

Mythosoma

Mythosoma is a live theatre and dance show which will take place at Tāwhiri Warehouse on the 25th – 27th February at 6pm.

The show is approximately 50 minutes long.

Mythosoma is suitable for ages 15+.

The Tāwhiri Warehouse is located at 11 Hutchison Road, Newtown, Wellington. It is behind Te Whaea National Dance and Drama Centre (formerly the Winter Show Buildings), and next to the Circus Hub building.

At a Glance – This Show has:

- Wheelchair Access to the Building. Please see [seating notes](#).
- NZSL Interpreted Performance CANCELLED
- An Audio Described Performance on 26 February, 6pm
- A Touch Tour on 26 February, 5pm
- No Relaxed Performance
- A mix of visual and auditory with dance, music and spoken language
- Detailed Content Notes Available



Included in this document

This document includes information about ticketing, the venue, accessible performances, and the show. You can use the links below to jump straight to the information you need or scroll down to read through everything.

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- [Access Tickets](#)
- [Companion Tickets](#)

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How to Get Tickets

Tickets for the 25th February and 27th February performance of Mythosoma cost \$43 - \$49 depending on what type of ticket you choose. Tickets for these performances can be purchased online from the [iTicket](#) website or by emailing support@iticket.co.nz or calling +64 (9) 361-1000 or 0508 iTICKET (0508 484 253).

On the 26th February, the performance will have “choose your price” tickets. This means you can choose how much you want to pay between \$29 - \$69. Tickets for this performance can be booked online on the [Aotearoa New Zealand Festival of the Arts website](#).

Access Tickets

Access Tickets for Mythosoma are priced at \$20. Access tickets are available for anyone who might face barriers to attending shows because of disability or other access needs. You can book an Access Ticket by emailing access@festival.nz or calling Sameena on **04 830 7854**.

You may be asked some questions about your access needs, such as if you would prefer an aisle seat, if you need to be seated early, if you are coming for NZSL etc. You will also be asked about who else is attending with you, so that all tickets can be booked together if possible.

These questions are to help make coming to the show as easy as possible. You don't have to say what your disability is or give any information about it unless you want to.

Companion Tickets

If you need someone to come with you to support you to attend the show, we may be able to provide you with a companion ticket. This might be a friend, family member, partner, support worker, or someone else who would help make it easier for you to attend the show.

Companion tickets are limited and subject to availability for some events. For more information and to book a companion ticket contact us by emailing access@festival.nz or calling **04 830 7854**.

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About the Tāwhiri Warehouse

The Tāwhiri Warehouse is located at 11 Hutchison Road, Newtown, Wellington. It is behind Te Whaea National Dance and Drama Centre (formerly the Winter Show Buildings), and next to the Circus Hub Building.

The Warehouse is an exciting newly built venue, which will offer lots of opportunities for Wellington performers. The space can be set up in lots of different ways and may look different for each show.

Building work is currently being completed so that it will be ready for the 2026 festival.

On the next page, you'll find some photos of what the Tāwhiri Warehouse currently looks like from outside. These photos will be updated closer to the festival, once the building is complete.

This first photo was taken from directly opposite the entrance to the venue.



This next photo is taken from the point of view you will have if you are walking or driving up from the main road towards the venue.



Getting to the Tāwhiri Warehouse

The entrance to the Tāwhiri Warehouse can be hard to find if you haven't been there before. The following photos show the path up from Hutchison Road.

This first photo shows Hutchinson Road, and the Te Whaea National Dance and Drama Centre building.



There are two driveways which lead off Hutchison Road, on either side of Te Whaea. The first, which is to your right as you face the building, is a very steep, curved driveway and footpath marked with a white, pink and blue sign. This is the entrance for cars and pedestrians.



This driveway is quite steep to walk up. For alternative options, please see [Exit Driveway and Alternative Footpath](#).

The entrance to the Te Whaea building is at the uphill end of the building, close to the entrance driveway. Here, there are two more driveways, one leading straight ahead, along the side of the building, and one leading up to the right.



To get to the Tāwhiri Warehouse, you will need to take the driveway leading straight ahead, along the side of the building.



Follow this driveway along until you reach an open parking area. From here, you will pass the Circus Hub building on your left, and beyond that, also on your left, the Tāwhiri Warehouse building.



There are yellow lines painted on the ground, showing spaces where you can walk. If you are driving, please go slowly and watch out for pedestrians. There are several speed bumps.



As you approach the building, you may not be able to see the Tāwhiri Warehouse sign, which is directly above the door, as there is a small enclosure around the doorway acting as a weatherproof entrance.

This next photo is taken from the car park opposite Tāwhiri Warehouse showing the front of the venue, including the door.



