

**Brewer High School
Field Hockey
Team Information**

Contact Information:

Head Coach- Jamie Emerson (jemerson@breweredu.org)

Assistant Coaches - Grayce Bridges

Volunteer Coaches- Skip Estes, Sarah Clark

BREWER HIGH FIELD HOCKEY TEAM POLICIES AND RULES

1. You are expected to be at practice every day. You are expected to be ready to start practice at 2:45, not getting ready to start. Equipment on and ready to go. Absences should be communicated with the coaches ahead of time. If you stay after school for extra-help with a teacher or if you have a club meeting please bring a pass from the teacher or adviser. If you miss a practice or meet unexcused, there will be a consequence.
2. You are expected to follow the Extracurricular Athletic Code as explained in the registration portal. Substance use will be dealt with following the guidelines of the code. Make sure that you do not use tobacco, alcohol, or illegal drugs. You are also not allowed to be in an area where other people are using these substances, even if you are not. Be careful about the situations that you put yourself into.
3. You need to be responsible for school equipment that you use during practice and games. Make sure that you take care of equipment after practices and games. You should know where your uniform is at all times and take good care of it.
4. When we go to games, you need to dress appropriately. It will be decided by coaches what athletes will wear.
5. Inappropriate language or unacceptable behavior will not be tolerated. You should never argue with a referee. If there is a problem, find a coach to handle the situation. If you get a card in a game coaches will determine a consequence.
6. In order to be eligible to participate in practices or meets, you must be present for your academic responsibilities on that day as set forth by the Athletic Department. Refer to the Athletic Departments policy regarding attendance and access to activities.
7. If you are involved in an outside activity such as a part time job, it should not interfere with practices or games. If you cannot change your work schedule to accommodate your team responsibilities, you should make a choice about which one to do. If you are participating in another school activity such as band, robotics, or drama we will work with you so that hopefully you can do both. We are willing to be flexible to allow you to do both, but please communicate with us and keep your absences to a minimum

8. If you need to see our athletic trainer for an injury, talk to one of the coaches first to let us know what problems you are experiencing. The Certified Athletic Trainer will be available most days, after school, during the week, or by appointment through communication with the coach(es), athlete or parents.

9. Field Hockey is a team sport. At games, you are expected to support your teammates when you are not competing in your game. Varsity is expected to stay and support the JV games. There are NO phones allowed on the bench during games or practices. If you need to use your phone you need to ask your coach first.

10. You are expected to clean up after yourself. Do not leave water bottles, equipment, trash on the field or bus. If this becomes a problem, there will be consequences.

11. Athletes are expected to treat the coaches with respect and recognize their authority to make decisions regarding individuals and the team. When a coach is talking you need to listen. There will be absolutely no talking while a coach is talking.

13. Coaches will decide which position you will play on the field. Coaches will decide where players need to play in order for the team to be successful.

14. Communication between coach and athlete are very important. We will try to be clear in our expectations; if you have any questions do not hesitate to ask. We will try to be fair in our decisions. Being fair is not looking the other way when someone breaks the rules, or not holding someone accountable for their actions. Being fair is treating everyone the same when upholding the rules and expectations for being a contributing member of the team.

ACTIVITY FEE

Everyone needs to pay a \$15 activity fee per sport. Take cash or a check to Mrs. Saunders in the athletic office no later than the second week of practice. She will give you a receipt to give to your parent.

VARSITY LETTERING-

If you play in a varsity game during the regular or post season. You will letter. If you do not, then you will not letter.