



LaSalle Institute

174 Williams Road, Troy, NY 12188 - (518)283-2500 ext. 279 – Fax (518-283-6265

Director of Athletics

Kevin Galuski

Dear Cadets,

Below you will find the start dates and schedule for our Winter 2023-24 Sport Season:

Boy's Basketball

Varsity	Monday, November 13 th , 2023	5:00-7:00	Upper Gym
Junior Varsity	Monday, November 13 th , 2023	7:00-9:00	Upper Gym
Freshman	Monday, November 13 th 2023	3:00-5:00	Lower Gym
Modified	Monday, November 27 th 2023	3:00-5:00	Lower Gym

Girls' Basketball

Varsity & JV	Monday, November 13 th , 2023	3:00-5:00	Upper Gym
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Wrestling

Varsity & JV	Monday, November 13 th , 2023	3:00-5:00	Wrestling Room
Modified			

Bowling

Varsity & JV	Monday, November 13 th , 2023	3:00-5:00	Uncle Sams
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Indoor Track Girls & Boys

Varsity	Monday, November 13 th , 2023	3:00-5:00	Track
Modified	Monday, November 13 th 2023		

Please note that students must be registered for participation and medically cleared by the health office in FamilyID **PRIOR to TRYOUTS.**

If you have any questions regarding the schedule, please do not hesitate to contact me at any time.

Sincerely,

Kevin Galuski, Director of Athletics