

Mannion Middle School

2024 Cross Country Tryouts and Intramurals



Tryouts and intramurals will take place on the field at Mannion Middle School.
Students should bring water, sunscreen, running shoes, and school-appropriate running attire.

2024-2025 Cross Country Intramural Schedule 6th - 8th Grade Girls and Boys

Students must complete registration in Aktivite by August 23, 2024, to participate in intramurals.

Participation in intramurals is not required for tryouts.

Tuesday, August 27, 2024 2:30 PM - 3:30 PM	Wednesday, August 28, 2024 2:30 PM - 3:30 PM	Thursday, August 29, 2024 2:30 PM - 3:30 PM
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2024-2025 Cross Country Tryout Schedule

Students must complete registration in Aktivite by August 29, 2024, to participate in tryouts.

Tuesday, September 3, 2024 2:30 PM - 3:30 PM	Wednesday, September 4, 2024 2:30 PM - 3:30 PM	Thursday, September 5, 2024 2:30 PM - 4:00 PM Parent meeting at 4:00 in the Mannion cafeteria.
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Expectations for the Mannion Cross Country Program

- Cross Country team members should be able to run a 2-mile course within 30 minutes.
- Cross Country team members must maintain academic eligibility to participate in contests.
- Cross Country team members must regularly attend practice to participate in contests.
- Intramurals and tryouts will occur exclusively on Mannion's campus. Practice routes may extend to low-traffic areas near campus, which will be monitored by the coaches.
- Students on the Mannion Flag Football team will not be allowed to participate in the Mannion Cross Country program.