

Formative Mini-Clinical Evaluation Exercise Rating Form

Musculoskeletal Examination

Student's name:	Date of assessment: _/ _/ ____
Patient problem/ Diagnosis:	
Patient gender: Male / Female	Patient age:

Communication	- Introduce s one's self and confirm patient name - Explains the purpose of examinati on and what it includes - Obtains and maintain s consent for examinat ion (From parents and patient if applicabl e) - Communi cates appropriat ely with patient according to his age and developm ental stage	
----------------------	--	--

Y5- Children`s Health- Mini-CEX – Musculoskeletal Examination

	- Communicates appropriately with parents showing empathy and respect - Attends to patient comfort all through examination, thanks patient at the end	
Hand washing	- Washes hands in proper technique	
General examination	• Looks for general findings relevant to the case	
Joint Examination		
	• Describe the pattern of joint affection: mono-articular or poly-articular, affecting large or small joint	
Look	• Inspect the examine	

Y5- Children`s Health- Mini-CEX – Musculoskeletal Examination

	d joint for: Skin (Rash & Nodules) , Swelling, Muscle wasting and Deformit y	
Feel	Palpate for : Swelling (Effusion ,bony or bursa) ,Tenderness along the joint line & Temperature and Crepitus	
Move	Examine for the full range of moveme nt around the involved joint	
Special tests	Depending on the involved joint, student performs any of the following :	
Hand &Wrist :	- 4 finger test for effusion - Metacarp al	

Y5- Children`s Health- Mini-CEX – Musculoskeletal Examination

	squeeze test - Tinel's sign and Phalen's sign - Finger flexion and extension - Grip strength - Pincer strength - Flexor profundus - Flexor superficialis	
Elbow	• Test for flexor & Extensor tenosynovitis - Effusion	
Shoulder	• Empty Can Test • Neer's Impingement • Subscapularis Lift-Off Test • Speed's Test	
Hip	• The Trendelenburg	

Y5- Children`s Health- Mini-CEX – Musculoskeletal Examination

	• nburg test • Apparent and true length of the leg • Thomas' test	
Knee	• Tests for an effusion (Ballotment & Milking) • McMurray's Test (Tests for Meniscal Injury) • Anterior Drawer Test • Lachman's Test (ACL) • Sulcus Test, Sag Test (PCL)	
Spine	• Cervical & lumbar: - Spurling's test	

--	--	--

Y5- Children`s Health- Mini-CEX – Musculoskeletal Examination

	● Sacroilia - c : - - FABER - (Flexion , ABducti	
--	--	--

Y5- Children`s Health- Mini-CEX – Musculoskeletal Examination

	on, External Rotation)				
	- Compression and Gaenslen				
Global assessment:	1= needs remediation	2= acceptable	3= good	4= very good	5= exemplary
Focuses examination appropriately					
Uses proper Technique					
Ability to describe findings Correctly					
Identifies normal and abnormal findings					
Over All assessment					

	1= needs remediation	2= acceptable	3= good	4= very good	5= exemplary
ment					

Assessor Name and Signature: