

Summer Orzo Salad

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NOTE: This recipe serves about 6 people as a side dish. When taking to a function, I triple the recipe.

Ingredients:

1 cup orzo

1/4 cup greek lemon yogurt

1 tsp lemon juice

2 TBSP honey

3 fresh mint leaves, chopped

2 - 3 oz fresh blackberries

2 - 3 oz fresh raspberries

OPT: 1/3 cup Honey Bunches of Oats clusters (you can take them out of the cereal or you can buy the clusters only)

Directions:

*Rinse the fruit, gently pat and allow to dry on the counter.

*Cook the orzo al dente, according to package directions. Rinse well with cold water, a few times to completely stop the cooking process. Drain well and refrigerate in a bowl.

*Chop or crush the cereal clusters so the pieces are small. Seal in a plastic bag and set aside until ready to serve.

*Mix together the yogurt, lemon juice, honey and fresh mint. Add this mixture to the orzo.

Very gently, so as to break up the fruit as little as possible, fold the fruit into the orzo. Cover and refrigerate.

*When ready to serve, top with the cereal clusters, if desired.