

#### Centenary Year

As we are nearing the end to our centenary year we can look back and reflect about a great year the club has had with so many Championship finals and league promotions. It's been such a positive year on the pitch. From hosting the Fingal 7s, to the photo display of years gone by in Triangle Coffee Shop. We also ran a very successful art competition held in the local school with over 430 entries celebrating our community. To end the year, we had a fantastic gala night held in Croke Park with over 450 Pats people. What a great way to celebrate! Special thanks to Rory, Veronica, Orlaith and Derek for the putting together such a successful night with great memories being made.

As with every club there is a mountain of volunteers who work behind the scenes who keep the club running smoothly. We are extremely lucky to have a great grounds department who work morning, noon and night to keep our pitches in such good condition. So, a massive thank you goes to Mick, Terry, Paddy, Paul and Fintan. We are also grateful to Phil, Lily and their crew for running the coffee dock at weekends and events throughout the year. Another thanks goes to Mary and Catherine who keep us kitted out in the latest fashionable Pats gear. Some kudos needs to be handed out to Sharon Burke for her work as the Player Injury Fund Coordinator. Pitch Allocations is a massive job with 35+ squads - 19 of these squads are dual - to accommodate each week with training sessions, league/championship fixtures as well as challenge matches. This is kept on the straight and narrow by Fintan Delaney and his committee, so a big thank you to them. We welcomed Pat Martin who is now the club's Camogie secretary. One final thank you is to Niamh Sheridan who has stepped down as our LGFA Secretary. Thank you Niamh for having done such a great job over the last 4 years.



#### Lotto

Currently our lotto is 7,500. Tickets are available for purchase online using the Clubzap app as well as Grogan's shop in Portrane and our trusty ticket sellers Amanda Kavanagh, Paul Kiernan and their committee.

## National Club Draw

We will be running the National Club Draw again this year. Each cent goes back into our club. This is a great opportunity to generate some additional revenue. Ritchie Seaver has taken on this massive job again this year so a massive thank you to Ritchie.

## Men's 1st

Good year overall. We had a squad of 28 players, and everyone played their part during the league campaign. We started slow enough but we'd a run of 7 wins in a row including memorable wins over 5t Vincent's, Raheny and Naomh Mearnog. The run culminated in an impressive win vs 5t Olaf's at home which sealed the AFL2 title for the 2nd time in club history.

We trained very well in preparation for the championship but we had 2 friendlies called off which hampered our rhythm and we were knocked out in the group stage but had a comprehensive victory over Lusk in the playoff.

Despite the disappointment of the Championship campaign, we still won 2 out of 4 games and beat a strong Barrog team and Lusk who played in AFL1 this season.

All credit to the players for their hard work and commitment and mainly for being ready to contribute when it was their time.



The management team of Derek, Joey, Joxer, Marius, Dave, Sully, Chris, Claffey and Ross are all top class at their roles and giving their insights.

2024 was the last season for Chris and Claffey who gave 5 & 4 years respectively and will be missed by the whole group.

#### Men's 2nd

We were knocked out in the semi-final stage of the championship. Following promotion to the Division 5 league, we assembled the lads on the 21st of November for a 5-week block of Strength & Conditioning, breaking for Christmas and returning in January 2024. Challenge games against St Maurs, Clann Mhuire, and Blanchardstown prepared us for our first league game away against Wanderers. A dominant performance saw us secure our first win and, more importantly, league points. This led into games against St Brigids, Garristown, and Vincents — a tough run, but the lads never wavered.

We picked up some hard-fought, important points, as well as some unlucky losses during our campaign. Injuries, J1s, and exams caused our numbers to drop, testing the depth of our squad. The introduction of minor footballers to the panel during this period helped us maintain some momentum. The minor players stepped up and performed well.

A positive run saw us finish the league and retain our Division 5 status for 2025.

Preparation for the championship quickly followed. A first-round defeat to a strong Cuala side was an eye-opener for the standard required to compete at this level. Our lads responded by topping the group and securing home advantage in the quarter-final against Naomh Olaf's. A win brought us to the semi-final, where we were defeated by eventual champions BSJ.

Overall, there were many positives to take from the year. We achieved our set objectives: maintaining Division 5 status was our minimum, and promotion was our first goal. Our championship run left us just short of intermediate championship football for next year.

