25 MOST COMMON SIGNS AND SYMPTOMS OF GI DISEASES

No	Medical Term	Lay Term	Description	Images
1	Ascites	_	Abnormal accumulation of fluid in the abdomen	
2	Abdominal pain		Pain or discomfort felt in the belly	
3	Anorexia		Lack of desire to eat or loss of appetite	

4	Bloating	Feeling full	Feeling full, tight, or swollen in the abdomen after eating	
5	Change in bowel habits	Change in stool	Changes in the frequency, consistency, or appearance of stool	
6	Constipation	Difficulty passing stool	Difficulty passing stool, infrequent bowel movements	

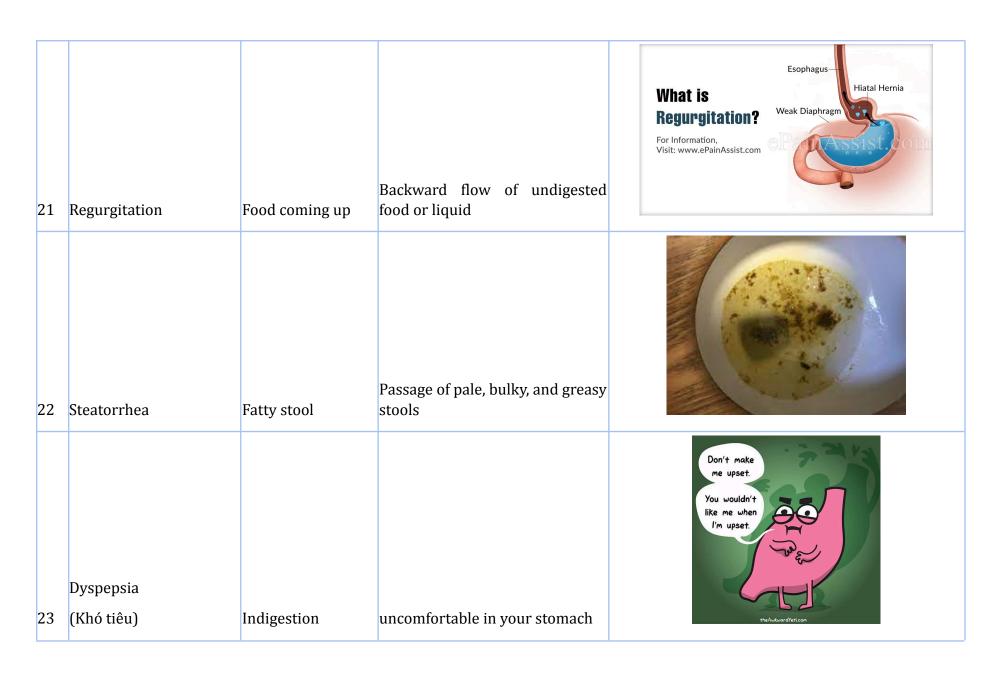
7	Diarrhea	Loose stool	Frequent passage of loose, watery stools	
8	Dysphagia	Difficulty swallowing	Difficulty swallowing or a sensation of food getting stuck	Symptoms of Dysphagia - Coughing or choking with awallowing - Difficulty initiating swallowing - Food sticking in the throat - Change in dietary habits - Change in voice or speech
9	Flatus	Breaking wind	Gas expelled through the anus	

10	Gastrointestinal bleeding	Bleeding in the digestive tract.	Loss of blood from the digestive tract, leading to bloody stool	Gastrointestinal BLEEDING S
11	Heartburn	Burning sensation	Burning sensation in the chest, often after eating	
12	Hematemesis	Vomiting blood	Vomiting of blood or coffee-ground-like material	Hematemesis

13	Hematochezia	Bright red blood in stool	Passage of fresh, bright red blood from the rectum	
14	Hepatomegaly	Enlarged liver	Enlargement of the liver	Normal liver Enlarged liver due to hepatomegaly ADAM.

15	Bowel/Fecal Incontinence (Đại tiện không tự chủ)	Loss of bowe	Inability to control bowel movements	
16	Jaundice	Yellowing of skin	Yellowing of the skin and whites of the eyes	JAUNDICE Jaundice Normal
17	Melena	Dark/black stool	Dark, tarry stool caused by the presence of digested blood	The specimen consists of a black tarry stool passed per arrus. Note the mahogany color at the edge of the specimen (filter paper).

18	Nausea		Feeling sick or unpleasant sensation, going to throw-up	
19	Odynophagia	Painful swallowing	Painful swallowing or pain with swallowing	
20	Reflux		Flow of stomach acid back into the esophagus	Acid Reflux Sore Throat Remedies Avoid food triggers Take OTC and perscription medications Quit smoking



24	Vomiting	Throwing up	Forceful expulsion of stomach contents through the mouth	
25	Abdominal distension (Chướng bụng)	Swollen belly	The abdomen is enlarged and protrudes outward, normally containing gas, fluid or other substances in the abdomen.	

Special thanks to the contribution of Ms. Dung Le GGC and Mr. Cu Duc Tien, MD for completing the materials.

For more posts, go to the website https://goglobalclass.com