

**Rancocas Valley Regional High School
NJROTC Red Devils
Drill Competition
Saturday
21 March 2026
0700 to 1530**

**RVRHS/NJROTC
520 Jacksonville Road
Mount Holly, New Jersey
08060**

**www.rvrotc.org
jcallaghan@rvrhs.com
daupperle@rvrhs.com**

**(609)267-0830 x-3322
(609)261-1357 fax**

**Uniform of the Day for cadets: Navy Service Uniform (NSU)
S/NSI's are encouraged to wear a uniform or unit polos.**

**This Unit was chartered at RVRHS on October 15, 1973 and is recognized by
the U.S. Navy as a Distinguished Unit with Academic Honors.**

NAVY CORE VALUES: HONOR, COURAGE & COMMITMENT

RVRHS/NJROTC
Drill Competition
Saturday, 21 March 2025

SECTION 1- GENERAL RULES AND PROCEDURES

1. The drill meet is open to Navy & All Service Junior ROTC units. Units need to confirm their participation with a \$150.00 fee. Checks/PO's should be made payable to: RVRHS/NJROTC. This meet will be limited to the first 12 schools who confirm with a check & registration form. Please get your applications & checks in as soon as possible.
2. This competition is run by the Rancocas Navy JROTC cadets. The Unit Commanding Officer and their Staff have overall responsibility.
3. Units should arrive between 0700 and 0730. Commanders Call at 0800. The drill meet will begin promptly at 0830.
4. Conduct: All cadets are responsible to maintain proper military bearing and show good sportsmanlike behavior. S/NSI's are responsible for their cadets throughout the duration of the meet.
5. Armed/Unarmed platoon drill team size: A platoon must consist of a minimum of 10 cadets to a maximum of 17 cadets depending upon whether it is armed or unarmed, including the Guidon and the commander. A Guidon is optional for unarmed only, but required for armed platoon. A penalty will be assessed for any team that is below the minimum number. **RIFLE BUTTS MUST BE PADDED& ORANGE RIFLE CAPS!** Team commanders have the option to use sword or rifle for armed platoon only.
6. First year cadet drill team size: First year cadets are NS1 cadets in their first year of instruction. Teams will consist of squad size of 7 to 11 cadets, including the commander.
7. Exhibition drill team size: The platoon will consist of no less than 10 members, which includes the commander. The maximum number in the platoon is 17. Teams will be penalized for the incorrect number of cadets.
8. Uniforms: The uniform shall be the Navy Service Uniform (NSU) with a garrison cap, SDB's are not authorized. Cadets should wear only authorized JROTC ribbons, medals/drapes are not permitted for this competition. Shoes with taps are not permitted. S/NSI's are strongly encouraged to set the example and be in the uniform. Shoulder cords may be worn and color guard teams may wear leggings and duty belts.
9. Security of drill rifles and equipment: Security of drill rifles, equipment, and other military and personal property is the direct responsibility of each unit. RVRHS is **not** responsible for any lost or stolen items. There may **not be any air rifles** on the premises. Swords may only be carried in their scabbard unless performing. Rifles must not be spun in the hallways.
10. Space assignments: Each unit will be assigned a classroom to stage their unit. A cadet guide will be provided to each unit upon arrival and will be with you throughout the day to assist you in any matter. A sentry from your unit is to be posted throughout the day to ensure security of your classroom. Cadets may not wander the buildings or campus but are encouraged to

observe the competitions. Keep classrooms clean, no food, no soda, do not use the computers! Computer usage is tracked by the school through monitoring by www.Barracuda.com. Classrooms will be checked prior to units leaving to ensure that the rooms are left clean and orderly as they were when you came in.

11. Instructors/Commanders Call: This meeting between the judges, instructors and cadet commanders will take place in B123 at **0800**. There will be no opening ceremony. Closing Awards Ceremonies will take place in the Old Gym. Each unit's event commanders and color guard should form up for this final event. Questions concerning rules and procedures will be clarified at Commanders Call. Discussion with the judges is strictly forbidden. The decisions of the judges are final. Any questions should be directed toward the host S/NSI.

12. Standard Release & Health Risk Screening forms should be on hand with the Unit's Instructors in case of emergency.

13. Smoking: Smoking, vaping, and all tobacco products are prohibited in the school building and on school grounds. The campus is a gang, alcohol & drug free zone.

14. Messing: Food can be purchased in the gym concession area at 0700 through 1600. Please ensure that all trash is thrown away in the proper receptacles. **NO FOOD OR DRINKS ALLOWED IN THE GYM OR CLASSROOMS.**

15. Awards: Knockout (receive medals), Best overall units (1st-3rd trophies), other events (1st-3rd trophies). Events considered for overall points are: Armed/Unarmed Platoon, Academics, Varsity Color Guard, Personnel Inspection and PT team.