Year on year, we have made steady, positive progress in becoming a strong, competitive team, developing the standards of players, fitness, and skill set, while also balancing youth



and experience within the squad. Our ongoing objective is to develop and acclimatise young players to the demands of adult football while maintaining competitiveness.

It has been a thoroughly enjoyable year. Although there was no silverware, it has been a successful year in our eyes.

It has been a pleasure managing this developing team alongside Stephen, John, Conor, and Shane - a great group of lads who have given a lot of time, energy, and effort to the team. We have decided to step away after three years with this group and want to wish them all the best in their continued development and playing years with this brilliant club. The future is bright for them.

## Men's 3rd

We started the year with several defeats in friendlies but continued to work hard and devise a pattern of play to suit our squad. We managed to tighten up our defence, and our philosophy was to break quickly and deliver the ball into the opponents' danger area as soon as we could. This paid dividends for us, winning 11 games and drawing one which enabled us to gain promotion in the league.

We then commenced our championship campaign with a comprehensive win over Castleknock to top the group stage. Quarter final was vs Na Fianna, where we ran out 5-point winners. We played Clann Mhuire, Naul in a tense, fast paced semi-final, eventually winning by a slim margin to set up a home final vs Ballyboden St. Endas. The panel received a video message the night before the final from Kieran "geezer" McGeeney, Armaghs winning All-Ireland Manager, and this set the tone for the final, emphasising we did not play the occasion but stuck to our game plan.

After a tense opening 15/20 minutes, we eventually started to dominate possession, and turned this dominance into scores, running out convincing championship winners by 15pts to 0.5pts

We did not concede a goal in championship and only conceded goals in 4 out of 18 competitive games all season, a testament to our goalkeeper and defence. Up front, with fast flowing balls into the forwards, we regularly outscored opponents by big margins, to



gain promotion and win our championship, in what was a fabulous season of achievement for an excellent panel and coaching team.

## Men's 4th

This was an opportunity for players of the past years to come back into the club and play again and play alongside the players of the future.

It was a stepping stone for players from minor into adult football and exposure to the adult Division and the different level of the game. The team won some and lost some, it brought players out of retirement and even gave the opportunity for Fathers to play alongside there Sons, but the overall goal was achieved to get a development squad in the 4th Team and also just an opportunity for players who cannot commit fully to still have the opportunity to play for Pats. It was a successful year and now an established Team for the future.

# **Adult Hurlers**

The adult hurlers had one of our more successful seasons. After a period of uncertainty in late 2023 and the loss of some key players, this year was an unknown quantity. However, with the help of some new players and the return of others as the season progressed we finished joint top of our league and entered championship season in a positive place. The team continued to perform well and we went into championship quarter finals unbeaten. While we ultimately lost the championship final, overall the season was a very positive one. We achieved a league and championship promotion with a squad of over 25 togging for the championship semi and final. We will enter next years in a much more positive place and focus on pushing towards another very successful year.



# Minor Boys

The Minor Boys panel consisted of 56 players spread across 3 teams, entering league competitions at Division 2, 5 North and 6 North. The 2nd team were competitive throughout their league campaign whilst the focus with the 3rd team was to complete the league campaign and be able to keep the numbers playing to enter a 3rd team into Championship. The 1st team won Division 2, remaining unbeaten across their games.

Post summer the 3 teams competed in A, D and F Championships respectively, with the 1sts and 3rds finishing second in their groups and the 2nds winning their 3 group games to finish top. At the quarter-final stage, the 2nds exited at home versus Round Towers of Lusk whilst the 1sts and 3rds had wins on the road versus St Vincents and St Jude's. At the semi-final stage, our 3rds lost away to a strong St Fininan's Newcastle team whilst the 1sts had a memorable win away to Kilmacud Crokes to qualify for their final. St Jude's were the opposition in the final and like the first group game, they proved too tough opponents and deserving winners on the day.

Overall, the key achievement in the year was having 3 minor teams compete in league and championship for the first time and then capping the year off with an appearance in the A Championship Final. Player and team development remained a key goal across the year and in general, this would also be a goal we feel we achieved.

Thanks to the Coaches across the 3 teams, Dean O'Rourke, Ben Gaston, Tom McKeon, Shane Dowling, Nicky Collins and Jamie Mullins. Best of luck to the players heading into adult football and those returning next year for their 2nd year of Minor football.

