



Spearmint Essential Oil

Like a blast of cool air on a hot day, Spearmint Organic Essential Oil delivers an instant burst of minty freshness that invigorates and uplifts. Known for its spear-shaped leaves and sweet, minty aroma, spearmint has been valued for centuries, dating back to ancient Greece, where it was used to scent bath water. Today, Spearmint Organic Essential Oil continues to be a top choice in aromatherapy and personal care for its soothing, refreshing properties.

Whether cooling you down in the spring and summer or adding a festive touch in the winter, Organic Spearmint Oil offers natural sweetness and versatility that can be enjoyed all year-round.

Botanical Name: *Mentha spicata*

Plant Part: Leaves

Main Constituents: L-carvone: 55–60%

Origin: India

Processing Method: Steam Distilled

Color/Consistency: A thin, clear, colorless to pale yellow liquid.

Aromatic Summary / Note / Strength of Aroma: A top note with a medium aroma, Spearmint Organic Essential Oil has a fresh, minty scent reminiscent of Peppermint, but sweeter, softer, and less sharp.

Blends With: Basil, Bergamot, Eucalyptus, Jasmine, Lavender, and Rosemary.

BENEFITS

Fresh from Nature: Certified organic and sourced from the lush fields of India, Spearmint Organic Essential Oil captures the pure, vibrant spirit of the spearmint plant.

Sweet, Cool, and Refreshing: Bright and minty with a natural sweetness, this oil smells just like classic spearmint candies — fresh, crisp, and instantly uplifting.

The Gentler Mint Oil: Known as "The Gentler Mint Oil," Spearmint Oil offers a softer scent and milder effects than Peppermint, making it a popular choice for products designed for children, the elderly, or those with sensitive skin.

Cooling Care for Skin: When used topically, Spearmint Essential Oil helps refresh and revitalize the skin. Its cooling properties can minimize the appearance of wrinkles, discoloration, and other skin imperfections.

Pure Positivity: Spearmint Organic Essential Oil is loved for a bright, cheerful aroma that promotes energy, focus, and a welcoming atmosphere. Its sweet, refreshing scent brings a sense of hospitality, balance, and positivity wherever it's used.

This Mint Likes to Mingle: Fresh and easy to work with, Organic Spearmint Oil blends beautifully with essential oils like Lavender, Jasmine, and Rosemary, offering endless possibilities for custom creations, diffusers, and product formulations.

DIRECTIONS AND USES

- **Minty Clean Soaps:** Infuse your soap base with 2–4% of Spearmint Organic Essential Oil for a refreshing light scent. Perfect for festive winter blends or bringing a burst of springtime freshness, Spearmint Essential Oil is a must-have for any soap maker. As always, patch test any new skin care product before full application to ensure compatibility.
- **Cool & Crisp Candles:** For a minty, uplifting fragrance, mix 5–7% of Spearmint Essential Oil into your candle wax. This will fill your space with a fresh, crisp aroma that revitalizes the air. We recommend starting with small trial batches to find your ideal blend and fragrance strength.
- **Fresh Focus:** Diffuse a few drops of Spearmint Organic Essential Oil in your workspace or study area to sharpen focus and promote a bright, energizing atmosphere.
- **Minty Moisturizers:** Mix 1–2% of Spearmint Essential Oil into your lotions or moisturizers. Organic Spearmint Oil provides a cooling sensation that refreshes the skin and leaves it feeling silky and revitalized.
- **Chill Out Massages:** Dilute 1–2% of Spearmint Organic Essential Oil in carrier oil for a soothing massage blend that helps relax tired muscles and re-energize the body.
- **Kiss of Mint:** Incorporate 1–2% of Spearmint Oil into lip balm formulations for a cool, lively burst of mint that refreshes and nourishes lips.
- **Cool-Down Mist:** Combine 10–15 drops of Spearmint Organic Essential Oil with water in a spray bottle for an instant cooling mist. Use it to freshen the air, cool down after a workout, or deter ants and flies around windows and doors.

- Potpourri that Pops: Elevate your potpourri with 10–15 drops of Spearmint Organic Essential Oil for a long-lasting, refreshing burst of minty freshness that invigorates the room.
- Refreshing Roll-Ons: Fill a roll-on bottle with a carrier oil and add 5–10% of Spearmint Essential Oil. Apply to pulse points whenever you need an energizing boost throughout the day.

Size & Price: Contact Us