This photo shows the door to the venue, where you can enter the building. The actual door will be different at the time of the festival, but it will be in the same place, with the same sign. We will update the photos closer to the time of the festival when the new door is in place.



Exit Driveway and Alternative Footpath

From Hutchison Street, there is a second driveway. It will be to your left as you face the building. It is an exit only, so you can't drive up it.

It does not have a separate footpath. You can walk up it if you wish, being careful of cars driving down, or reversing out of the car parks. This driveway is straight with a fairly steep slope. This exit driveway has a more gradual slope than the main entrance.



There is also a sloped footpath leading up from Hutchison Road to near the Te Whaea main entrance.



Parking – Main Car Park

There is an on-site parking lot which you can use when you are attending a show at the Tāwhiri Warehouse. To find it, enter through the main driveway near the entrance to Te Whaea, and then turn right, up into the car park.



There are several staircases which lead down from the car park to the entrance to Tāwhiri Warehouse, or you can take the narrow footpath to the side of the driveway into the car park area.



There are mobility parks, and a drop-off point outside the venue, with step-free access to the building. If you like, you can drop passengers here, before heading up to the car park to park.

Mobility parks

There are some mobility parks near the Tāwhiri Warehouse entrance. These are on the same level as the warehouse, giving step-free access to the building. There will also be some more mobility parks by the door to the building.



Public Transport

There are several bus stops near the Tāwhiri Warehouse, including several outside Te Whaea on Hutchison Road. The [Metlink website](#) can be used to plan your journey and find the closest bus stop for your route.

This image shows one of the bus stops on Hutchison Road.



Taxis and Drop off Area

There is a drop off point outside the warehouse where taxis, Ubers, and private cars can drop you off or pick you up.



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Accessibility

The Warehouse is an exciting, newly built venue. Building work is currently being completed so that it will be ready for the 2026 festival.

The space can be set up in lots of different ways, and may look very different for each show, but it will always have:

- Flat access to the building
- Flat access to the theatres
- Stair-free access routes up from the road and down from the car park.
- Accessible bathrooms available, built to code with L-shaped grab rails, sliding doors and sinks in the stalls.
- Front row seats accessible without stairs

The stairs to upper rows of seating can be tricky to navigate, due to half-steps between seating rows, which stick out and can create a trip hazard when moving from the stairs to the seating row. The gap between the stairs and the backs of the seats is narrow, and may not be wide enough for mobility aids.



Please email **access@festival.nz** or call Sameena on **04 830 7854** to book a front row seat which is accessible without the need to use stairs. If you have already booked, and wish to change to a front row seat, please get in touch.

The seating block does not have removeable seats, and there are not dedicated wheelchairs spaces.

There is room for wheelchairs in front of the first row of seats. Wheelchair users tickets will be booked as a front row seat, and this will be the seat you sit in front of. The seats do not fold up.

Companion seats can be added to sit next to you.

Here is a photo of the front row of seating.



If you have any questions about the accessibility of the building, you can contact us by emailing **access@festival.nz** or calling Sameena on **04 830 7854**.

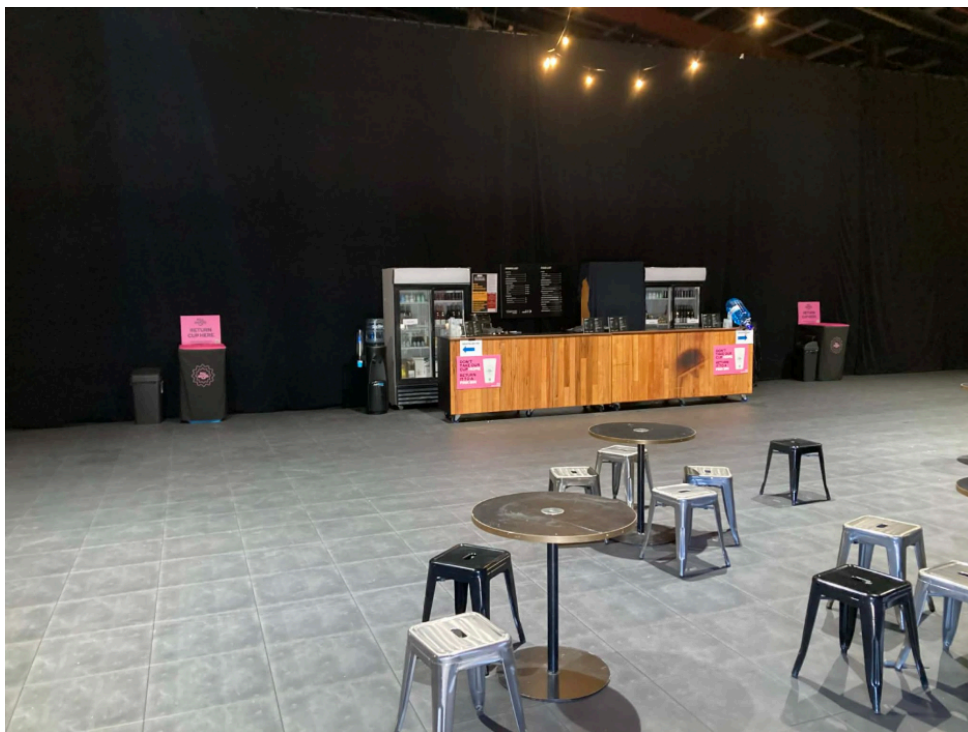
Keep scrolling for the next section or [click to return to the menu](#).