## U16 Boys



Some key points from the u16 boys. As our lads complete their juvenile careers at the club, we are delighted to report our best year since inception in 2013. As the first dual team in the club, we have continued to improve in both codes. On the hurling front, we topped our division and are winners of this league for the current season. In championship we had a very brave exit at the semifinal stage after extra time. A one-point defeat in such a hotly contested championship is to be much admired by all concerned.

On the football side of things, we have won all our championship games and at the time of writing are busy preparing for the D Championship Final v Kevin's/Killians in two weeks' time.

Again, remarkable team spirit and effort continue to define our u16s as we begin our transition to minor football and for the first ever, minor hurling at the club.

#### U15 Boys

2024 Centenary year for our club, we had the honour of representing our club in Feile which went as follows Football Div 2 lost out narrowly to eventual winners in the cup however did win the Shield, Second team Div 8 beaten narrowly in cup semi-final by the eventual winners, In Hurling history was made by becoming first Hurling team from the club to contest a Feile Final, losing out narrowly to Whitehall,. In the second half of the season A team finished third in league division 2, just losing out on promotion to Div 1. B team won Division 8, And in Hurling Demoted from Div2 to Div 3. Already looking forward to U 16 in 2025, Thanks to everyone who helped in any way throughout the season,

# U14 Boys

2024 was by and large a hugely successful year for the 2010 boys. This year the boys competed as a full group of 2010s and the management team ran two teams across the year, supported on occasion by the 2011 boys who themselves had a superb year.



Following the two rounds of phased games both teams reached their respective cup quarterfinals, in Division 2 and 7 respectively. A tremendous team performance v O'Dwyers landed the 'B' team into a semi-final versus Cuala. While

the semi-final unfortunately didn't go their way, the growth, development and commitment of the boys was obvious for all to see as the season came to an end.

The 'A' team turned a 7 seven-point deficit into a four-point win v Skerries Harps in their Quarterfinal however, St Sylvester's put an end to the teams hopes in the semi-final despite the lads' best efforts.

While silverware may have alluded the group, the boys are well primed for their Feile year in 2025. A big thanks to all the coaches, parents and 2011 boys for the support and help throughout the year. Onwards and upwards. Beir Bua!

2024 was by and large a hugely successful year for the 2010 boys. This year the boys competed as a full group of 2010s and the management team ran two teams across the year, supported on occasion by the 2011 boys who themselves had a superb year.

Following the two rounds of phased games both teams reached their respective cup quarterfinals, in Division 2 and 7 respectively. A tremendous team performance v O'Dwyers landed the 'B' team into a semi-final versus Cuala. While the semi-final unfortunately didn't go their way, the growth, development and commitment of the boys was obvious for all to see as the season came to an end.

The 'A' team turned a 7 seven-point deficit into a four-point win v Skerries Harps in their Quarterfinal however, St Sylvester's put an end to the teams hopes in the semi-final despite the lads' best efforts.

On the hurling side, despite a difficult round of second phase games the boys (a mix of 2010 & 2011) were always competitive as they reached a division 2 quarter final. While silverware may have alluded the group, the boys are well primed for their Feile year in 2025.

A big thanks to all the coaches, parents and 2011 boys for the support and help throughout the year. Onwards and upwards. Beir Bua!



U13 Boys

The 2011 Boys Football team have had a very exciting season in 2024. This was their first year playing in their own age category. Due to having a small squad size the 2011 boys have had to play up a year for the last number of years. As more numbers started coming down, we decided last year to enter them into their own age group this season. It couldn't have been a better year for the team, with some great support from the 2012 boys. They went unbeaten through their grading games and managed to jump a up another division post grading to ensure they were competing at the best level for them. They had an excellent league campaign ending the year unbeaten winning the league in style!

# U12 Boys

This year saw us transition from Go Games to a series of grading games and then Leagues. We fielded two Football teams in Divisions 4 & 10 and one Hurling team in Division 4. We put two football teams in to give all of the boys we had as much playing time as possible. It was a stretch at times because we were tight for numbers, and we relied heavily on the support of 2013 players who obliged throughout. We also supported the U13 football team with players for some of their league fixtures and rotating players from our group up was a great experience and we think benefited them as helped reinforce the bond between the players in the 2012 and 2011 squads.

