

Lesson Plan

Academic Support Enrichment

Healthy Choices

LESSON TITLE: Franken Fruit Snack	LESSON GOAL: The students will have fun making a healthy snack and playing active games.
BOOK: <u>There was An Old Lady Who</u> <u>Swalowed A Bat</u> by Lucille Colandro & Jared Lee	Introduction: We are having a fun day to celebrate Halloween coming soon.  Another funny book in the series  1. Book Link  2. Ask: Who can remember the most creatures in this story, call on students as they raise their hands and let them write one thing she swallowed on the white board.
ACTIVITY: Franken Fruit Snack  SUPPLIES NEEDED: Large Marshmallows, Green and purple grapes	Introduction: We will Frankenfruit using green grapes for the face and dark grapes to make the hair and other details. We cut a large marshmallow in half to make the eyes.  Have the student secret their own snack  Extra Fun: Monster Mash Freeze Dance
GROUP GAME:  Developmental Goal: To develop communication skills.  Equipment Needed: Balls & hoops	<ol> <li>Read through the game instructions ahead of time, to make sure you understand how to play the game.</li> <li>Use an attention-getter to gather students and make sure they are listening.</li> <li>Explain the game, the rules, and teach how to play the game.</li> <li>Check for understanding, have a few kids and staff demonstrate play.</li> <li>Link to game: Hula Ball</li> </ol>