

# - "28 Days To A Client" -

## The Real War Mode Day Plan + Report.




	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/✗	1	Outreach - scheduled - got some work in, not everything I planned though
2. ✓/✗	1	
3. ✓/✗	1	Shave - scheduled - done
4. ✓/✗	1	Sponsorship call - I think I crushed it, could have done it better, but we dont know if this woman is gonna support the movie
5. ✓/✗	1	Iron my shirt - scheduled - didnt manage to do it in time, BUT I found a shirt that was 100% ready
6. ✓/✗	1	Call with Mihai - scheduled - I fucked up
7. ✓/✗	1	Do the side missions for outreach - scheduled - I fucked up
8. ✓/✗	1	Plan the next day and identify new ideas and opportunities - kinda doing it right now at 3:14
9. ✓/✗	2	
10. ✓/✗	2	
11. ✓/✗	2	
12. ✓/✗	2	
13. ✓/✗	2	
14. ✓/✗	3	
15. ✓/✗	3	
16. ✓/✗	3	
17. ✓/✗	3	
18. ✓/✗	3	
19. ✓/✗	3	

	<b>Priority Level</b>	<b>Task List For The Day (Set Tasks That Make Progress Towards MY Goals)</b>
20.  		

**Day Number: 16**





**Date: 22. May 2023.**

**Start Of The Day - Time: 2 AM**

	<b> 3 Things That I Am Excited To Have In The Future? </b>
<b>1.</b>	<b>A revolutionary business that will disrupt entire markets</b>
<b>2.</b>	<b>A fucking car</b>
<b>3.</b>	<b>A warrior physique with a shredded six pack</b>

 **Hour-By-Hour**  
**Tracking:** 

**[Track+Measure=Improve]**

<b>\$ Task:</b>	<b>\$ Task = Set The Task That I Intend To Complete This Hour?</b>
<b> Intention:</b>	<b> Intention = What Is My Plan Of Action To Complete This Task For This Hour?</b>
<b> Reflection:</b>	<b> Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

**My War Mode Words:**

**1. I Am Acting With No Limits To My Abilities!**

**2. I Am Being All That I Can Be, Every Hour And Every Day!**

**3. Every Word I Am Saying And Thought I Am Thinking Is Positive!**

**4. I Am Being Enthusiastic About Completing Each Task!**

**5. I Am The Best Copywriter In The World!**

**(Delete Any Boxes Below That Are Before  
The Time That You Start Your Day In Your  
Own Copy)**

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<b>\$ 2 am: Task \$</b>	<b>G work session until 4 am</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	

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<b>\$ 3 am: Task \$</b>	<b>Do the outreach finally - for real this time, ChatGPT drill plus Igor's feedback and brutally honest questions</b>
<b>🔔 Intention 🔔</b>	<b>The target is two emails - build the relationship with the audience and get them addicted to my writing</b>
<b>✍️ Reflection ✍️</b>	<b>Did it like a G,</b>

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<b>\$ 4 am: Task \$</b>	<b>Push ups, shave until 4:30</b>
<b>🔔 Intention 🔔</b>	<b>Another G work session - 2 more emails, start at 4:30</b>
<b>✍️ Reflection ✍️</b>	<b>Didn't have enough time to shave as I prolonged the work session to finish the</b>

**second email, but I had just enough time to prepare more coffee so lets fucking go**

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<b>\$ 5 am: Task \$</b>	<b>Finish the G work session at 6 am</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	

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<b>\$ 6 am: Task \$</b>	<b>Do the “side missions”, do some push-ups until 6:30</b>
<b>🔔 Intention 🔔</b>	<b>Go grab some breakfast at 6:30, eat and watch the PUC or a daily breakdown or something - learn</b>
<b>✍️ Reflection ✍️</b>	<b>Didn't do the side missions, but I did shave, watched the PUC</b>

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<b>\$ 7 am: Task \$</b>	<b>Another G work session until 8:30</b>
<b>🔔 Intention 🔔</b>	<b>2 more emails, ChatGPT drill plus Igor's feedback and brutally honest questions, send my outreach to the chats</b>
<b>✍️ Reflection ✍️</b>	<b>So I couldn't get breakfast before 6:30, I ate and watched more copy breakdowns from resources, it's 7:25 right now, I also bought cigarettes and smoked after breakfast while watching the breakdown.</b> <b>So I'm actually gonna skip the session, get a 30 min power nap, and do the side missions until 8:30</b>