Inside the Tāwhiri Warehouse

The Warehouse is an exciting newly built venue, which will offer lots of opportunities for Wellington performers. Tāwhiri Warehouse has a very big open space inside, which can be set up in different ways for different shows, and may look different for each show. Where we can, we will add information and photos of the set up for individual shows.

Just inside the door to the warehouse, you will find the foyer. This is an open space where you will find the bar where you can purchase drinks and snacks, and the door to the bathrooms.

This photo was taken just inside the main entrance, with the bar straight ahead.



This photo was taken looking to the right. The lit-up door in the far wall of this image is the door to the bathrooms.



There is also a small stage in the foyer to the left of the main entrance.



This is NOT where Mythosoma will take place.

Mythosoma will take place on the main theatre stage. The main theatre stage is behind the black curtains.

An announcement will be made in the foyer when it's time to go into the main theatre.

Bathrooms

The bathrooms are located off the bar area in the foyer. From the main entrance, turn right. The door to the bathrooms is located approximately in the centre of the far-right wall.

In this photo, the door to the bathrooms is lit up.



This door leads into a short corridor, with three doors leading off it. This photo is taken from the doorway to the corridor, looking left.



There are two unisex, single stall accessible toilets. Each has a sliding door, and L-shaped grab rail, and a sink and shower within the stall.



Box Office

The box office will be out the front of the building in a brightly coloured metal booth.

At the box office, you can buy tickets or collect tickets you have already purchased. This is also a good place to find a staff member if you need help.



Inside the Theatre

The warehouse stage and seating block can be set up in different ways, and may look very different for each show.

Here is what it looks like for the show *Mythosoma*. This photo was taken from the back of the theatre. It will not necessarily look like this for other shows.



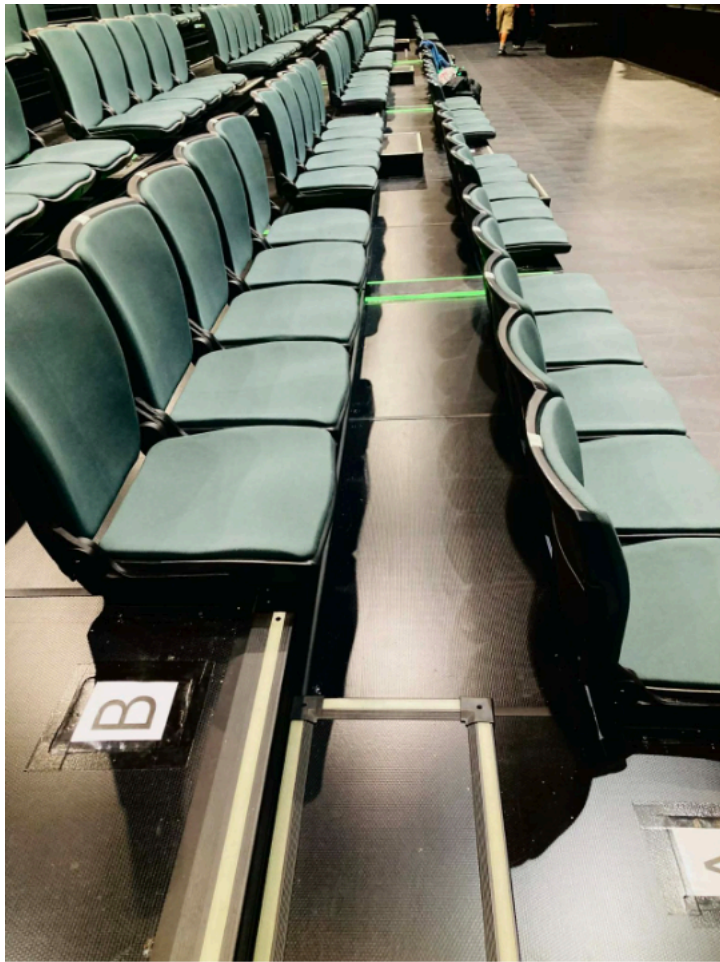
Seating

There is flat access to the front row of seats.