We used indoor facilities for the first six weeks of the year to avoid the poor weather and underfoot conditions which allowed us to introduce new athletic development and fitness work which they thrived doing. We incorporated some of this into our training for the rest of the year. We also ran a series of (six so far) Sibling Sessions where older siblings of players took a training session. The purpose of this was manifold but fundamentally it was about creating awareness and connections across the club between our group and other teams vis-a-vis older players. The sessions went well and we feel we



achieved their purpose too. By the end of the year, we will have had more than 70 training sessions with good attendance throughout.

We played several challenge matches throughout the year and hosted two Ulster clubs - St Comhgalls from Co. Antrim and Craobh Rua, Camlough, Co. Armagh. During the year our players also took part in both the Football and Hurling Mini All-Ireland competitions as well as several invitational tournaments in both Football and Hurling including a 7-a-side blitz in Antrim.

We began the year with a squad of 25 players and we finish the year with a squad of 25 players though the make-up has changed with two leaving - to prioritise other sports - and another two joining. We have a policy of always welcoming players new or returning and we will continue with this open-door approach.

We enjoyed trips to Croke Park for the Dublin league double header in February and the Leinster SHC final in May. We also ran our social mixed Rounders again during July and August which while social was quite competitive. This was also an opportunity to include players from other squads - including the 2013 boys and the 2012 and 2013 girls - so they get to know one another while playing together.

Thanks as always to our players, parents, and coaches for their continued involvement and support throughout the year. I want to thank my fellow - Lana, Mark, Matt, Shane and Thomas - without whom we couldn't mentor the players and manage the teams we have.

## U11 Boys

Our 2013 Boys have had a great year stepping up to U11, highlights included Gormastown Indoor Hurling Tournament, winning team of the Tournament (their last time competing), team trip to Croker, St Patricks Day Parade, Easter Camp, MHAI followed by MFAI in August. The Boys participated very well in GO Games throughout the year in both Hurling & Football. One of the biggest highlights of the year was hosting the Trent Latham Football Tournament in November where the boys managed to reach the final only to lose



out to Fingallians. Thanks to fellow mentors, Shane, Richie, Gary and Anto for all the hard work and to the parents for their continued support.

#### U10 Boys

The U10 Boys had another fantastic year. Numbers have grown once again.

With some excellent new additions and we currently work off a panel of 44 players.

All making huge progress in both codes in hurling and football. Competing with all the clubs around the county in both codes. Numbers continue to be strong. The boys are making serious progress in their skills. And this year enjoyed some memorable days out. Performing well in the Mini All Irelands, contributing to the Trent Latham Memorial tournament and we were delighted to be invited to the Jack Fitzpatrick Memorial tournament in Salthill Galway where the teams competed with Salthill Knocknacarra, Naas, Nemo Rangers etc. A hugely memorable day out. Overall, a very successful year for the U10Boys led by great coaching in Guillaume Rhein, James Murran, Eamonn McInerney, Eanna McGrath, Gavin Downey, Jimmy Munroe, Shane Manton and Rory O'Neill.

# U9 Boys

A great year for 2015 Excelling in both codes and competing well throughout the year. We have structured our sessions in 10-week training blocks focusing on the core skills with session exercises designed to focus on at least 2 skills per drill plus conditioned games. Additionally, we have built our Coaching plan including a vision and mission statement outlining our short and long-term goals for the boys which has been shared and received positively by parents. The engagement and attendance levels continue to grow with a fun day planned in November for all.

In football, this year we have had a strong commitment to football with an average of 25 players each weekend allowing us to run a 3-team structure. Performances have been strong in the matches we have played which sets us up well for 2025.



In hurling we had stepped down to a two-team league but after picking up some new players after the mini-all Irelands (football) will be heading back to a 3-team league after Christmas. The scheme of awarding lads an air hurling licence after scoring their first point continues, with no less than 21 having now achieved the feat over the last two years.

# U8 Boys

The 2016 boys (U8s) have had a fantastic 1st year of go games. Getting 5 teams out each week in both hurling and football.

Currently have a player base of 39 players with 37 duel and 1 only football and 1 only hurling. The boys (and Mentors) were introduced to other teams, locations and challenges this year.

The boy's development is clear to see through their dedication in training.

We saw some great tackling, blocking and scoring during the year but they were because of super teamwork and passing and moving by the lads.

