

# **Butterfly Unit Study for Preschool - First Grade**



**By Safe Haven Homeschooling**



**May the wings of the butterfly kiss the sun,  
And find your shoulder to light on,  
To bring you luck, happiness, and riches,  
Today tomorrow, and beyond.**



**The caterpillar does all the work,  
but the butterfly gets all the  
publicity.**



**Safe Haven Homeschooling**

# Butterfly Unit Study for Preschool - First Grade

These are suggested activities. You don't have to do them all. Just do the ones that your little one is interested in. Make this fun for your child. They will learn some things about butterflies.

But this is really just an introduction to the fun of learning.

Some of the skills are advanced for children younger than 5. If you are doing this with a 3- or 4-year old, I would suggest doing alternative activities that don't require refined fine motor skills. You can let them try an activity, but if it is frustrating for them or they don't even want to try, take that as a sign that they are not ready for it.

You can do one or two activities each day and finish in a week or two. Or you can stretch it out longer. It's up to you!

These are the activities that you can choose from:

- Finger play
- Poem
- Craft
- Music
- Video
- Picture Books to read aloud
- Writing practice
- Counting
- Science
- Movement
- Fun snack

Butterflies



## Finger Play

**Five Little Caterpillars**

[Nursery Rhyme Finger Play - Five little Caterpillars by Alina Celeste](#)



## Poem



You may want to have your child memorize this poem.

Butterfly  
Flutter by,  
Butterfly,  
Floating flower  
in the sky.  
Kiss me with your  
Petal wings—  
Whisper secrets,  
Tell of spring.  
*Author Unknown*

## Craft Project



[Butterfly Art Project for Kids](#)

## Music

**If I Were a Butterfly** by Heritage Kids

<https://www.youtube.com/watch?v=7jA1hARcmzo>

## Video

**The Very Hungry Caterpillar** by Eric Carle

<https://www.youtube.com/watch?v=75NQK-Sm1YY&t=45s>

## Books to Read Aloud

[Butterfly Park](#) by Elly Mackay

[The Very Hungry Caterpillar](#) by Eric Carle

[How to Hide a Butterfly and Other Insects](#) by Ruth Heller

[A Butterfly is Patient](#) by Dianna Aston

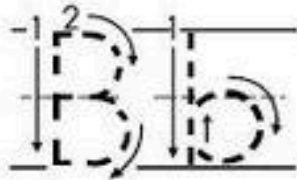
## Writing Practice

Print out the practice sheet on the next page, and follow the instructions.

Write your name.

Practice writing the letter b. Say its name and common sound (consonant).

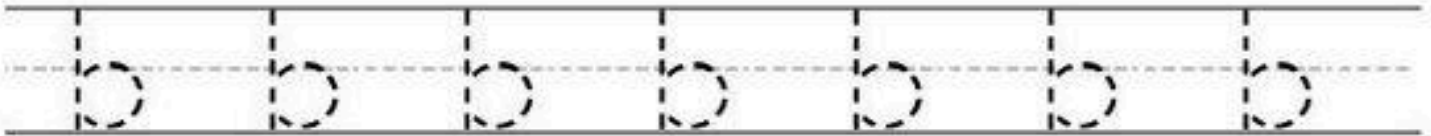
B b



/b/  
book



Trace the lowercase letters.



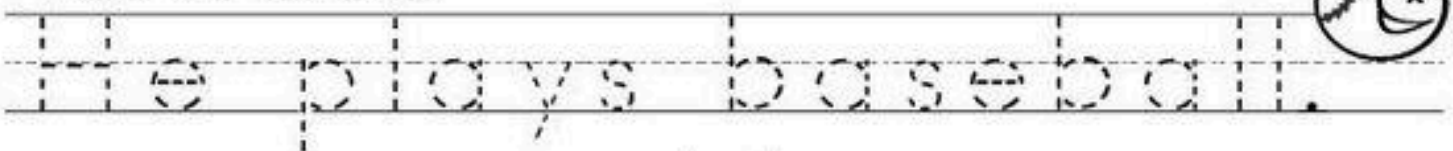
Write the lowercase letter "b" several times.

Trace the uppercase letters.



Write the uppercase letter "B" several times.

Trace the sentence.



[www.sightwordsgame.com](http://www.sightwordsgame.com)



I prefer to teach my kids ***Italic Handwriting*** by Getty Dubay. If you would like to see a sample of their letters A and B, click on this link:

<https://www.guesthollow.com/homeschool/printables/files/abitalic.pdf>

I think the slant and the more oval, flowing formation of the letters is more natural for young children just learning to write.

- Italic print and cursive letterforms are identical — there is no need to learn new letterforms for cursive.
- Italic is cleaner — there are no loops or excessive serifs to mask the letter.
- Italic is more natural — the basic shapes are ovals and sloped lines, rather than circles and vertical lines that are more difficult to replicate

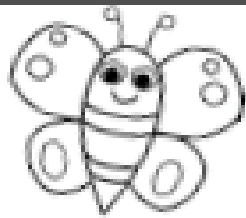
You can find **Getty-Dubay Italic books** at <https://handwritingsuccess.com> or at other curriculum websites, such as <https://rainbowresource.com> or <https://christianbook.com>

## Counting

Use manipulatives like colored plastic teddy bears or M&M's.

