

Resources on Whiteness, White Supremacy & Healing for White People

This list is a work in progress! Please feel free to make suggestions/additions using the comment function. Email gabriellegelderman@gmail.com with questions

Readings

- **Texts on Collective Liberation:**
 - [From White Racist to White Anti-Racist](#) by Tema Okun
 - [White Supremacy Culture](#) by Tema Okun
 - [The Costs of Racism to White People](#) by Paul Kivel
 - ["Love as the Practice of Freedom"](#) by bell hooks
- **Deeper Reflection:**
 - [On Being "White" ... And Other Lies](#) by James Baldwin
 - [Towards Decolonization and Settler Responsibility](#) by Liza Minno Bloom and Berkley Carnin
 - [A Letter to White Southern Women From Anne Braden](#) by Anne Braden
 -

Resource Lists

- [Decolonising Ourselves - Climate Psychology Alliance](#)

Websites

- [WHITE SUPREMACY CULTURE - HOME](#)
- [Dismantling Racism - Home](#)
- [SURJ: A home for white people working for justice](#)
- [White Awake: Home](#)
- <https://www.susanraffo.com>

Podcasts and episodes

- [Fortification](#)
- [Podcast —Finding Our Way with Prentis Hemphill](#)
- [Seeing White – Scene on Radio](#)
- [Irresistible Podcast](#)
 - [Trauma, Healing, & Collective Power with generative somatics \(Spenta Kandawalla, adrienne maree brown, Prentis Hemphill, & Staci K. Haines\)](#)

- [Ancestral Healing for Anti-Racist White Folks](#)
- [The Emergent Strategy Podcast](#)
 - [The Language of the Body with MawuLisa Thomas Adeyemo](#)
- [On Being](#)
 - [Resmaa Menakem and Robin Diangelo](#)

Books

- **My Grandmother's Hands : Racialized Trauma and the Pathway to Mending Our Hearts and Bodies** by Resmaa Menakem
- **The Politics of Trauma** by Staci Haines
- **Unsettling Canada** by Arthur Manuel

FOR ORGANIZERS:

Tools/ Lists:

- [Tools for White Anti-Racist Organizing](#) by Catalyst Project
- [SONG on the Role of White People in the Movement at This Time](#) by SONG
- [Showing Up for Racial Justice Cross-Class Capacity Tool](#) by SURJ
- [Protocol and Principles for White People Working to Support the Black Liberation Movement](#) by Bay Area Solidarity Action Team

Susan Ruffalo's [📖](#) 2020 somatic resources for white folks

Transformational Racial Justice Spaces for White Folks

- <https://whiteawake.org/>: White Awake combats white supremacy by focusing on educational resources and spiritual practices designed to support the engagement of people who've been socially categorized as "white" in the creation of a just and sustainable society. (Online course Oct 10- Nov 21 2021)
- [Anne Braden Anti-Racist Organizer Training Program](#) This 4 month political education and leadership development program is designed to support the vision, strategy, and organizing skills of white activists in becoming accountable, principled anti-racist organizers building multiracial movements for justice.

Politically Grounded Somatic Courses:

- [Somatics for White Racial Justice Leaders](#)
- **Why white affinity groups?**
[White Anti-Racism Affinity Groups: I Used to Be a Skeptic. But Now I'm an Evangelist — Justin C. Cohen](#)

General Healing Resources:

- [Reclamation Collective](#) : Reclamation Collective is committed to holding space for folks navigating Religious Trauma and Adverse Religious Experiences. We hope to support you as you reclaim, or claim for the very first time, your identity, pleasure, and autonomy.
- [Ancestral Medicine](#) Practical teachings for personal and cultural healing through Earth and ancestor reconnection.

Faith and Anti-Racism:

- [white beloveds: #BlackLivesMatter is not a trend, it's an invitation to our own freedom too](#) by Rev. Margaret Ernst
- [SURJ Faith](#) Resources and support for faith communities to do anti-racist work
- [Guide to Race Based Affinity Groups](#) - UUA