The mentors that are facilitating their growth every Monday, Wednesday & Saturdays are doing a great job and it goes beyond skills on the pitch. The most important part of it all is the boys are all having fun and making friendships that will last longer than their playing days.

## U7 Boys



2017 Boys progressing well. 35-40 boys showing up for training on Weds PM each Saturday for friendlies with multiple local teams (Finians, Fingalians, St. Margarets & Naomh Mearnogs) every Saturday morning. Balanced group, with ~20% strong and ~20% weaker players all getting game time and progressing at their own pace. The average is comparable with the teams we have faced, and the boys are benefiting from the game time. We are training on both codes each week and all matches except Margarets have been on both codes. The team now have their full kit courtesy of Glenveagh and are excited to be a team. As the boys grow, we are embedding team culture, team spirit and mutual respect. We are using two small trophies from the Mini All Irelands as weekly prizes for the most respectful player and one for the player who tried their hardest this week and that is reinforcing the behaviours we are role modelling to them. Coaching numbers and space for equipment are challenges we are trying to overcome and would appreciate the club's support in finding solutions.

#### Ladies 1

The Pats Ladies team had a Successful year overall, with plenty of highs and lows along the way. A tough start in Division 3 losing both of their first two games in the division to regroup and finish the league in 4th place with the standout win being against the Junior A champions from 2023 Scoile Ui Chonaill in their own backyard. Championship saw the ladies get to the championship final having beaten an extremely good Oliver Plunketts team in the semi-final, in what was undoubtedly the performance of the year. Unfortunately, the final wasn't to go the Ladies way on the day, but overall, a hugely successful year. This group of Ladies are setting the platform and foundations for a very successful St Pats Donabate Ladies team in the future.

#### Ladies 2



The ladies B had a successful year, winning both league and league cup. This team has been a pleasure to coach. I'd like to note the ladies gave great encouragement to the minors and the few u15s that helped the team throughout the year. All the coaches really enjoyed the season and so did the players. Whoever inherits this team, has a great platform to start their new season. A big thanks to Marius and his management team for encouraging and supporting the players and the ladies b Coaches.

## Minor Ladies 1

As we come close to the end of the minor season.

Firstly, I have really enjoyed my last seven years coaching in St Pats and like everywhere we do some stuff well and could do some stuff better.

This communication is for relevant coaches. Whether they be new Minor coaches or the adult coaches taking the 2006 players formally under their wing.

One of the main takeaways from the experience is that every coach should have the best interest of the players at heart which most do. Winning at all costs should not be the culture. 13 players on this list of 2006s. 12 of them have played GAA in St Pats since they were eight years old and they are all 18. Massive credit to the club for making this easy with magnificent facilities and support. Special mention to grounds team , PA, registrar and secretaries.

An area that the club may look at is from minor up that a fixed coaching team be in place that are non-parent led. Just an observation.

Another is we fought hard last year to stay in division 3 as 1st year minors. We managed to achieve this. We followed that up as runners up in div 3 this year and still in knockout stages of Div 3 championship. I would really like to see the club remain in div 3 for 2025, so the standard is kept high enough to feed into adult football.

## Minor Ladies 2



Ned, Sheelagh and I looked after the Minor bs this season and will resume the role for the minors next season. The minor b had a successful year. They won their league and shield final. The team were supported by the u15s team. The minor and the u15s played well together and played well as a team. We had great support from the u15 coaches and players.

## U15 Girls

2009 girls had a fantastic year. Early 2024 Feile fundraising started with a well-supported music quiz in Beaverstown Golf Club.

Ballymastone had one of the best weekends hosting Feile 2024. The team represented St Pats exceptionally well. All clubs were in awe of our hospitality and 2009 girls went on to O'Toole Park, to win Division 4 Feile 2024. This is the 2nd girls' team to win Feile at St Pat's so major achievement for the 2009 girls, parents, coaches, and St Pat's.

The team have worked hard this year having completed 2 S&C terms with chippy. We started out the year with 18 and have finished with 21 2009 girls. It is great to be getting new members at this stage. With more promotion from the club, this number can continue to grow.

We went from div 3 in league to div 4 in championship and expect to stay at this level. Our goal is to climb back into div 3 with hard work and perseverance.

The girls were asked to help our minors and seniors this year. Some put themselves forward and enjoyed the experience. They enjoyed helping minors win the league and shield and seniors win the league and league cup.