Or if you can find some manipulatives shaped like butterflies or some toy butterflies - that would be even better!

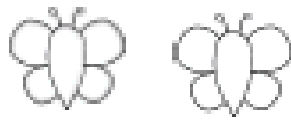
Have your child count as high as they can. Then see if they can write some of the numbers on a paper. Or do the following page.



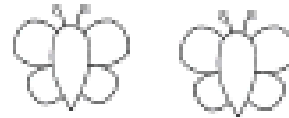
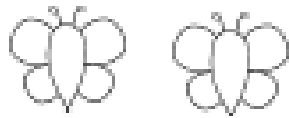
Name \_\_\_\_\_

# How Many Butterflies?

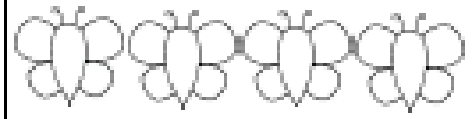
Count the pictures and circle the number.



2      3      4



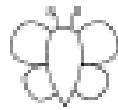
2      3      4



7      8      9



2      3      4



8      9      10



6      7      8



3      4      5



6      7      8



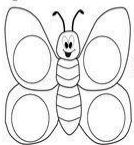
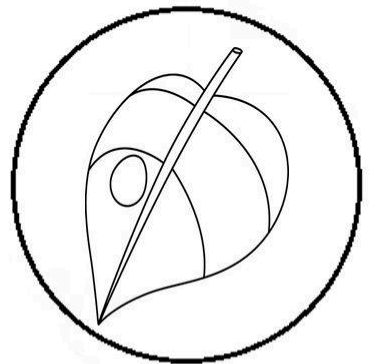
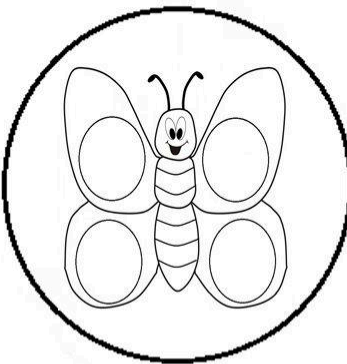
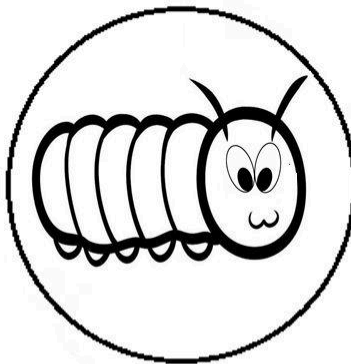
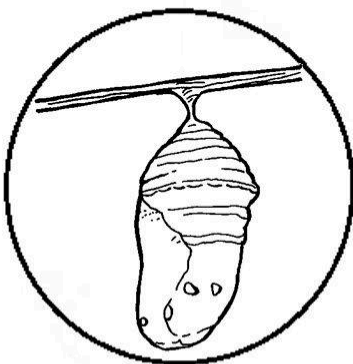
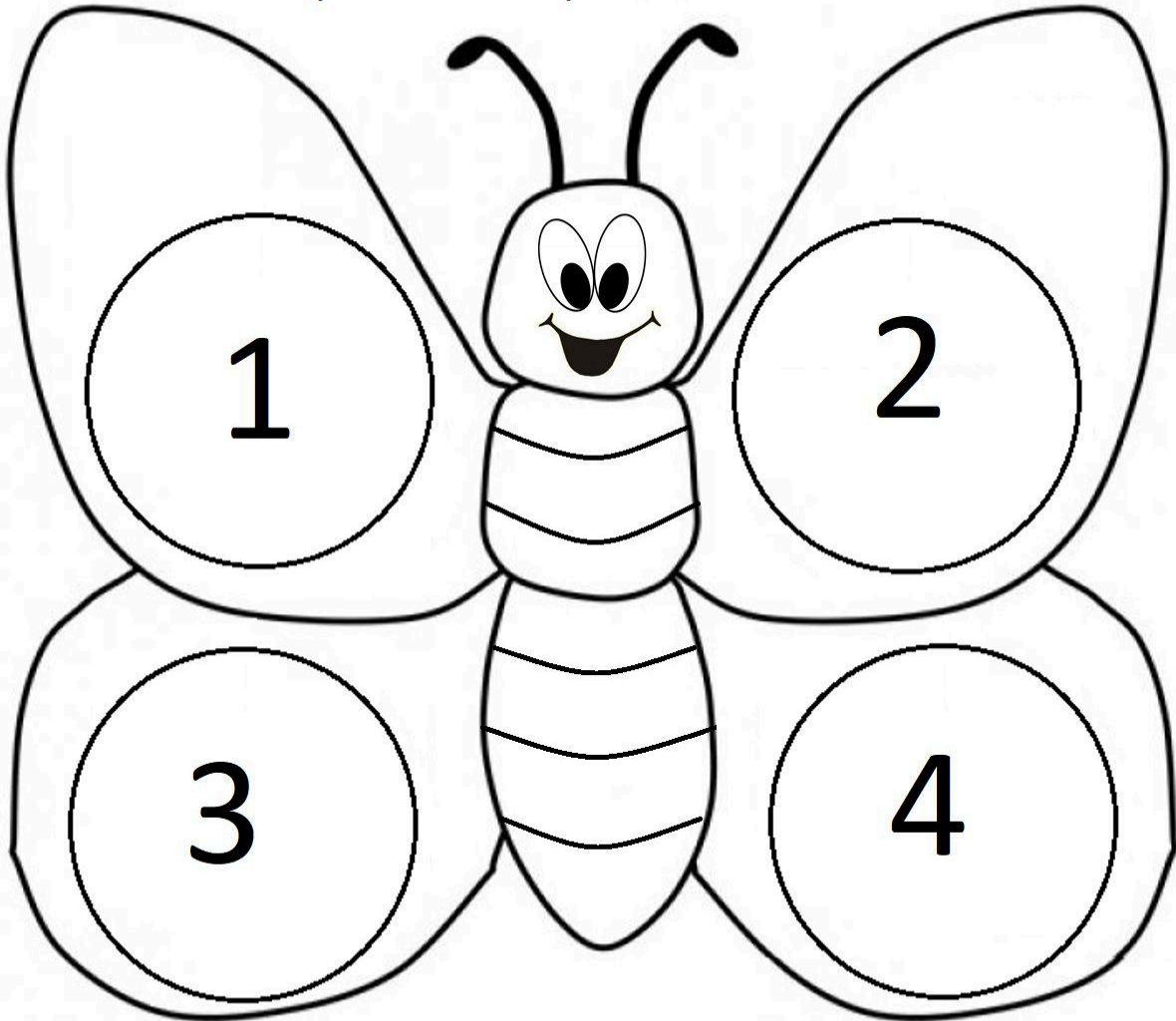
7      8      9

