

Fysics began in 2015 as a live collective led by Multi-Instrumentalist Josef Lamberti while attending NYU for Jazz Guitar and Creative Writing. After nearly a decade of mostly playing jazz standards, Lamberti was eager to create an opportunity that allowed her to write her own songs. As she wrote, she felt increasingly artistically aligned with the likes of Hendrix, LCD Soundsystem, and Charli XCX. Now operating in the pop world, Lamberti still carried forth and cherished the expansive spirit of jazz, which Wayne Shorter distills down to "I dare you."

In 2016 Lamberti met future Fysics collaborators Rob Nelson ([inverness](#)) and Greg Tock ([Programmique](#)) while studying electronic composition and synthesis at Paris' IRCAM institute for avant-garde music. Back stateside in 2017, rehearsals began with Tock on drums as work started on what would become 2018's [The Dali Llama EP](#). The EP was recorded between [Dogwood Last's](#) studios in Queens and Bethlehem, PA, The Clive Davis Institute Studios in SoHo, and Lamberti's very poorly insulated Ridgewood apartment. The Dali Llama was largely produced and performed by Lamberti, and features additional production, synths, vocals, and trumpet by Dogwood Last, as well as bass by [Harry Terrell](#) (of [Still Woozy](#), [The Breathing Effect](#)) and drums by Conor Rayne (formerly of [Brasstracks](#)).

2018-2019 was a flurry of NYC DIY shows and club dates. Amongst the chaos emerged "[\\$1 Slice](#)" - both a searing critique of American abuse of power + a love letter to NYC. 2020 saw the release of singles "[Blue Herring](#)" and "[South Dakota Sunshine](#)." In 2021 the group continued studio work on their upcoming debut album, singles, and collaborations. "[Weed](#)" dropped on 4/20/22. It's a song about pot. "[Straws](#)" - a collaboration including Dogwood Last and Rose Porn - was released on July 1st 2022.

After years of performing in clubs and DIY venues across NYC, LA, and Pennsylvania, Lamberti has entered her most ambitious era to date- *Fysics I*. This forthcoming debut album doubles as a live framework: each performance is unique, as Lamberti navigates both the improvisation moments of her arrangements and the emotional exchange with the audience. The result is a concert experience that moves fluidly between joy, grief, and ecstatic release- a chance to witness an artist turning private struggle into shared celebration.