

Trenton's 60 Day Rainmaker Challenge

Accountability Document - **UPDATED 8/19**

Whats up G's. This will be the accountability document you will use to keep yourself on track and also accountable to your fellow G's to hold up your commitment to become a Rain Maker.

Upload this to the Agoge Competitions Chat at the end of every day so we can monitor your progression and help you where you need it.

Tag me (and Cole) when you upload this. This will help us all better understand the situation you are in and how to help you GET WHAT YOU WANT.

Show Agoge 01 who owns this campus.

How many hours of sleep did you get last night?

- **5, I promise I'm working towards fixing it**

What is the critical task you completed today that is moving the needle most?

- Did around 40 cold calling outreaches to businesses in Hawaii in 2 GWS

What were your achievements today?

- I outreached the first roofing companies. As I was testing my outreach, from 10/25 calls answered I just got 1 email from an owner.
 - After I finished the test and found out what was working and what wasn't, I called car dealerships, and from like 8 replies I got 4 emails from the owners/sales managers.

Twilight review on the day:

- As I trained super hard yesterday and didn't sleep the necessary time, I woke up at 12pm and was all dizzy and drowsy until like 5.
 - That's when I used Luc's technique of drinking some lemon water with salt and took a 30 minute nap + hot shower

Wins:

- 2 GWS of ONLY the task that moves the needle

Losses:

- Woke up 12 m
- Didn't start with the GWS until 6 pm

Insights learned today and how you will apply them to hit your goal:

- Using that power nap was the thing that saved the day (combined with Luc's lemon water and salt)

Tomorrow's tasks:

- Follow up with the 2 leads from real estate
- Send emails to the 5 email leads I got from cold calling, offering a short 15 minute call or a Loom video
- Blast local outreach

Any other thoughts you have on your current situation and what you need to work on:

- It's stupid to continue with this sleep cycle. It's a bad habit I've had all of my life, not having a scheduled, plan and choreographed daily GCal routine.
- I'm not 100% sure if my brain revealed the first 6 hours of the day because of the lack of rest or if it's a combination of not rewarding myself for the job I've had
- I'm really pissed because of not having money. There are 3 days left of the challenge. I must address everything, use the Agoge resources at my best, because it is probably that because of Parkinson's Law applies here