The seats do not have arms.

The stairs to upper rows of seating can be tricky to navigate, due to half-steps between seating rows, which stick out and can create a trip hazard when moving from the stairs to the seating row. The gap between the stairs and the backs of the seats is narrow, and may not be wide enough for mobility aids.

There are no handrails on the stairs.





Some of the aisles do not have the half steps, but this means there are much higher steps on these aisles.



The seating block does not have removeable seats, and there are not dedicated wheelchairs spaces.

There is room for wheelchairs in front of the first row of seats. Wheelchair users tickets will be booked as a front row seat, and this will be the seat you sit in front of. The seats do not fold up.

Companion seats can be added to sit next to you.

Here is a photo of the front row of seating.



If you or someone you are attending with uses a wheelchair, please email access@festival.nz or call Sameena on **04 830 7854** to book.

Seats for this show are allocated. Staff members called ushers will help you find your seat.

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Audio Described Performance and Touch Tour

On Thursday 26th February, the performance will start at 6pm. This performance will have audio description available, and there will be a touch tour starting at 5pm.

If you wish to attend the touch tour or listen to the audio description during the performance, you can book by emailing access@festival.nz or calling Sameena on **04 830 7854**.

You do not have to attend the touch tour if you don't want to, but booking for it lets us know you are coming for the audio description. The touch tour is free. You will need to collect a headset if you would like to listen to the audio description. Sighted companions with a ticket for the show are welcome to attend the touch tour too.

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CANCELLED NZSL Interpreted Performance

Unfortunately, our NZSL performance of this show is cancelled, due to the date having been miscommunicated to the interpreter and d/Deaf audience members.

If you had booked through the website and were coming for NZSL, please contact us at access@festival.nz for options.

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Spoiler Alert!

The next sections of this document give more information about the show, what to expect as an audience member, and some content notes. We've tried to avoid spoilers, but if you want everything to be a surprise, you can skip these sections.

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About The Show



Show Blurb

Body Island – Motu Tinana.

Myth – mythology.

Soma – the body.

Part choreography, part ritual, Mythosoma is a visceral new dance theatre work by Nancy Wijohn and Kelly Nash that explores how shock and trauma live on in muscle, voice, and silence as shifting forces rippling through time.

Bold, haunting, and uncompromising, featuring commanding performances by Moana Ete, Nancy Wijohn, Jada Narkle, Georgie Goater and Caleb Heke, Mythosoma asks us to recognise what the body holds, and how it transforms.

Mythosoma was co-commissioned by the Aotearoa New Zealand Festival of the Arts and YIRRAMBOI.

More About the Show

Mythosoma has a mix of dance and spoken storytelling. It explores themes around chronic pain, trauma and medical trauma, and the effect these have on the body.

You can read more about the creators and the inspiration behind the show on the [Aotearoa New Zealand Festival of the Arts website](#).

What to expect as an audience member

This show is being presented in a theatre style, which means that the performers will be on the stage, and the audience will remain seated for the duration of the show. There will be lights on the stage but the seating area will be dark during the performance. Just before the show begins, there may be a blackout, which means that all the lights will be turned out briefly.

There is no audience participation in this show, you are free to just watch.

We ask that audience members don't try to talk to or touch the performers, and that you keep your voice low if talking to people around you so that other audience members can hear the show.

If you need to leave during the performance, please move carefully but promptly to the aisle to avoid blocking other people's view. When you're ready to come back in, a staff member will help you return to your seat at an appropriate time. During applause is usually a good time to come back in.

Please feel free to approach staff members at any time if you need help.

At the end of the show, there may be a blackout, then bows from the performers as the audience claps. The lights will come back up so you can see to leave the theatre. You are welcome to stay and chat or have a drink in the bar or foyer after the show.

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Content Notes

This show is currently being created, so these content notes may be updated closer to the performance dates.

Age suitability: 15+

Depictions of Medical Trauma

Depictions of Mental Distress

Depictions of Chronic Pain

Haze Effects – This show uses a haze effect at times. This will make the stage look smokey but there is no real smoke.

Strobe Effects (possible) – This show will likely NOT use strobe effects, but as it is a new work that is still being created, the creators have advised that there is a small possibility strobe will be added later in the process. This guide will be updated when this is confirmed either way, but if strobe lights are a problem for you, we suggest double checking close to the performance date.

Loud Music – the volume of the music will vary throughout the show, and there may be a few points where it gets loud.

If any of this content is distressing to you, you're welcome to close your eyes, cover your ears, or leave the theatre at any time. There is a place in the foyer for you, and we can bring you back in when you're ready. During applause is usually a good time to come back in.