

***NOTICE:** Some sources don't take down posts with **FALSE** information, so it is important to **DOUBLE-CHECK** any information before sharing.

Instagram sources:

- [Listen Up Myanmar](#)
- [Spotlight Myanmar](#)
- [Mohinga Matters](#)
- [Save Myanmar](#)
- [The Insights](#)

Facebook sources:

- [The Irrawaddy - English Edition](#)

Twitter sources (Myanmar journalists):

- [Wa Lone](#)
- [Kyaw Zayar Lin](#)
- [Mratt Kyaw Thu](#)
- [Cape Diamond](#)
- [maung zarni](#)
- [Milk Tea Alliance Myanmar](#)

Website sources

- [Assistance Association for Political Prisoners \(AAPP\)](#)