## Science

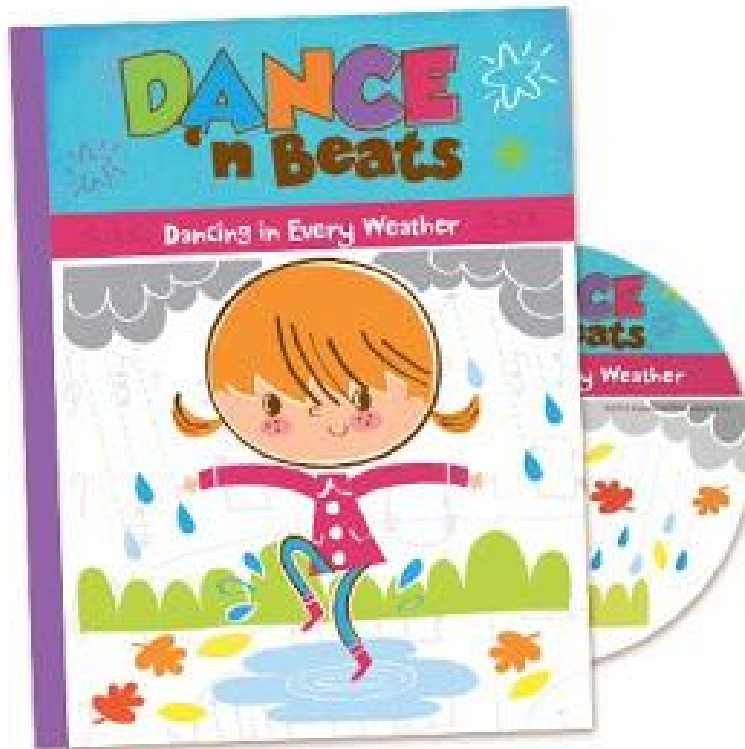
Put the pictures on the next page in the right order, and put the words in the title in the right order, too! :)

# Life of cycle butterfly

Cut out the pictures and paste them in the correct order.



## Movement



A sweet little dance called "Fly Butterfly Fly"

[Preschool Learn to Dance: Butterfly Wings](#)

## Fun Snack



[Orange Slice Butterflies](#)

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I hope you enjoyed this Butterfly Unit Study!

Now go out and find some butterflies or go to a Butterfly House near you, and see how many you can find.

And if you're really excited about butterflies now, learn some different types of butterflies. My favorites are Monarch Butterflies! I have even raised lots of them from caterpillars.

That's another great activity to try! Find some caterpillars in the spring, and bring them into a butterfly enclosure in your house. Make sure you get lots of plants for them to eat. Find out what their host plant is. Monarch caterpillars eat milkweed. You can buy it from a nursery.

We have raised about 100 caterpillars that have become Monarch Butterflies. We always name them and bless them before we release them.

Here's a good article that will help you get started:

[5 Steps to Rearing Monarchs at Home](#)

<https://penneydouglas.com>