16. Performance Areas: The performance area for Armed and Unarmed Platoon and Armed Exhibition is 80 feet by 65 feet in the old (big) gym. The new (small) gym measures 60 feet by 42 feet and is the size of the performance area for Color Guard and New Cadet Squad.

17. Individual Knockout: Unarmed Knockout (IDR) will be conducted before the closing ceremonies in the Old gym. Cadets must wear the Uniform of the Day to participate. Tickets will be sold at the concessions area.

18. Sequence: School teams will perform in alphabetical order. *If there is a gap, be ready to fill it, we want to keep things moving.*

Batting Order: "Up", your team is performing

"On Deck", Formed at the door to go "Up".

"Standing By", in line (the second team outside the door),
ready to go "On Deck"

19. As the host school, Rancocas NJROTC will compete in events, but will not place or take any awards. The host school will only compete in knockout for an overall award.

20. Vending – All food items available for purchase are **Cash** only. No credit cards, Apple pay etc.

SECTION 2 - COMPETITION GUIDELINES

1. Judging: Judging will be reviewed in accordance with the Cadet Field Manual. Any procedural questions should be brought up at the Commander's call or contact host instructors.

2. Senior Judge: The Senior Judge maintains sole judgment and decision-making. All decisions made by the judges regarding rules, procedures, or any other matter necessary to the running of the drill competition are final and no protests will be entertained. If there are

concerns, they need to be given to your School's Team Commanders/Instructors and discussed with the Senior Judge during commander's call.

3. Coaching: There will be no coaching of any kind permitted on the drill floor during any event.

4. Boundaries: During Unarmed, Armed, and Color Guard Drill, the performance of extra movements will result in a 5-point deduction per violation per judge.

5. Scoring: Teams will be given a number based upon where they place overall in each event. The number 1 team will be given a (one), number two team a (two) etc. The team with the lowest score in placing will determine the overall winner for the meet. **Note: Only Personnel Inspection, Academics, Varsity Color Guard, PT, Armed and Unarmed Platoon count toward overall standings.**

Cadet Commander Regulations

1. Cadet Commanders: Cadet Commanders will be judged and evaluated in the following manner. At least three normal paces will be kept from the Head Judge when reporting in.

2. Head Judges: Head Judges will evaluate an individual's voice projection, confidence, consistency, appearance, bearing, and overall leadership of the team.

SECTION 3-EVENTS

Personnel Inspection:

1. Reporting-in/out: When cleared by the drill official, the team commander will fall-in his/her team in a squad formation in front of the head judge. The report will consist of the following: "Sir/Ma'am, (High School Name) JROTC standing by for inspection, Sir/Ma'am." Team commanders are not required to report out.
2. Judging: All teams will be graded on grooming, uniform, military knowledge, military bearing, commander's performance, and overall appearance.
3. Routine: All participating teams will meet in the hallway prior to their designated time. They will "fall-in" a squad formation with the team commander three paces, centered, in front. Once the team is prepared for the inspection, the head judge will inspect the team commander. After the commander has been inspected, he/she will stay in place and wait for the inspection to be completed.
4. Team size: All inspection teams will be *coed* and consist of 8 cadets including the commander.
5. Military Knowledge: Military knowledge will be based upon the 11 General Orders to the Sentry, chain of command, and Cadet's uniform/ribbons/cords/etc. This will include knowing the Commander-in-Chief, Vice President, Secretary of Defense, Chairman JCS, Area 4 Manager. Each cadet will be asked 2-3 questions.
6. The inspection team and the commander will be unarmed.

Color Guard

1. Reporting-in/out: When cleared by the drill official, the team commander will march his/her team directly to the area in front of the head judge for reporting-in. The commander will remain in ranks while reporting-in. Team commanders are required to report out. The report will consist of the following: Sir/Ma'am, (High School Name) JROTC, new cadet/vet color guard, respectfully requests permission to utilize/exit your drill deck, Sir/Ma'am.
2. Judging: Keeping with the provided sequence and maintaining boundaries are important elements in this category. Judges will be concentrating in three areas: upper body to include head and eye movement, lower body to include foot movement, and overall execution as a team. Judging will start when Color Guard reports in and ends when they exit the drill area.
3. Team Size: The team will consist of 4 members. Color guard members must wear garrison caps. The commander of the color guard must carry the National Ensign, regardless of rank. The flag bearers are unarmed and the guards are armed with rifles.
4. Equipment: Flags may not measure less than 3' x 5' in total exterior design. The National Colors will be the senior flag with a service flag or a unit flag used as the second color. The rifle members of the team will carry the Daisy Drill Rifles (or service equivalent). **RIFLE BUTTS MUST BE PADDED. PLEASE UTILIZE THE TWO CADET METHOD WHILE TRANSPORTING ANY GUIDONS OR FLAGS THROUGHOUT THE HALLWAYS.**
5. Penalties: Penalties will be assessed as follows:
 - a. Execution of non-standard maneuvers, 5 points per judge per violation
 - b. Out of bounds, 5 points per violation

