

TOUCH RUGBY

Playing Touch Rugby, you can expect to improve agility, handling skills, and space awareness. It is a lifelong sport that can be played regardless of age or gender. We look forward to your participation at the ground of Azabudai Hills overlooking Tokyo Tower.

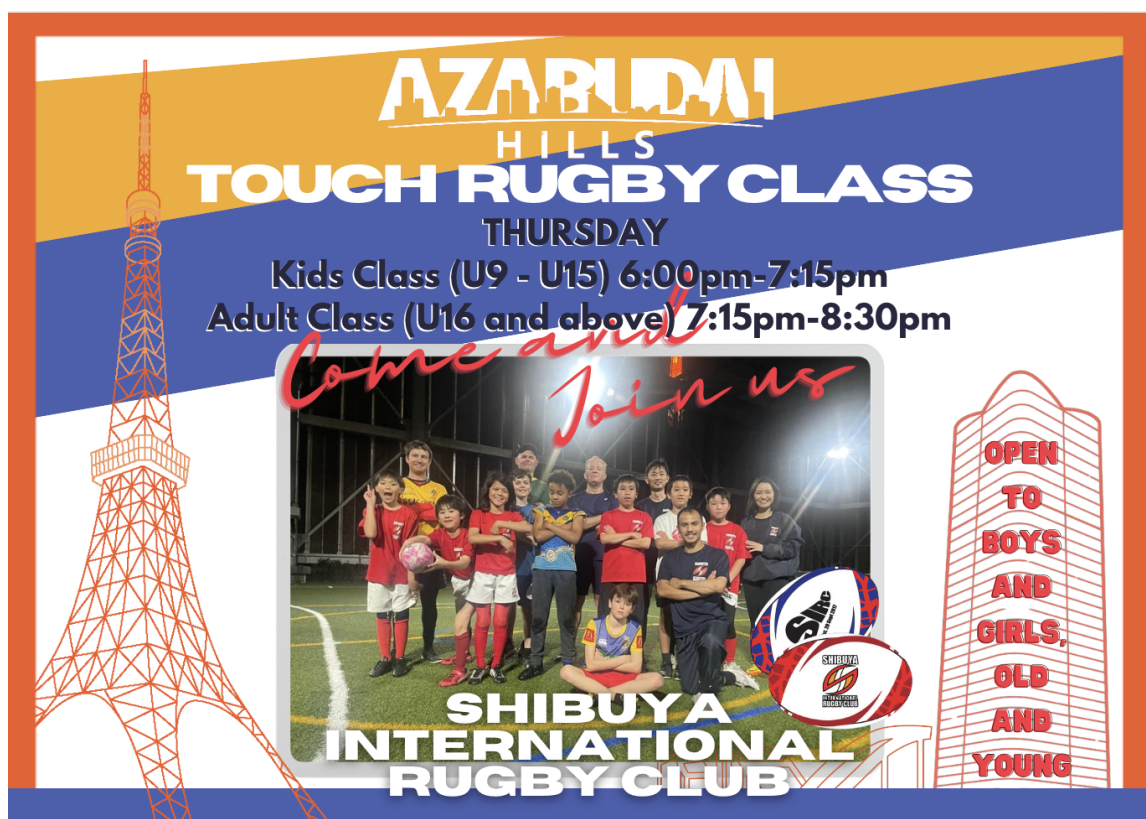
If you wish to participate, please register using the forms below.

KidsClass_U9-U15

SIRC Members	General public
Trial Form 	Trial Form 
Application form 	
● Monthly Fee : 5,000 yen per person ● Sports Insurance : Free (Covered by Sunday Class)	● First Trial: Free (no insurance) ● Joining Fee: 10,000 yen per person (Siblings of SIRC members receive a 5,000 yen discount) (Includes sports insurance) (After the trial, please register using the membership application form that we will send you by email) ● Monthly Fee : 5,000 yen per person
➤ Thursday 6:00 pm - 7:15 pm (Free Time 5:30pm-6:00pm) ➤ BST Azabudai Campus, Sports Pitch ➤ Schedule The Touch Rugby Kids Class is intended for those U9 and above. Parents accompanying their children can participate in the Kids Class for free. Please enjoy Touch Rugby together with your children.	

Adult Class_U16 and above

SIRC Colts Members SIRC Coaches Application Form 	General Public SIRC Support team Application Form 
• 1,000 yen per session • Sports Insurance: Free (SIRC Members: Covered by Sunday Class) (Coach: Covered by club).	• First Trial: 1,000 yen (no insurance) • Second Session: 2,000 yen (includes sports accident insurance) • Third Session Onwards: 1,000 yen per session
➤ Thursday 7:15 pm- 8:30 pm ➤ BST Azabudai Campus, Sports Pitch ➤ Schedule The Touch Rugby Adult Class is intended for high school students and above. Any family or friends of SIRC members can also participate.	



AZABUJIMA
HILLS
TOUCH RUGBY CLASS
THURSDAY
Kids Class (U9 - U15) 6:00pm-7:15pm
Adult Class (U16 and above) 7:15pm-8:30pm

Come and Join us



SHIBUYA
INTERNATIONAL
RUGBY CLUB

OPEN
TO
BOYS
AND
GIRLS,
OLD
AND
YOUNG

The poster features a stylized orange line-art of the Tokyo Tower on the left and a stylized red line-art of a building on the right. The background is split into orange, blue, and white diagonal sections. A central photo shows a group of children and adults on a field at night, with two rugby balls in the foreground.

If you have any questions, please contact us through this [inquiry form](#).

Shibuya International Rugby Club