

Tab 1



Student and Parent Handbook

2025-26



MDP Collective Handbook

Welcome to MDP Collective!

An Enlightening Approach to Movement

MDP Collective is a **Movement** studio with roots in **Dance** (“**Ballet**” in French) and **Pilates**. We bridge the practice and experience of movement and life. Youth classes are offered before and after school at **Aspen Academy**.

Led by **Maya Devi Pingle**, the studio blends **tradition with innovation**, offering classes for **PreK through Adult**.

*Please review this with your child, as the purpose of this program is to empower students with life skills, responsibility and confidence. Their process will not be as successful without your attentiveness and support. **The registration link is attached at the end of this handbook.***

WHAT TO KNOW BEFORE REGISTRATION:

- This program goes through the school year. The December 10th and April 26th performances are what we work towards.
- To reserve your spot in a class, the Registration Fee and 1 month tuition is due at the time of enrollment.
- Registration fee is \$35/per person, max \$100 per family.
- Monthly payments will occur on the 1st of the month, beginning September 1-April 1st (8 additional months after 1 month at registration).
- Tuition pricing is determined based on how many classes are offered in that level and split into 9 payments. MONDAYS have the least amount of sessions.
- Sibling discount for the school year is 10% off higher tuition pricing.
- Partial Scholarships are available.



***Cancellation Policy:**

By enrolling, students are committing through their class obligation of September through April.

EXCEPTIONS:

1. *After your first class, if you wish to cancel, you may cancel for a refund of unused classes. Email within the first 6 days of your first class.*
2. *If you choose to discontinue classes for January 1st, emailed written notice by December 1st will cancel tuition and sessions beginning January 1st-April 1st.*
3. *NO refunds will be provided otherwise unless clear and extreme circumstances.*

FURTHER INFORMATION:

Location: Aspen Academy, 5859 South University Blvd Greenwood Village, CO 80121

Entrance/Parking: Please enter at University blvd OR Orchard blvd. Park on the west side of the building, facing Curtis Park. The main entrance is the south doors on the west side of the building **at the crosswalk from the parking lot.**

Start Date of Studio classes: Tuesday, September 2nd, 2025 . The Ballet Bodhi starts August 27th.

Last Week of Studio classes: April 13th WEEK, 2026 (See [calendar](#) for specifics after July 15th, 2025)

Holiday Showcase: Wednesday, December 10th, Time 5:30 pm. This cost is included in your tuition and free for families and friends.

End of the year Spring Performance Concert: All students enrolled are highly encouraged to join. ***It is a separate fee.*** Rehearsals are mandatory. April 20th week Monday and Wednesday for all cast and Friday, April 24th (The Ballet Bodhi only). This performance is Sunday, April 26th at The Elaine Wolf Theater. *This performance is not mandatory for enrollment, but is the culmination of the year and an important piece of this program and each dancer's growth.*

Calendar: Dates are listed at "parent information" on the website and the google calendar [here](#) by July 15, 2025. Studio closures reflect Aspen Academy/Littleton Public Schools calendar. Spring break is 1 week this year (March 23rd week) and Winter Break is 3 weeks, to accommodate the majority of schools.



The Ballet Bodhi -an enlightening approach and movement

Join the experience!

MINIS, RISING, EMERGING

2 years dance experience, or previous private lessons.

The Ballet Bodhi was established to create an opportunity to the highly practiced art with less time commitment and instill the positive benefits of traditional Ballet. With the root and knowledge of Ballet technique, dancers explore Contemporary dance, Jazz, Hip Hop, World dance and Improvisation while reflecting on self, creating stories and themes with voice overs, choreography and community performances. Volunteering and Community are key for Middle School and High School programming.. Students participate 4-6 times a year in program performances, and are featured in the Holiday showcase on December 10th and also the April Spring concert April 26th (an additional fee).

RISING: MIDDLE SCHOOLERS

4:15-5:15 pm Mondays Pre Pointe

5:15-6 pm Rehearsal, community shows

4:15-5:15 pm Wednesdays Contemporary

5:15-6 pm Rehearsal, Community shows

Sundays: DBT performances every 4-6 weeks(separate membership) Dates to come

\$280/monthly August 13th-April 26th with a yearly one time registration fee (\$35)

DRESS CODE: Pink transition tights, Black transition tights, Pink split soled leather ballet shoes, Black split soled slip on jazz shoes, Black leotard with thin straps, Uniform color to be purchased with Ms. Pingle when season begins.

MINIS: Lower school

3:30-4:15pm Mondays BODHI 1

3:30-4:15 pm Wednesdays MINI rehearsal and performances

\$160/monthly August 13th-April 26th with a yearly one time registration fee (\$35)

DRESS CODE: Pink transition tights, Black transition tights, Pink split soled leather ballet shoes, Black split soled slip on jazz shoes, Black leotard with thin straps, Uniform color to be purchased with Ms. Pingle when season begins.



Boogie Bugs N' Fairy Tails 2

Ages 4-6 (prek-Kindergarten)

Previous Boogie Bugs 1 preferred. Potty trained. 3 year olds enrolled by invitation.

*This performance style class is a 45 minute creative movement experience that teaches ballet technique with a more creative and playful approach, using story and expression to find self awareness, confidence and the skills it takes to BE a Boogie Bug. Class will include a variety of dance and music styles, with a showcase performance December 10th and April 26th). Each lesson will focus on Ballet, Musical Theater, Jazz and Hip Hop and is designed for all genders. **This class will run all year.** The April dance concert is a separate fee.*

3:30-4:15 pm TUESDAYS

September 2-April 14th

\$89/ 9 payments with yearly one time registration fee (\$35)

DRESS CODE: *Hair must be away from the face, pulled back.*

- Dancers choice: Simple costume, ballet leotard/skirt/tutu or tshirt and leggings **in any color**. Most children have a set dance outfit they like to wear.
- Required for performances: Pink or skin toned tights with Pink or skin toned leather ballet shoes, leotard any color /boys traditionally wear Black tights with Black leather ballet shoes/ white tshirt tucked.