- c. Omitting a required maneuver or out of sequence, 5 points per judge per occurrence
- d. Incorrect uniform items, 5 points per judge per violation

*** Note: Gym space for is divided in two, resulting in 60' x 42'**

Unarmed and Armed Platoon

1. Entering Drill Area: Teams will enter the regulation area in a military fashion suited to the unit, but must fall-in centered on the head judge. Team commanders may align the team as necessary
2. Reporting-in/out: When cleared by the drill official, the team commander will “fall-in” his/her team in a platoon formation in front of the head judge. The report will consist of the following: “Sir/Ma’am, (High School Name) JROTC, basic unarmed/armed platoon, respectfully requests permission to utilize/exit your drill deck, Sir/Ma’am.” Teams are required to report out.
3. Judging: Keeping with National Drill Card and maintaining boundaries are important elements in this category. Judges will be concentrating in three areas: upper body to include head and eye movement, lower body to include foot movement, and overall execution as a team. Grading begins as soon as the platoon reports in and ends when team reports out.
4. Team size: The platoon must consist minimum of 10 and maximum of 17 cadets (which includes the commander and the guidon) **Guidon is optional for unarmed platoon only.**
5. Calling Cadence: Calling cadence other than the drill card is not permitted.
6. Equipment: The **armed platoon** will carry the Daisy Drill Rifle (or service equivalent) and **guidon bearer is mandatory only for armed platoon.** The commander of the armed platoon is required to carry a sword or rifle (scabbard NOT optional).
7. Sequence: The entire sequence must be completed from memory.
8. Penalties: Penalties will be assessed as follows:
 - a. Execution of non-standard maneuvers, 5 points per judge per violation
 - b. Out of Bounds, 5 points per judge per violation
 - c. Omitting a required maneuver or out of sequence, 5 points per judge per occurrence
 - d. Incorrect uniform items, 5 points per judge per violation

***Note: Large gym space is 80' x 65'**

1st Year Cadets (Unarmed Squad)

1. Reporting-in/out: When cleared by the drill official, the team commander will fall-in his/her team in a squad formation in front of the head judge. The report will consist of the following: “Sir/Ma’am, the (High School Name) JROTC, new cadet basic unarmed squad, respectfully requests permission to utilize your drill deck, Sir/Ma’am.” Teams are required to report out. The report will consist of the following: Sir/Ma’am, the (High School Name) JROTC, new cadet basic unarmed squad, respectfully requests permission to exit your drill deck, Sir/Ma’am.

2. Judging: Judges will be concentrating in three areas: upper body to include head and eye movement, lower body to include foot movement, and overall execution as a team. Grading begins as soon as the platoon reports in and ends when team reports out.
3. Team size: Teams will consist of squad size of 7 to 11 cadets to include the commander (1 team per school)
4. Calling Cadence: Calling cadence other than the drill card is not permitted.
5. Sequence: The entire sequence must be completed from memory.
6. Penalties: Penalties will be assessed as follows:
 - a. Execution of non-standard maneuvers, 5 points per judge per violation
 - b. Out of Bounds, 5 points per judge per violation
 - c. Omitting a required maneuver or out of sequence, 5 points per judge per occurrence
 - d. Incorrect uniform items, 5 points per judge per violation

