



District President Year End Report

North Carolina Extension
Association of Family and
Consumer Sciences

District: West

Month/Year: July/2025

District Meeting Dates & Locations:

We met on March 21, 2025 at the Henderson County Cooperative Extension office. Our Fall meeting will be planned for October 2025 at the Transylvania County Cooperative Extension Office.

Educational Programs, Tours, Professional Development activities:

At this meeting we shared trainings we had attended like the FCS Institutes and also programs that we have been trained in from other agencies like Area Councils on Aging with each other. We also put together Kitchen Kits from items that were donated through the FCS Institutes and the Cherokee/Clay Food Alliance. We had two of their members join us to help with putting the kits together. We were able to distribute 112 kitchen kits to families in Madison, Yancy, Mitchell, Buncombe, McDowell and Swain counties that were significantly affected by Hurricane Helene. This effort was spearheaded by Marlana Baker, FCS Cherokee County and the Cherokee/Clay Food Alliance which we are very grateful for their support throughout the recovery from the storm.

[Kitchen Kit Drive Article](#)

Other district activities:

In our district we currently have open positions in Haywood, Cleveland, and Burke Counties. We also have had our EBCI FCS position open for quite a while. To add to that, we do not have positions in Avery County and Graham Counties.

The agents in our district have been trying to help and support these counties when they receive requests for information and even with some programming when able.

Professional Recognitions:

Niki Maness, Yancy County, received her Master's of Public Health, UNC Chapel Hill and Certified Health Education Specialist, May 10, 2025

Lindsey Edwards, Polk County, completed Matter of Balance

Abigail Pierce, Henderson County, received Lift Certification and Tai Chi Certification

Shannon Royce, Swain and Jackson Counties, received LIFT Certification, Bingocize Certification and Nutritional Health Education Certification

Jessica Mollet, Madison County, received Tai Chi Certification

Christina Robinson, Mitchell County, Enhanced Fitness Certification

Retirements:

Julie Sawyer, FCS Haywood County, retired on March 30, 2025

Nancy Abasiekong, FCS Cleveland County, retired May 1, 2025.

ANNUAL REPORT SUBMITTED BY: Cathy Hohenstein