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<b>\$ 8 am: Task \$</b>	<b>At 8:30 do push ups, iron my shirt until 9 and cook some coffee</b>  <b>BRO SEND AN EMAIL TO IVANA and ask something like&gt; hey just wanna make sure you received my zoom call invitation</b>
<b>🔔 Intention 🔔</b>	<b>That shirt needs to make me look like a pro</b>
<b>✍ Reflection ✍</b>	<b>Fucked it up cause I wanted an extra 30 minutes of napping and I did the thing with the alarm again, where I'm half awake and I fuck up the snooze protocol</b>

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<b>\$ 9 am: Task \$</b>	<b>Experiment with different angles in my room, clean it, set it up to look like some successful dude's crib lol, watch the videos in the bootcamp where Andrew talks about appearances, do some push ups</b>
<b>🔔 Intention 🔔</b>	<b>Try doing another email if there is some time left</b>
<b>✍ Reflection ✍</b>	<b>Fucked it up because I'm asleep</b>

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<b>\$ 10 am: Task \$</b>	<b>Do the call with Mihai</b>
<b>🔔 Intention 🔔</b>	<b>Remember to ask what my room looks like</b>
<b>✍ Reflection ✍</b>	<b>Asleep, hope my G isn't mad at me</b>

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<b>\$ 11 am: Task \$</b>	<b>Overall less important stupid tasks that need to be done today, also do some more push ups cause why the fuck not</b>
<b>🔔 Intention 🔔</b>	<b>Check my email for follow-ups - answer if there are interested companies, consider getting them to go on a call with me cause there is not a lot of time left</b>  <b>If there are zero replies, move on to check the ad I did for grandpa's real estate</b>

	<b>When I finish this shit, move on to a G work session</b>
 <b>Reflection</b> 	<b>asleep</b>





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<b>\$ 12 am: Task \$</b>	<b>Another G work session - finish at 1:30</b>
 <b>Intention</b> 	<b>Try 2 more emails</b>
 <b>Reflection</b> 	<b>asleep</b>





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<b>\$ 1 pm: Task \$</b>	<b>Go for a walk/pull up session at 1:30, go back to the crib at 2 pm</b>
 <b>Intention</b> 	
 <b>Reflection</b> 	<b>asleep</b>

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<b>\$ 2 pm: Task \$</b>	<b>Prepare the logline, prepare whatever Ivana wants answered during the call, get my shirt on and check how I look, check the lighting, set the room up, maybe do some more research on her business</b>
 <b>Intention</b> 	<b>Bonus push ups if there is time left</b>
 <b>Reflection</b> 	<b>Woke up, prepared my shirt, cleaned the room, experimented with different angles and lighting to find the sweetspot, smoked a cigarette to make fire my brain up with nicotine</b>

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<b>\$ 3 pm: Task \$</b>	<b>Do the call with Ivana</b>
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<b>🔔 Intention 🔔</b>	<b>Get funds for the movie</b>
<b>✍ Reflection ✍</b>	<b>She had some objections regarding the brand, I mentioned that we changed the script like an hour ago, and I used that fact to handle the objections after I read the screenplay when I sent her an email with all the things she requested (actually, she just wanted the logline so that she can consult with her colleagues to see if this matches her brand's image)</b>

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<b>💰 4 pm: Task 💰</b>	<b>More outreach (skrt skrt)</b>
<b>🔔 Intention 🔔</b>	<b>2 more emails - finish by 5:30 pm</b>
<b>✍ Reflection ✍</b>	<b>Prepared some coffee, answered Ivana's email, answered other emails</b>

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<b>💰 5:30 pm: Task 💰</b>	<b>Look, listen, you are probably very tired now, so I think I need to reset with some push ups, watch the PUC or some daily breakdown</b>
<b>🔔 Intention 🔔</b>	
<b>✍ Reflection ✍</b>	<b>I answered all the emails except for one, where a passively-aggressive(probably, I won't judge her immediately, even though there are some red flags) psychologist answered by requesting that I call her</b>

