

Built in Recording Software

This is probably the simplest software out there, and the recommended option. Both Macs and Windows have built in software that allows users to use their webcam to take videos. It isn't able to screen capture, but it works well for recording through the webcam.

For Macs, there is Photo Booth. A tutorial can be found [here](#). Photo Booth allows for some minor editing as well within the app, such as trimming the video.

For Windows, there is the Camera App. A tutorial can be found [here](#). The camera app also allows for editing similar to Photo Booth.

Techsmith Relay

Techsmith Relay is another great option for videos, if you want to make them a bit more complicated. It allows you to both capture your screen, as well as yourself through the webcam, and you can toggle back and forth between these two during while recording. The software for this is provided by CU Denver for free. It can be found at <https://ucdenver.techsmithrelay.com>. It does require a download.

Tutorials can be found [here](#). In particular, the following two tutorials will be the most helpful: [recording a new video](#) and [editing videos](#).

Monosnap

This recording software is more used for screen capture rather than for strict videos. It allows users to either capture their screen or capture their screen with a small video of them in the corner. It is free online at <https://monosnap.com/welcome>. A tutorial can be found [here](#). One downside to this program is that it does not allow you to edit the videos, although a 3rd party editor could be used if desired.