

Wednesday, May 6th, 2020 -- Lisette Oropesa Zoom Masterclass #3

Welcome to our third masterclass together. This time we have carved out for you and for us, to share in music making, growth, and to devote special attention to those parts of our craft that we are working on.

In these classes there will be different levels of singers and artists, ranging from young professionals to undergraduate students, to people who aren't singers at all but want to learn more about our art form and how it can support their own profession.

We are working to create a mindful, safe space for this time to learn together. We want the atmosphere to be open, respectful, and free.

Let's dive in to the topics I would like to introduce for discussion today:

WARMING UP

- To stretch or not to stretch
- Helpful vocal exercises
- Breath and the body
- Letting go of judgement
- Building discipline

COOLING DOWN

- The importance of rest
- Heart rate and hydration
- After a performance
- Vocal-fry-on-an-inhale exercise
- Reflecting on how you did

Vocal Technique Intensive begins May 9th and will consist of a 3 part series. Each class will be 90 minutes long and there will be a special Zoom Breakout Room Privilege for top donors after class. See my email for details.

Schedule for these classes:

Sat May 9th: Part 1: The Breath, Legato, and Coloratura

Sun May 10th: Part 2: Registers and Placement

Wed May 13th: Part 3: Vocal health and vocal issues

Preview of next masterclass's topics at a glance:

VOCAL TECHNIQUE INTENSIVE PART 1 OF 3

THE BREATH

- *Where should you feel it?*
- *Alignment and posture*
- *Breath efficiency and control*
- *Singing in a corset or other costumes*
- *High notes*
- *Dynamic control*
- *Nerves and shallowness of breath*
- *“Support”*
- *The straw exercise? Lip trills?*
- *Alexander, yoga, pilates, cardio, and how they can help*

LEGATO AND COLORATURA

- *What makes great legato, exactly?*
- *Seamlessness in the registers*
- *Skills showcase musicality*
- *Aspirating, singing with the jaw*
- *Building accuracy*
- *Trills, staccati*
- *Building dynamic contrast*
- *Vocal weight*