

## Resources from the Burial and Memorial Committee

### General Information

\*[www.fcmaine.net/](http://www.fcmaine.net/) Maine branch of the Funeral Consumers Alliance, excellent source for Maine information including a price survey of participating Funeral Homes from 2011, Crematoria with prices, body donation etc.

\*[www.agingwithdignity.org](http://www.agingwithdignity.org) The website for the Five Wishes booklet which is a document, legal in Maine, where you can state your Health Care Agent, Advanced Directives, plans for your Memorial service etc. The booklet can be purchased from the website or completed on line (or may be available in the VMM library)

\*<http://www.funerals.org/forconsumersmenu/faqs> Frequently asked questions (with answers) about funerals and burials from the Funeral Consumers Alliance website

[www.funerals.org/](http://www.funerals.org/) Funeral Consumers Alliance website, good source for pamphlets and information from a consumer's point of view

[www.consumer.ftc.gov/articles/pdf-0056-funerals.pdf](http://www.consumer.ftc.gov/articles/pdf-0056-funerals.pdf) A Government pamphlet covering the basics on funerals (9/13)

<http://theconversationproject.org/starter-kit/intro/> A workbook for help in talking with your loved ones about end of life care. A nice resource but it does not include documents for Advanced Directives etc., see [www.agingwithdignity.org](http://www.agingwithdignity.org) for those

### Crematoria

The following crematoria have been recommended by Friends as being cost effective and sensitive to Quaker traditions:

Dan and Scott's Cremation and Funeral Services 445 Waterville Rd., Skowhegan, ME 04976, 207-474-0000, [www.dsfuneral.com](http://www.dsfuneral.com)

Direct Cremation of Maine 182 Waldo Ave., Belfast, ME 04915, 207-338-1433, [www.directcremationofmaine.com](http://www.directcremationofmaine.com)

### Green Burials

**Chuck Lakin** (207) 873-7854 An excellent source for local information. He and his team will give educational presentations on Home and Green Burials and answer questions.

[www.lastthings.net](http://www.lastthings.net) Chuck Lakin's website with lots of good information and links on Green Burials, biodegradable caskets etc.

\* Good places to start