*** Note: Gym space for is divided in two, resulting in 60' x 42'**

Armed Exhibition Team

1. General: Armed Exhibition Drill is an open floor exercise utilizing innovative and imaginative maneuvers. High risk movements (like blind tosses) are prohibited. All movements should be related to military drill and should be readily recognizable as a military-related presentation. **RIFLE BUTTS MUST BE PADDED & ORANGE RIFLE CAPS.**
2. Reporting-in/out: When cleared by the drill official, the team commander will fall-in his/her team in front of the head judge. The report will consist of the following: "Sir/Ma'am, the (High School Name) JROTC, armed exhibition, respectfully requests permission to utilize your drill deck, Sir/Ma'am." Teams are required to report out. The report will consist of the following: Sir/Ma'am, the (High School Name) JROTC, armed exhibition, respectfully requests permission to exit your drill deck, Sir/Ma'am.
3. Judging: Judges will be concentrating in three areas: upper body to include head and eye movement, lower body to include foot movement, and overall execution as a team with emphasis on perfection, timing and difficulty of routine. All movements should be related to military drill and should be readily recognizable as a military-related presentation. Grading begins as soon as the platoon reports in and ends when team reports out.
4. Team size: Team will consist of 10 to 17 cadets to include the commander.
5. Calling Cadence: Calling cadence or commands are not permitted.
6. Equipment: The Armed Exhibition Team will carry the Daisy Drill Rifle (or equivalent). Rifle butts must be padded. If not padded, the team will be disqualified from the event.
7. Time Limits: 3-6 minutes. A notice will be given at 3 minutes to alert the commander that the minimum time requirement has been met. If the team is still on the floor when the 6-minute notice has sounded, penalty points will be assessed by the head judge.
8. Penalties: Penalties will be assessed as follows:
 - a. For overtime/under time violations, one point per second will be assessed by the head judge.
 - b. For out-of-bounds, 5 points will be deducted per judge per violation.
 - c. For executing maneuvers considered to be in poor taste, 5 points by the head judge per violation. Maneuvers will be executed that do not have military movement as their basis, which are humorous and frivolous, or bring discredit to the occasion of military drill.

***Note: Large gym space is 80' x 65'**

Academics

The academic exams will be administered using TPC. The test will be offered for three different time frames during the commanders' call for your unit to sign up. The test will be administered in room B123.

1. The exam questions will be taken from the SAT, ACT, ASVAB tests, current events, Military Chain of Command and Orienteering.
2. All teams will be in regulation uniform, start/finish the testing together.
3. The 3 member academic team can be comprised of any combination of NS1 thru NS4.
4. Academics **will count** toward overall standing and will be used for **all** tie-breakers.

Athletic Competition

1. In this section of the competition, the cadet's physical prowess will be put to the test with a Push-up and Sit-up competition testing the cadet's strength and endurance. Each unit may enter their best **four push up (two male & two females)** and best **four sit up (two male and two females)** cadets. This event **will count in the overall standings**.
2. All teams will compete simultaneously against one another. The Instructors & judges will be disbursed throughout the drill competition area. Cadets will be paired with a non competing cadet who will ensure the execution of proper push-ups and sit-ups, as well as keep an accurate count. That count will be reported out loud for verification.
3. Push-ups will be conducted over a two minute period.
4. **No bystanders may enter the competing area.**
5. If the participant breaks form, the judge will immediately physically touch the cadet on the shoulder and state verbally the violation to the cadet. (Example: "you broke form, cadet" or "arms parallel to the deck, cadet") Incorrectly executed movements will not be counted.
6. A judge will only give one warning to a cadet for a violation. On the 2nd warning, the cadet will not be allowed to execute further commands.
 - 1) Males and females will execute both push-up and sit-up commands in the same manner. No gender differences.
 - 2) The time limit for each event is 2 **minutes**. No resting is permitted during either event.
 - 3) Cadets are directed to **NOT** leave their station until their count has been recorded by their judge.

Specific Rules, Procedures, & Regulations

Push-ups

- 1) Push-ups will be performed starting from the **DOWN** position. Cadets will have **two minutes** to perform as many proper pushups as possible. Each cadet gets two warnings if they are breaking form.
- 2) The command used to commence the competition will be "**begin**." A push-up is counted each time a cadet reaches the "**up**" position.

- 3) On the command “**begin**”, the arms will straighten and be fully extended, as well as the legs. The entire body will remain in a straight line, no bending, leaning, or arching, of the back is allowed throughout any part of the competition. **No cadence will be used.**

Sit-ups

- 1) Sit-ups will commence from the **DOWN** position. (Shoulders on the ground, knees bent, thighs at a 45 degree angle with the ground, feet together flat on the ground, buttocks in contact with the ground. Arms will cross the chest, with hands on opposite shoulders. Each cadet has two minutes to conduct as many properly executed sit ups as possible.
- 2) Grasping of t-shirts will **NOT** be allowed during the competition. Doing so will result in a warning from the judge and will then result in the cadet no longer being able to continue in that event after the second warning.
- 3) A team member will hold the **FEET** of the competing cadet. Cadets are permitted to only hold the **FEET**. Holding calves, ankles, or legs is **NOT** allowed.
- 4) One sit-up is counted each time the elbows touch the **MIDDLE OF THE THIGH**, meanwhile cadets must have their shoulder blades touch the **ground**, buttocks must **STAY** on the ground, and the back may not arch. **Cadence will not be used.**

Individual Knockout (IDR)

The knockout will take place in the old boys gym after all PT & marching sequences conclude.

