

# MASSABESIC HIGH SCHOOL

88 West Road, Waterboro, ME 04087  
Phone (207) 247-3141/Fax - 247-3146

**Ty Thurlow**  
*Principal*

**Scott Lavertu**  
*Assistant Principal*

**James Fryzlewicz**  
*Assistant Principal*



**Allison Ellis**  
*Dean of Academics*

**Daniel Lawrence**  
*Athletic Director*

October 26, 2023

Hello Mustang Nation,

The tragic events in Lewiston over the past two days have had an indelible and terrible impact on our tight-knit communities in Maine. When we next come together on the MHS campus we want to be prepared to support all students who may be experiencing challenges due to this tragedy that has befallen our state. **To our students** - if you are struggling and need extra support please reach out to your parents and/or us to let us know. We will work hard to ensure your return to MHS is successful and supported. **To our parents/guardians** - if your child is struggling please reach out to us as soon as possible. You can connect with any of the following people to give them more information that will help us support the transition back to school. You can also call the school directly - please leave a message if we are unable to directly take your call.

**MHS Phone Number:** 207-247-3141

**Principal:** Ty Thurlow, [tythurlow@rsu57.org](mailto:tythurlow@rsu57.org)

**Administrative Assistant to the Principal:** Liane Renaud, [lianerenaud@rsu57.org](mailto:lianerenaud@rsu57.org)

**Assistant Principals:**

Scott Lavertu, [scottlavertu@rsu57.org](mailto:scottlavertu@rsu57.org)

Jim Fryzlewicz, [jamesfryzlewicz@rsu57.org](mailto:jamesfryzlewicz@rsu57.org)

**School Counselors:**

Deborah Curtis, Grade 12, [deborahcurtis@rsu57.org](mailto:deborahcurtis@rsu57.org)

Joseph Rodgers, Grade 11, [josephrodgers@rsu57.org](mailto:josephrodgers@rsu57.org)

Brigitte Kearney, Grade 10, [brigittekearney@rsu57.org](mailto:brigittekearney@rsu57.org)

Julie Cryer, Grade 9, [juliecryer@rsu57.org](mailto:juliecryer@rsu57.org)

**Social Workers:**

Shelley Morse, [shelleymorse@rsu57.org](mailto:shelleymorse@rsu57.org)

Janis Johnson, [janisjohnson@rsu57.org](mailto:janisjohnson@rsu57.org)

*Prepares respectful, responsible and creative thinkers for success in the global community.*

Matthew Holt, [matthewholt@rsu57.org](mailto:matthewholt@rsu57.org)

Meagan Desjardins, [meagandesjardins@rsu57.org](mailto:meagandesjardins@rsu57.org)

Erica Brown, [ericabrown@rsu57.org](mailto:ericabrown@rsu57.org)

**Attendance & Front Office Staff:**

Marie Proctor, [marieproctor@rsu57.org](mailto:marieproctor@rsu57.org)

Kaitlyn Ouellette, [kaitlynouellette@rsu57.org](mailto:kaitlynouellette@rsu57.org)

Kelley Allen, [kelleyallen@rsu57.org](mailto:kelleyallen@rsu57.org)

Allison Ellis, [allisonellis@rsu57.org](mailto:allisonellis@rsu57.org)

**Nurse:** Kayla Pazmany-Kinney, [kaylapazmany-kinney@rsu57.org](mailto:kaylapazmany-kinney@rsu57.org)

The MHS Crisis Team will meet consistently throughout the next several days to ensure we are providing the support that is necessary and beneficial to our students. The school counseling/social work team will be available throughout each school day to support our students.

The following list of resources may be helpful to you and your family as we all continue to navigate the tragedy that has occurred.

- [Coping in the Aftermath of a shooting](#)
- [Guidelines for talking to kids](#)
- [NAMI Teen Text Line](#)
- [The Family Institute - Resources to Help Families Cope After a Mass Shooting](#)
- [Conversation with Greg Marley from NAMI](#)
- [Talking with Children About Violence](#)

Take care,

-Ty Thurlow, Principal