# U14 Girls

2024 was a very successful year for 2010 LGFA despite numerous challenges.

There was a change of three coaches, we thank out going coaches Elaine Walsh for her significant contribution to the team and ongoing support and guidance she continues to



provide to the coaching team. We thank Paul Duke who has stepped aside due to game days moving to Saturday's impacting his daughter and his commitment to coaching other sports. Paul and Elaine have been a huge part of the coaching team for a number of years and the girls have blossomed under them. Barry Rudden has stepped aside since November 2024 for work and family commitments. Barry's skill base and knowledge were invaluable to the coaching team and the girls. We have had the support of Derek Ryan throughout the year which has been a major contribution to the coaching team, his depth of knowledge that he was so willing to share has been very beneficial.

Throughout the year we have had an average of 8 girls training every week, with sometimes only 4 girls arriving for training. Sunday games were proving very difficult to manage with LGFA competing against other sports played on Sundays. This had been challenging in relation to trying to translate learning from games to training and vice versa not to mention team development and cohesion. Despite this however the girls did very well in the Spring League, finishing mid table.

In Autumn a decision was made, in a bid to be better able to field a team at the weekends to enter an U15's Saturday Single Code at Div7. Our vision was to build momentum within the sport, with weekly games and entering the girls at a space where they could have good games. That was certainly achieved and the girls shone through this. While we only had 13 girls on our team, we worked tirelessly week in to get support from U13's LGFA to field a team. We continued to train twice weekly with low numbers. Yet again the girls proved their value and showcased their skill base very well and were successful in getting to two Finals - Championship against an extremely strong Kilmacud and Single Code against Terenure Singe Street. It is a testament to all that they achieved so much despite the challenges. The girls walked away from a 2009 competition with their heads held very high. There is no way, without the continued support from Liam's U13's LGFA, that we would have been able to achieve that.

We plan to have celebrations early December to mark the girls' achievements.

We are now however in a more challenging position for next year - with 2 coaches available, a shortage of players and a Feile year ahead of us and look toward



2024 with concerns regarding numbers. We envisage to have 11 girls and a need to rely heavily on Liam's U13's. The challenges with this are that we cannot train as a team to translate learnings and team development, team building and cohesion as we also continue to compete with other sports. We will however endeavour to continue to support the girls to continue playing LGFA and continue current efforts and continue to request support from the club to recruit.

We would like to sincerely thank Traolach for his support since he took up his role. He is an excellent addition to the club in this role.

#### U13 Girls LGFA & Camogie

A sometimes-difficult year up to the summer break for our U13's in both codes, our stated intention was to ensure that every girl had a match at the weekend & this led to us putting out teams small in numbers, we had some wins-we had some defeats, but everyone played.

A better run after the summer in the Cup competitions saw our A LGFA team reach their cup semi-final.

Our Camogie teams had a super time culminating in a first ever Camogie trophy for St Pats with our Division 9 team winners of their Shield competition.

Our division 4 Camogie team reached the final of their Cup competition unfortunately being pipped at the post and becoming runners-up for 2024.

It would have been quite an achievement to have done the double.

Our numbers of girls participating in both codes remains strong and we look back at 2024 fondly in the end & look forward to 2025 with anticipation.

Thanks goes as always to our coaches, our parents, our sponsors and of course the girls who turn up week after week with an enthusiasm that is infectious & with a pride in wearing the Green & Black jersey.

## U12 Girls



The U12 girls started 2024 on a very good note with 5 new members joining us for training in January with a few more swelling our ranks as the year went on, all due to the recruitment efforts of the players themselves. It was an enjoyable season with the girls winning their way to grade 2 in football and most importantly, having fun along the way. Our new footballers have shown themselves to be a force to be reckoned with as well and have made great strides in both football and camogie. The future looks bright for the club on the LGFA/Camogie front.

## U11 Girls

2024 was a great year for the u11 girls. It started with great performances in the Gormanstown Indoor Camogie Tournament and this continued throughout the year.

We have strengthened our numbers during the year and have gone from a squad of 23 to 31 girls which will enable us to continue to compete with two teams next year as u12s.

Thanks to our generous sponsors BDO and Bright Motor Group for continuing to support the airls.

# U10 Girls

The 2014 girls have just completed their third full season of go games.

