a direction that will destroy hope of happiness in our lives. We have similar struggles. Find common ground there.

5. Introduce dissonance gently: If Trump contradicts himself approach it like this, “I noticed they said X before but now they’re saying Y. What do you think happened?” Let them wrestle with the contradiction instead of telling them outright.

What don’t we do?

1. Don’t attack their leader: this pushes them to think the leader is correct; everyone else is the enemy.
2. Don’t attack or insult them: Don’t call them names like “bootlicker” or “brainwashed.” Don’t insult their intelligence. Destroy your own beliefs that they are unintelligent. They aren’t. And don’t push yourself down your own bad road with that thinking. Vulnerable people want to be valued, we can give them that value.
3. Don’t debate to win: Winning an argument about rhetoric isn’t what you’re doing when engaging with MAGA. You’re trying to plant the seeds so they can come to their own conclusions that they’ve had the wrong ideas.
4. Don’t isolate them: Yes, the things they believe are infuriating but again, Trump brainwashed them with Russian techniques. They truly believe that he is their savior. You know it’s all an illusion – that’s all that matters. They can talk your ear off about it and all you need to do is think of the next open ended question to ask.
5. Don’t info dump on them: You’ll just overwhelm them with the task of looking up things they don’t want to know in the first place. Instead, plant seeds of doubt – you can simply say “I can see why some people trust him, but I worry that he might be harming things.” Pick ONE topic, don’t debate it, just say you have your doubts about it or that you’re worried or scared. Don’t go into detail, just select one thing to doubt in front of them and move on.

In the end, people just want to be happy. It’s our job to encourage self-reflection and let them come to their own conclusions about whether their current path will lead them to happiness. By showing them the way to acceptance and happiness, we will get more people on board to resist.

EDIT: Only do this with people that you can verify are real people. Family and online friends are ok but don’t go fighting people in the comments sections of like Reddit or Facebook.