



## **1. Purpose**

The purpose of the Malvern Netball Club Game Day Policy is to support skill development and to ensure the safety and wellbeing of players.

## **2. Scope**

The policy outlines the responsibilities of Malvern Netball Club (MNC) coaches and players and includes all MNC teams that play in the Waverley District Netball Association (WDNA) Saturday competition.

## **3. Key policy principles**

- 3.1 It is an expectation of the club and a condition of registration that all players and spectators abide by the MNC Code of Conduct.
- 3.2 All players should have equal court time throughout the fixtured season.
- 3.3 U9 and U11 players must be rotated through all court positions during a season to build a better understanding of the game and help develop skills.
- 3.4 Rotating positions is still advised in the Sub Junior and Junior sections but can be restricted to areas of the court (attacking, defence and midcourt). Players should not be restricted to one position only.
- 3.5 If a new player joins a team from the Junior section, coaches are advised to rotate these players in different positions to help them develop their netball skills.
- 3.6 Court time for existing members of a team should always be prioritised over fill-in players.
- 3.7 In Grades 3-6, the role of captain should be rotated throughout the home and away season.

## **Finals**

- 3.8 All players are entitled to play in at least a half during the finals.
- 3.9 The coach has the discretion to choose the most competitive team for all finals games taking into consideration team balance, height matchups, and commitment to the team.
- 3.10 Rotation of players through the positions of the court is not required for finals games and is at the discretion of the coach.



## **Warm Up**

Warming up is important to minimise the risk of injury during the game.

- 3.11** All players must arrive at least 15 minutes prior to their game for a warm up and briefing from their coach.
- 3.12** A coach reserves the right to limit court time and / or not allow a player to take the court in the first quarter if a player is late to a game.

## **Club Uniform**

- 3.13** All players are required to wear the MNC uniform. This includes a club dress or a club shirt and dark blue shorts with no pockets.
- 3.14** Players' hair must be tied back, nails must be clipped and all jewellery should be removed before the game starts.
- 3.15** Teams in U9 and U11 are allowed to wear a long-sleeved navy-blue t-shirt under their dress / t-shirt and navy-blue leggings, during exceptionally cold conditions.