



The Title Represents the Content of The Whole Article (Font: Fira Sans, 12 pt)

Author 1*, Author 2

Study Program, Faculty, University, Country

Article's Info

Abstract

Article's History:

Submitted MM DD, YY

Revised MM DD, YY

Accepted MM DD, YY

Keywords:

Keyword1, keyword2,
keyword3, keyword4,
keyword5, keyword6

DOI:

<https://doi.org/xx.xxxxx/xyxyxy>

* Correspondence E-mail:
author@mail.com

Introduction: Provides background information on the topic of the study. It explains the problem being investigated, reviews relevant literature, identifies gaps in knowledge, and states the research question or hypothesis. Its purpose is to set the context and justify why the study is important **Objectives:** Clearly states the aim or goal of the study. It defines what the researchers intended to achieve or explore through their investigation. **Method:** The Method section describes how the study was conducted. It includes study design, participants or subjects, data collection procedures, material or instruments used, and analysis technique. **Result:** presents the findings of the study, often with the help of tables, graphs, and statistical analysis. It reports what was found but does not interpret the results interpretation is saved for the discussion or conclusion section. **Conclusion:** summarizes the key findings and their implications. It answers the research question and may suggest practical applications, policy recommendations, or future research directions. This section helps readers understand the overall significance of the study.

INTRODUCTION

The introduction brings the reader to the main topic of the article. The background or introduction gives the answers why the research is conducted (research urgency), what have been done by the previous researchers or the related scientific articles that are developing currently, the novelty of the research, what is the purpose in writing this article and the contribution based on the result of the research. The references (based on books or previously published article taken from journal) are needed to be stated in this article, also the relation to justify the urgency of the research, emerging research problems, alternate solution, and the chosen solution that have been taken.

METHOD

Consists of research design, time and place of the research, the subject of the research, the procedure (elaborated based of the type of the research), the instruments in collecting the data and the analysis technique, also others matter that related to how the research is conducted. The time and place of the research must be written briefly. The target/subject of the research (for qualitative research) or sample-population (for quantitative research) needs to be elaborated in this part. It is also important to mention the technique in getting the subject (qualitative research) and/or sampling technique (quantitative research).

RESULT AND DISCUSSION

Result

The result of the research is presented in the form of chart, table, or description. The analysis and interpretation of the result is needed to be elaborated before being discussed. The discussion is focused of elaborating the data and result of the analysis with the problems of the research or the purpose of the research in a broader theoretical context. In the discussion, also, providing answer of why based on the facts taken from the data. The discussion is written according to the data that is being discussed and supposedly not biased from the data result.

Discussion

The Discussion section of a journal article interprets and explains the meaning and significance of the results. It connects the findings to the original research question or

hypothesis, compares them with previous studies, and explores why the results may have occurred.

CONCLUSION

The conclusion can be a generalization based on the finding to research problem, can also be a recommendation for further researchers.

REFERENCES

in organizing the references, the author should follow the standardized guidelines consistently. To keep the consistency in citing and writing the references, it is suggested to use Reference Manager application such as, Zotero, Mendeley, Endnotes or other Reference Manager Application. The reference is written in single space, and between the reference using 1 space.

The reference should be new and related. Using the publications (that was published 10 years) may be allowed approximately 25% of total reference. Also, it is suggested to use scientific writing about 80% of the total reference. All the citation this article should be put in the references and cited using APA Style 6th Edition.

Kovacevic, T., & Opic, S. (2014). Contribution of Traditional Games to the Quality of Students' Relations and Frequency of Students' Socialization in Primary Education. *Croatian Journal of Education - Hrvatski Casopis Za Odgoj I Obrazovanje*, 16(1), 95-112.

Ngafifi, M. (2014). Advances in Technology and Patterns of Human Life in Socio-Cultural Perspective. *Kemajuan Teknologi Dan Pola Hidup Manusia*, 2(1), 33-47. <https://doi.org/10.21831/JPPFA.V2I1.2616>

Ode, L., Basri, A., Momo, A. H., Marhadi, A., Rahman, A., Ode, L., & Jers, T. (2018). The Unsustainability of Kalego Traditional Game among Muna Community of Watopute District. *14(2)*, 12-17. <https://doi.org/10.5539/ass.v14n2p12>

Q.A.P, Ukasyah., Irfansyah. (2015). Identifikasi Faktor-Faktor Permainan Tradisional Bebenangan Sebagai Basis Perancangan Game Pemicu Peningkatan Sistem Motorik Anak. *Jurnal Sosioteknologi*, 14 (2), 124-140.

Tedi, W. (2015). Perubahan Jenis Permainan Tradisional Menjadi Permainan Modern Pada Anak-Anak Di Desa Ijuk Kecamatan Belitang Hulu Kabupaten Sekadau the Traditional Games Changed in To Modern Games To the Children in Village Ijuk Belitang District of Hulu Sekadau. *S-1 Sosiologi*, 3(4), 1-17. Retrieved from <http://jurnafis.untan.ac.id>

TABLE AND PICTURE

The title of the table is written using title case, sub-title put in each column, concise, and brief. Mention the table in the text (ex: see table 1), made without using vertical lines, and put the title on the top of the table. Every table that is put in this article should be mentioned in the text and the position of the title should be put on the top/bottom of the table.

The text in the table should be written in Fira Sans MT, 9pt. If the width of the table cannot be put in the half of the paper, it can be put in a full-size paper. If the title is more than 1 row, use single spacing. As the example, it can be seen in table 1.

Table 1. Characteristics of Research Subjects

Variable	N	%
Age (years)		
19	17	47.2
20	15	41.7
21	3	8.3
22	1	2.8
Gender		
<30 seconds	0	0
30-120 seconds	4	11.1
>120 seconds	32	88.9

Table 2. Normality Test

Variable	Shapiro-Wilk	Sig. (p-value)	Description
Upper trapezius muscle endurance	0.857	0.000	abnormal

Table 3. Spearman Rank Correlation Test

	Upper trapezius muscle endurance	CVA	Sig. (p-value)
Upper trapezius muscle endurance	1.000	0.433	0.008
CVA	0.433	1.000	0.008



Figure 1. Upper trapezius muscle endurance measurement

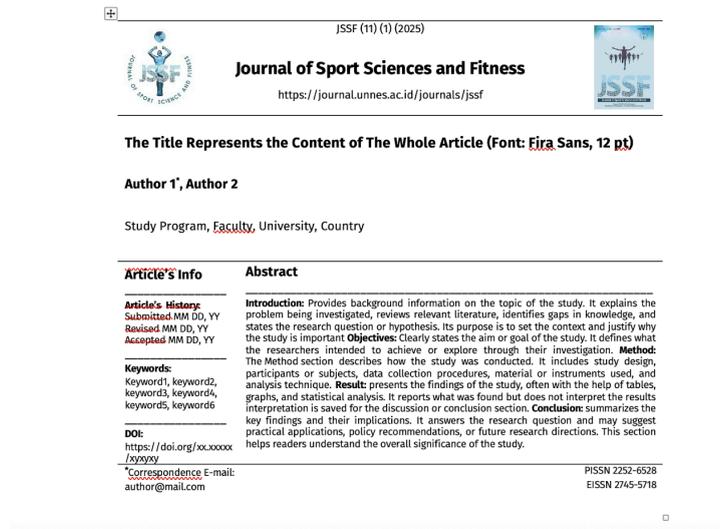


Figure 1. JSSF Template Format