

# Repository of Expanded Consciousness Content

## Reddit Posts

- [World within worlds & The importance of SATS and Sleep](#) | r/NevilleGoddard
- [Understanding the dynamic between the 3D and the 4D - An analogy](#) | r/NevilleGoddard
- [Reality is a construct](#) | r/Salvia (NSFW)
- [Has anyone here made a significant change to reality that you can speak about?](#) | r/ChaosMagick
- [Assume And Let It Be](#) | r/EdwardArtSupplyHands
- [Everything in the universe is composed of energy and everything has an energy field around it.](#) | r/DimensionJumping
- [Welcome to Universal Line reddit.](#) | r/UniversalLine
- [Scientists acknowledged that Consciousness is nowhere to be found in the brain, it cannot arise from it, nor can it be reduced to the neural activity, or a mere physical process given the phenomenon of qualia. If not in the brain, then where is it? Is science opening the door to metaphysics?](#) | r/AstralProjection
- [What is the nature of reality?](#) | r/AstralProjection
- [3D Reality Simplified](#) | r/NevilleGoddard
- [Super-Simplified Models of Reality](#) | r/Oneirosophy
- [The Patterning of Experience](#) | r/Oneirosophy
- [The Infinite Grid of All Possible Moments](#) | r/DimensionalJumping
- [THERE IS NO "YOU"](#) | r/NevilleGoddard
- [The Inner Shift that Changes Everything \(Resolving 20 Years of Health Issues Using the Law\)](#) | r/NevilleGoddard
- [Manifesting is easy - everything you didn't want but needed to hear \[why you fail.\]](#) | r/NevilleGoddard
- [I Shifted - How and the Importance of entering SATS and Sleep](#) | r/ShiftingRealities
- [How to Manifest Anything: Understanding Your Layers of Beliefs](#) | r/NevilleGoddard
- [Quit OBE methods. Do this instead](#) | r/AstralProjection
- [The Promise of Unlimited Awareness](#) | r/NevilleGoddard

## Experiences

- [One of my trip reports made it into a Vivec video. Pretty cool. Smoking Salvia & Living an Alternate Life for 30 Whole Years](#) | r/Salvia (NSFW)
- [Steve Cantwells 8 Year Salvia Trip](#) | (NSFW)

- [A Whole Month in Another Planet](#) | r/Dreams
- [Living Multiple Lives in Minutes](#) | (NSFW)
- [That time I experienced the “worlds within worlds” that Neville spoke of.](#) | r/NevilleGoddard
- [I Was, Quite Literally, The Creator of That World - Everything Was Under My Control](#) | r/NevilleGoddard
- [Neville Goddard's Lecture: “The Flood Is Still Upon Us”](#)

## Books | Documents | Articles

- [The Universe Is Not Locally Real, and the Physics Nobel Prize Winners Proved It](#) | Published Oct. 2022
- [The Master Key System](#) | Published 1912
- [My Big TOE](#) (Trilogy) | Published 2003
- [The Fabric of the Cosmos](#) | Published 2004
- Carlos S. Alvarado's Documents:
  - [Exploring The Factors Related To The After-Effects Of Out-Of-Body Experiences](#) | Published July 2003
  - [Explorations Of The Features Of Out-Of-Body](#) | Published April 2012
  - [Out-Of-Body Experiences](#) | Published 2000
  - [A Study of the Features of Out-of-Body Experiences in Relation to Sylvan Muldoon's Claims](#) | Published 1998
  - [ESP During Out-of-Body Experiences: A Review of Experimental Studies](#) | Published Sept. 1982
- [Mastery of Space Time Transposing](#) | Published 1986
- [Parallel Universes of Self](#) | Published 2006
- [Journeys Out Of The Body](#) | Published 1971
- [The Phase: A Practical Guidebook for Lucid Dreaming and Out-of-Body Travel](#) | Published Dec. 2012
- Neville Goddard's Books:
  - [Freedom for All](#) | Published 1942
  - [The Law And The Promise](#) | Published 1961
  - [The Power of Awareness](#) | Published 1952
  - [Feeling is the Secret](#) | Published 1944
- [The Universal One](#) | Published 1926
- [A Course in Miracles](#) | Published 1976
- [The Power of Your Subconscious Mind](#) | Published 1963
- [Analysis & Assessment of Gateway Process](#) | Published June 1983
- [Consciousness Beyond Neural Fields: Expanding the Possibilities of What Has Not Yet Happened](#) | Published 2021
- [Genomic instantiation of consciousness in neurons through a biophoton field theory](#) | Published 2014
- [Frank Kepple Research](#)
- [Rotten's Guide to Shifting Realities](#)

# Guides/Methods/Tips/Meditations

- [SSILD Official Tutorial \(2.0\)](#) | r/LucidDreaming
- [Methods for Exploring Non-Physical Spaces](#) | r/RecodeReality
- [Projecting Via Physical Exhaustion](#) | r/AstralProjection
- [The ULTIMATE, NO BS GUIDE to Lucid Dreaming](#) | r/LucidDreaming
- Michael Raduga's Phase Method
  - [Leave Your Body in 3 Days \(1/3\) - A Lucid Dreaming/OBE Lesson by Michael Raduga](#)
  - [Leave Your Body in 3 Days \(2/3\) - A Lucid Dreaming/OBE Lesson by Michael Raduga](#)
  - [Leave Your Body in 3 Days \(3/3\) - A Lucid Dreaming/OBE Lesson by Michael Raduga](#)
- [Binaural Beats by Tom Campbell](#)
- [This simple meditation guide blew my mind.](#) | r/Psychonaut (NSFW)
- [Astral Travel: The Ultimate Astral Projection Guide 2.0 \(Tips & Tricks\) How to do Astral Projection in 6 Easy Steps \(Intention is Key\)](#) | r/ShiftYourReality
- [15 Minute I AM meditation, I almost became completely formless!](#) | r/NevilleGoddard
- [I AM The Creator Meditation - Edward Art](#)

# People

- [u/TriumphantGeorge](#)
- [u/EdwardArtSupplyHands](#)
- [u/OrionDirectorate](#)
- [u/ShiftYourReality](#)
- [@DeviSietaram](#)
- [Thomas W. Campbell](#)
- [Robert Monroe](#)
- [Charles Tart](#) | [Link 2](#)
- [Bruce Greyson](#) | [Link 2](#)
- [Janice Holden](#) | [Link 2](#)
- [Alex De Foe](#) | [Link 2](#)
- [Robert Crookall](#)
- [Alan Watts](#)
- [Neville Goddard](#)
- [Carl Jung](#)
- [Brian Greene](#)
- [Jacobo Grinberg](#)
- [Russell Targ](#)
- [Alex Tanous](#)
- [Donald Hoffman](#)

# Wikis

- [The Master Key System](#)
- [Special Relativity](#)
- [Robert Monroe](#)
- [Charles Tart](#)
- [Bruce Greyson](#)
- [Alan Watts](#)
- [Neville Goddard](#)
- [Carl Jung](#)
- [Brian Greene](#)
- [Jacobso Grinberg](#)
- [Russell Targ](#)

# Websites | Other

- [The Monroe Institute](#)
- [Out of Body Experience Research Foundation](#)
- [Double-Slit Experiment](#)
- [Quantum Mechanics for the Magus \[Esoteric Saturdays\] | Youtube Video by Foolish Fish](#)