

Hi, I'm Nikki Lovegrove from Tree of Opals and Keepsaker Supplies. I teach people for free how to make keepsakes like breastmilk jewellery.

*In this video I'll be using UV resin to make breastmilk stones for my bestselling twisted band ring. I've been selling this design on Tree of Opals for around 8 years and it's the most highly requested ring. I love the simplicity of the handmade band, and the stone is designed to be the most secure it can be for a larger size stone. If you'd like me to make you one, just visit [TreeOfOpals.com](https://TreeOfOpals.com) and click on Breastmilk Rings.*

On Keepsaker Supplies, this ring can be purchased as a breastmilk kit and you'll receive 10 grams of UV resin (today I'm using Padico Star Drop)

Label backing paper

Sandpaper

Vinyl gloves and a dust mask

Three cocktail sticks

A single silicone mould (this is a double, which is sold separately)

The ring setting in the size you chose

A sample of our pearlescent resin sparkle mix (a random colour)

A sachet of our breastmilk preservation powder

You'll also need

A pestle and mortar to grind the milk

UV top coat

A wooden ring clamp

A curved burnisher

Silver polishing cloth

**I've linked to all the supplies I'm using in the video description, which are for sale on my website**

I have videos showing you how to grind the dried milk paste into a fine powder too so I've skipped all that for this video and have my client's milk ready to go. I'm just re-grinding it so it's super fine.

Add a drop of clear resin to a piece of label backing paper and add some of the preserved breastmilk powder. Mix together well so it's an opaque paste.

Prepare the mould by adding a drop of clear resin and remove any air bubbles. Now add a tiny amount of the breastmilk resin and swirl in. You can mix it in completely but I like the swirls! Cure these for 99 seconds with a low heat setting if you have it, or 60 seconds in a regular UV lamp if not.

For the second layer, I add a bit of the milk resin but then decide to add a bit of clear resin too. Swirl together a bit more than you did for the previous layer and cure again.

Mix up a bit more breastmilk resin if you need to, like I'm doing here. Use it for the third layer and I didn't add any more clear resin here but it's totally up to you. It depends on the thickness of the layers and the look you're trying to achieve. Cure again

The last layer is always clear resin and I cure it three times, allowing to cool a bit between each blast in the lamp.

Now you can prepare the ring for adding the cabochon stone. Place it in a wooden ring clamp like this after you check the size and style are correct. You can use scissors to trim the edges of the stone if you have them.

Remove the stones from the mould when they're totally cold. If you're making the ring for a client, you can send them a photo to let them pick their favourite stone. You could offer to make an additional piece for the client if you have a spare setting the same size, and I always return the unused stones either way.

Trim away the excess resin with scissors or side cutting pliers. The back of this stone is a bit uneven so I file it flat with sandpaper, being careful not to scratch the shiny top. You can use a diamond file like this, if you prefer. Now check the stone fits nicely in the ring.

If you're enjoying this video please consider subscribing to my channel or following me

If the stone is a bit thin, it will sit too low in the bezel cup and be harder to secure in place. You can raise it up by adding a bit of flat plastic like this. Draw around the stone with an Ultra Fine Sharpie then cut inside the line. It doesn't have to be perfect. Put the piece of plastic into the bezel cup and place the stone on top.

I decided that the plastic made the stone a bit too tall so I took it back out again. There was a tiny smudge on the stone, meaning I need to replace the mould, so I decided to top coat it. Place it on a bit of white tack on an upside down ramekin and apply a thin layer of UV top coat which we also sell on [KeepsakerSupplies.com](https://www.KeepsakerSupplies.com)

Cure a few times and allow to cool. Put the stone back in the bezel cup and use a curved burnisher to rub over the silver to secure the stone. Press in the edges at 12o'clock, 6o'clock, 3o'clock then 9o'clock, then the corners, then smooth down any ridges. I like to finish with the back of the burnisher then use a silver polishing cloth before I take photos.

I'm so grateful for my client's permission to film this anonymously as part of my series of courses to make breastmilk and memorial jewellery

Now relax and do some crafting