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Title

[1*]Name, [1]Name, [2]Name
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ABSTRACT
the author must write down the sections below:
Purposes:
Method:
Findings:
Significance:

ARTICLE HISTORY
Received, 11/11/1111
Accepted, 11/11/111
(Admin use only)
KEYWORDS:
xxxx; xxxx; xxxx; xxxx.

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1. Introduction

the author must write down the sections below:
Background:
State of the Art:
Aim:

2. Methodology

the author must write down the sections below:
Design:
Participants:
Instruments:
Data Analysis:

3. Results and Discussion

the author must write down the sections below:
Result:
Discussion:
Implication:
Limitation and Suggestion for Further Research:

4. Conclusion

State your conclusions clearly and concisely.

5. Acknowledgment (if any)

This is a short text to acknowledge the contributions of specific colleagues, institutions, or agencies that aided the efforts of the authors.

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6. Conflict of Interest

Authors may choose one of the following statements:

- The authors declare no conflict of interest.
- The authors must state any conflict of interest in detail.

7. Author Contributions Statement

All authors confirm that they have read and approved the final version of this manuscript. The contribution of each author to the development of the research should be stated in a single paragraph, using only initials followed by a period. Percentages should be used to indicate each author's contribution (from a total of 100%).

Example: M.I. conceptualized the research idea presented and collected the data. The other two authors (M.M. and S.) actively *contributed to the development of the theory, methodology, data organization and analysis, discussion of the results, and approval of the final version of the work. All authors confirm that they have read and approved the final version of this manuscript. The percentage contributions for the conceptualization, drafting, and revision of this paper are as follows: M.I.: 40%, M.M.: 30%, and S.: 30%.*

8. Data Availability Statement

Please select only one of the following:

- The authors declare that data sharing is not applicable, as no new data were created or analyzed in this study.
- The authors state that the data supporting the findings of this study will be made available by the corresponding author, [corresponding author's initials], upon reasonable request.
- The data supporting the findings of this study are available as "supplementary files" on the Panacea Journal of Nursing and Health Studies website [Supplementary files must be uploaded along with the manuscript upon submission].
- The data supporting the findings of this study are available for consultation only at [site name] via the following link: [list resources and URL].

9. References

Use APA 7th Style and provide link for each references. Please use Management References (***Zotero, Mendeley, or Endnote***)

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Table No. Title of Table

Measurement		Experiment (N=xx)	Control (N=xx)
Pretest	M	xx	xx
	SD	xx	xx
Posttest	M	xx	xx
	SD	xx	xx
t^1		xx	xx
p^1		xx (< .05)	xx (< .05)

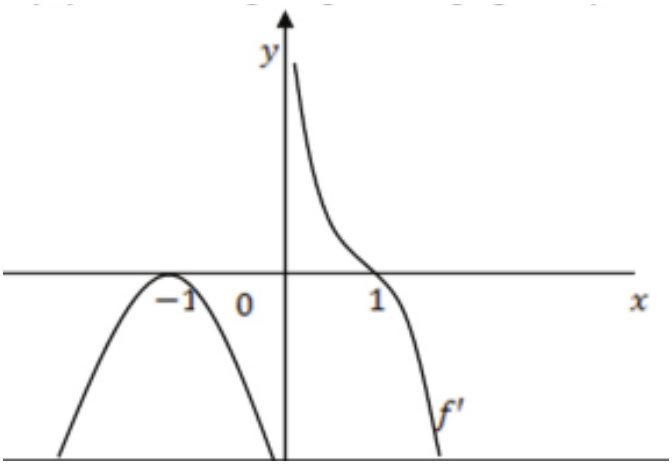


Figure No. Title of Figure

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