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<b>💰 6 pm: Task 💰</b>	<b>eat</b>
<b>🔔 Intention 🔔</b>	<b>I'm gonna play a game of chess and call that psychologist, and then I'm gonna buy some bread and call my parents</b>
<b>✍ Reflection ✍</b>	<b>Played a few games, lost 2 and won 1, talked with the psychologist for 17 minutes, could have kept it shorter but I kinda wanted to practice my sales skills even though I knew she would be like NOOO</b>  <b>Basically a lack of authority and timing was kind of the problem for getting her to sponsor our movie, but she pointed me to some dude who would probably do it</b>

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<b>\$ 7 pm: Task \$</b>	<b>Plan the next day out, identify new ideas for my outreach, check for bullshit contingencies regarding the movies and tomorrows potential photo-shooting session for the poster</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>Okay so I went to buy some groceries, took me longer than ever cause I buy my coffee at this other supermarket, and the bus was running really late so I had to take a walk, bought a smaller pizza on my way back</b>

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<b>\$ 8 pm: Task \$</b>	<b>sleep</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>No point in sleeping since Im very well rested</b>

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<b>\$ 9 pm: Task \$</b>	
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>Played chess, watched the first copy review call breakdown while I ate The pizza and the cereal at the start of my day was a bad idea, I was really lethargic</b>

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<b>\$ 10 pm: Task</b> \$	<b>Watched some youtube videos</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>So I rewrote the entire ad for the real estate and made it into an HSO that kinda taps into some of the target markets fears, desires and pains, I tried to sell them on the adventure of going to build an epic like a warrior in some special office</b>

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<b>\$ 11 pm: Task</b> \$	
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>Okay so I wont write in great detail cause I cant remember this part clearly, it wasnt well-planned and it wasnt tracked, I napped for less than an hour, then I woke up and cooked more coffee, watched the PUC, played a little bit of chess and I sent and scheduled all the follow ups I could - checking if they saw my emails + adding urgency, or doing a “walk away” email while adding some urgency</b>

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<b>\$ 12 pm: Task</b> \$	
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>Also I asked yelena to send me the names of companies who we called for catering when we did some other movie</b>  <b>So yeah this is the part where I slept</b>

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# End-Of-The-Day Report:



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**🧠 What Did I Learn Today? 🧠**

**Identity is malleable, I can mold myself into the person I want to be by acting in accordance with my new self. I sort of went through a big crisis recently, and then I had an identity crisis when I moved away from my parents house, as Im tried to develop the adult version of me.**

**I also learned some things about copywriting from the review call but I cant remember exactly what**

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**NEW What Do I Plan To Do Differently Tomorrow? NEW**

**Do outreach, check the emails, CALL FOR THE CATERING - no more bullshit emails, Im contacting the Britney Spears burgers through TikTok since they gave me a follow there**

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**NEW What Do I Plan To Do The Same Tomorrow? NEW**

**Basically charge like a madman, I had a pure flow moment, I had only one break where I did absolutely nothing but smoke cigarettes, and I had a 40-50 min nap since I will be going for an all night - all day war mode now. I had to charge up a little bit**

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**📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧**

**Andrew Shawn Mihai**

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**📝 What Tasks Were Left Undone? 📝**

**Side missions for the outreach, improving my free value PARTIALLY (some things were done, some werent because of my unplanned sleeping pattern bullshit)**

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**Brain Dump: I really have to stop the bullshit and listen to my conscience. I cant lie to myself anymore.**

**I KNOW I CANT BE TRUSTED when Im half awake and half asleep, trying to snooze or delay the alarm in some sad pathetic attempt to get a couple of extra minutes.**

**New golden rule - just dont be a bitch.**

**Ever. Andrew, if you are reading this and you see me fuck the next day up, kick me, I wont be mad. Im serious The standards I must reach is simple - no sleep until 9 pm. Call companies for catering for the movie. 100 push ups, minimum. Attend the last mandatory lecture. Get the grade signed in. Those are the non-negotiables.**

**Outreach is secondary today, unfortunately, but its the first thing Im gonna do. And Im gonna complete most of my checklist before 9 am, (probably everything) - its past 3:30 am right now so lets fucking go**