Our numbers have grown slightly since last year from 41 to 45 footballers of which 30 are active camogie players. We continue to play in a 4-team football and 3 team camogie league.

The girls have progressed very well this year. Their skills are improving and most importantly, they are having fun and enjoying training and competing in their go games.

The main challenge we will face, as always, will be to maintain and even grow our numbers. We will aim to do this by ensuring the Club is a place that the girls enjoy coming to, to train and play matches, week after week, month after month and year after year.



**U9** Girls

The 2015 girls completed the first part of the u9 go games season in the two team leagues in camogie and football. However, they moved to the three-team league from August onwards. This has given them a much more challenging and rewarding run. The move was enabled thanks to several recruitments drives over the year, including the Gaelic for girls' program, a bring your friend to training ask, and outreach to local WhatsApp's and schools. Most recently the GPO sessions in the school is proving very good at building interest in joining the school. We added over 10 new members, with several new players trying out now. After a challenging start to the three team leagues the girls have more than held their own.

Some of the key events in build our team cohesion has been the team days we have done. Most prominently was a trip to Parnell Park where the girls got to play the half time camogie games at the Dublin v Limerick game. A good luck video from Dublin captain, Aisling Maher, added to the excitement as did meeting the team for photos and signatures afterwards

We continue to focus on core skills and ensure the girls have fun and build strong relationships with their teammates.

## U8 Girls

The under 8 girls have excelled this year. They have grown as players as are developing the core skills in football. The development of the camogie skills has been slow but steady. Initially the girls preferred football but as their camogie skills are developing it has become their preference. They relish the competitive games celebrating their wins and learning from the losses.

The number of coaches and players have grown due to word of mouth. The girls have built strong relationships with their teammates and they play as a close-knit team.

## U7 Girls



We left the academy reds with approximately 12 girls regularly attending. We now have 32 on the squad with 28/29 at most training sessions. We have arranged several friendlies for which our numbers have been in the low twenties. One of our goals is to get nearer to 30 before we start the Go Games. The girls have put on great displays during our challenge matches with their skills going from strength to strength. We plan to concentrate and build upon basic skills in the New Year. We have a strong group of 11 mentors with other parents interested in being vetted and joining the team. Our year has been a very positive one with lots of highs.

#### G4MAO

2024 started with our annual pieta house walk in January, raising funds for a charity that has supported so many families. We also commenced with intense and enthusiastic S&C sessions with our very own chippy . 6 weeks of this brought us nicely to our first match of the year, which was against Craoibh Ciaran. With the most adored and respected coach, Willie Cahill leading the way, for the 6th season in a row, the year progressed and resulted in 19 matches (19 of which we won)!!! We also played another 15 games in the form of 4 blitz's organised by the LGFA, St Peregrines, Colmchilles, and St Annes, some of which raised much needed funds for various charities. We gained 5 new players throughout the season increasing our lovely squad. Our highlight this year was raising 10,000 euro for The Gavin Glynn Foundation in September. We believe this to be our biggest achievement as a team where we and our pats community came together, inspired by our teammate Emily and her son Harrison, who have been supported by Gavin Glynn this year. Also, a good chunk of our squad continues to coach juvenile teams, greatly contributing to the presence of ladies in sport. The year finished up on Friday, 15th November, with a match against our good pals, St. Pats Palmerstown. Just on time for the St. Pats Gala!!!



## **Academy**

The Academy has been a real success this year with over 170 players now registered across the years 2018/2019/2020. A huge amount of the credit is down to the tireless work of all the coaches and in particular the hard work of the lead Coaches, John Hanley with the 2018 group, and Ray Greene with the 2019 Group. Mick O'Donoghue has agreed to lead the 2020 Group going forward so wishing him lots of success with this fantastic group of kids.

The focus for the Academy is to work on the fundamental movement skills encompassing the Motor Skills (Agility Balance and Co-ordination) the Athletic Development Skills (Running, Jumping & Throwing) and the Skill Development Movements (Catching Kicking Striking & Passing) required for playing sports.

Over the remainder of the year, we will be looking to progress with a comprehensive training programme for all the coaches in the academy as well as to begin to align the work of the GPO in the schools with that of the coaches in the academy.

The real measure of success in the Academy is the number of kids and the number of smiles.

Looking forward to continuing that into 2025