1. All participants will be in regulation uniform unless they participated in PT.
2. There is no maximum number that a school may enter.
3. Arguing with the judges is not permitted.
4. Knockout does not count towards overall standing.
5. Tickets will be sold at the concessions area for IDR.

RVRHS/NJROTC

Registration Form

(Please submit with payment)

Must be received No later than March 10, 2026

Name of School:		
UIC:		
Address	Phone	e-mail
Point of Contact:		
Check Events that you will be participating in.		
Varsity:		
☐ Armed Platoon*	☐ Personnel Inspection*	☐ Armed Exhibition
☐ Unarmed Platoon*	☐ Academics*	
☐ Vet Color Guard*	☐ PT*	☐ Air Rifle
First Year Cadets:		
☐ Color Guard		
☐ Unarmed Squad		
Note: *counts for overall.		
To secure a position in the lineup, please mail ASAP registration & payment of \$150.00 to:		
RANCOCAS VALLEY REG. HIGH SCHOOL NJROTC: NCC Aupperle/NSI 520 Jacksonville Road Mt. Holly, NJ 08060-1298		

Inspection Team/Personnel Inspection Rating Sheet

Unit _____

Total Points Possible: 100 **Points Awarded**

Uniform cleanliness/wrinkle free 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

Uniform fit 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

Haircut Male/Hairstyle female 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

Shoes 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

Clean shave males/Makeup females (Men are permitted to have a neatly trimmed mustache, no other facial hair or sideburns) 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

Accessories (socks, belts, brass clean and neat, polished, correct ribbon placement, and cords) 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

Personal Grooming (Hands, fingernails, hair, earrings, jewelry, etc.) 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

Ability to answer questions in the proper manner. 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

Knowledge 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

March on, report, dismissal 10
Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____ Cadet _____

Total: _____

Team size: 6 including the commander

(Signature)

New Cadet Squad Basic - Rating Sheet

Unit: _____

Total Points Possible: 100

	Possible	Awarded
Uniforms appearance of all unit members	10	_____
Commander's voice, commands, and reports	10	_____
Following assigned drill sequence	20	_____
Dress and alignment during movements	10	_____
Bearing (Military presence and pride displayed by team members.)	20	_____
Precision (Correct execution of stationary and marching movements by individual team members.)	20	_____
Cadence of march (120 S/M)	10	_____
	Total:	_____

Team size 7 – 11 cadets including commander

(signature)

Armed Exhibition - Rating Sheet

Unit: _____

Total Points Possible: 100

	<u>Possible</u>	<u>Awarded</u>
Uniform appearance of all unit members	10	_____
Commanders voice, commands, and report	10	_____
Use of entire drill area	10	_____
Precision of drill movements	20	_____
Difficulty of drill movements	20	_____
Continuity of drill sequence	10	_____
General effect and organization	20	_____
Total	_____	_____

Time limit:
Minimum 3 minutes
Maximum 5 minutes

Actual performance time
_____Min _____Sec

1 Point from team total for each second _____
over the time limit or under the minimum.

Team size 10-17 cadets including commander

(signature)

Air Rifle 3x10 Competition

1. Each school may enter *only* one team of two cadets (one Male one Female shooter). This is strictly an off-site (like a postal) event.
2. The NC-AR10 target must be used.
3. Shooters will compete using the NC-AR10, 3 position air rifle targets, all 3 positions must be shot, utilizing .177 caliber pellet air rifles.
4. Targets must be shot at your own range during the month of March 2023. **DO NOT BRING AIR RIFLES TO THE RANCOCAS DRILL MEET.**
5. Targets must be unscored, retained in the custody of your S/NSI, and delivered to Rancocas/NJROTC/SNSI during Commander's Call by your S/NSI.
6. They must be clearly labeled (name/unit, date, standing/kneeling/prone).
7. They must be **UNSCORED**. They will be scored by the Rancocas NJROTC SNSI.
8. Distance will be 10 Meters (33 feet), slings required.
9. Each target must be signed and dated by your S/NSI coach.
10. Your school & unit assume all responsibility for participating in this event. Rancocas/NJROTC is held harmless.
11. This event will not count in the overall standings. Trophies (1st, 2nd, 3rd place) will be awarded to the **highest cumulative score**.

****Navy nationals drill cards will be provided upon request****