

The Don't Freak Out About Midterms Guide

When studying for a large test, there's no need to freak out. Learning is hard sometimes, but reviewing is easy. You've already learned all this material, ultimately you just need to set out a time frame to review the concepts we've covered. It shouldn't take as much time or energy as learning something new! Just take 10-25 minutes per day for five to seven days before the test to review, and you're good to go.

Suggested Schedule:

How many days before the midterm...	What tasks should I do for science today...	Time it should take...
8	<ul style="list-style-type: none">● Get your "Enzymes & Biochemical Rxns Quiz" out. Cover the answers and try to reanswer them.● Play this Enzymes and Biochemical Reactions Biology Review kahoot	20 mins
7	<ul style="list-style-type: none">● Get your "ATP -ADP Quiz" quiz out. Cover the answers and try to reanswer them.● Play this ATP Fire Round Review Game	15-25 mins
6	<ul style="list-style-type: none">● Get your "Energy Flow Through Ecosystems" quiz out. Cover the answers and try to reanswer them.● Play this Energy Flow Through Ecosystems Review Game	15-25 mins
5	<ul style="list-style-type: none">● Get your "Photosynthesis" quiz out. Cover the answers and try to reanswer them● Play this Photosynthesis kahoot	10 mins
4	<ul style="list-style-type: none">● Get your "Cellular Respiration Quiz" quiz out. Cover the answers and try to reanswer them.● Play this Cellular Respiration Fire Round Review Game	15 mins
3	<ul style="list-style-type: none">● Get your "DNA Structure & Replication" quiz out. Cover the answers and try to reanswer them. AND / OR● Play this DNA Structure & Replication kahoot	15 mins
2	<ul style="list-style-type: none">● Get your "Protein Synthesis" quiz out. Cover the answers and try to reanswer them. AND / OR● Play this Protein Synthesis kahoot	15 mins

1	<ul style="list-style-type: none">● Get your “Meiosis” quiz out. Cover the answers and try to reanswer them. <p style="text-align: center;">AND / OR</p> <ul style="list-style-type: none">● Play this Meiosis Fire Round Review Game	15 mins
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