Bodhi 1

Ages 5-7 (Kindergarten-1st grade)

No dance experience necessary. 4 year olds enrolled by request and invitation.

This performance style class is a 45 minute basic technique experience that coaches ballet posture, positions with a more creative and playful approach, using expression to find self awareness, confidence and skills. Class will include ballet floor and skills, jazz basics, improvisations and diverse music styles,



*with a showcase performance December 10th and the April 26th concert. This is the prerequisite and required for The Ballet Bodhi Minis (See The Ballet Bodhi performing group information) **This class will run all year.** The April dance concert is a separate fee.*

3:30-4:15 pm MONDAYS

September 8-April 13

\$74/ 9 payments with yearly one time registration fee \$35

DRESS CODE: *Hair must be away from the face, pulled back.*

Light Pink leotard (lycra not cotton keeps the color the best) Brands that work well are Bloch, Capezio and more. Please have ONE light pink leotard with thin straps. Any style and cut is fine.

Pink transition tights (feet open up but also cover), Black transition tights, Pink leather split soled ballet shoes, Black split soled slip on jazz shoes.

Bodhi 2

Ages 7-10 (1st-4th grade)

No dance experience necessary. 6 year olds enrolled by request and invitation.

*This 45 minute progressive technique based class reviews ballet posture, positions with the progressions of steps and transitions to create dances in the priority of Ballet and compares and contrasts with modern and jazz. As always, expression is emphasized to find self awareness, confidence and skills. Class will include ballet floor and skills, jazz basics, improvisations and diverse music styles, with a showcase performance December 10th and the April 26th concert. This is the prerequisite and required for The Ballet Bodhi Minis (See The Ballet Bodhi performing group information) **This class will run all year.** The April dance concert is a separate fee.*

3:30-4:15 pm TUESDAYS

September 2-April 14

\$89/ 9 payments with yearly one time registration fee \$35

DRESS CODE: *Hair must be away from the face, pulled back.*

Light Blue leotard (lycra not cotton keeps the color the best) Brands that work well are Bloch, Capezio and more. Please have ONE light blue leotard with thin straps. Any style and cut is fine.

Pink transition tights (feet open up but also cover), Black transition tights, Pink leather split soled ballet shoes, Black split soled slip on jazz shoes.



Bodhi 3

Ages 9-13 (4th-8th grade)

Some dance experience necessary depending on class below.

*May take one class or both. This is the prerequisite and required for The Ballet Bodhi Rising (See The Ballet Bodhi performing group information) **This class will run all year.** The April dance concert is a separate fee.*

PREPOINTE: This preparatory class will better prepare students for Pointe shoes when ready (not required). Ballet Floor barre, barre, center skills are to strengthen, stretch and balance. Dance combinations are taught each week for preparation of dance performances.

CONTEMPORARY: Students will use their knowledge, skills and strengths of proper placement in the body, extension of the legs, shaping of the feet and upper body positions and find the “uncentering” and freedom with the root of ballet dance. Memorization and repetition will be emphasized with more challenging classroom sequences and skills in the modern version of dance that we see today.

4:15-5:15 pm MONDAYS PRE POINTE

4:15-5:15 pm WEDNESDAYS CONTEMPORARY

September 3-April 15

\$89 MONDAYS/ 9 payments with yearly one time registration fee \$35

\$110 WEDNESDAYS/ 9 payments (one time registration)

Both classes together:

\$189/ 9 payments with yearly one time registration fee \$35

The Ballet Bodhi RISING is \$280 total with rehearsals and these two classes.

DRESS CODE: *Hair must be away from the face, pulled back.*

Any color leotard or unitard for class. Please have ONE black leotard with thin straps. Any style and cut is fine.

Pink transition tights (feet open up but also cover), Black transition tights, Pink leather split soled ballet shoes, Black split soled slip on jazz shoes.

Bodhi 4 and The Ballet Bodhi Emerging Program



High school program coming soon with collaboration of Dance sessions, Volunteer work in the community and with MDP Collective (assist teaching, backstage work, creating projects at Assisted living facilities, Children's hospital) and Denver Ballet Guild "Guild for Teens" program. Sundays 3:30 pm most weeks

REach out to mdp@mdpcollective.com if you have an interested student!

The Boys Dance Club

Ages 7-11 (1st-4th grades, some exceptions)

It's a good morning with The Boys Dance Club! Get a great start to your day with stretch, cardio and strength training, coordination and MOVES! Be a part of the movement that can prevent sports injury, provide more body awareness, promote a brain and body connection, and have fun with friends while learning dances to upbeat tunes with Hip Hop and breakdancing styles! Coordination and memorizing steps and combinations will be a progression each week in this course. Students will perform in the Aspen Academy Morning performance, Holiday Showcase on December 10th and also the Spring concert April 26th for an additional fee.

7:30 am-8 am Wednesdays, September 3 -April 15th

\$65/9 months with yearly one time registration fee (\$35)

DRESS CODE: School clothes or something comfortable and clean sneakers.



REFUNDS and EXPECTATIONS

REFUND POLICY

- *Registration fees are non-refundable following registration. Registration/supply fee payment is due at the time of registration to hold your spot.*
- *The monthly tuition is subject to a refund of unused classes within 8 days of the student's **first class**. After that time, no refunds will be given for a prior payment.*
- *April Spring Performance Fee will be released at a later date for students committing January-April 26th. This fee will include costume, rehearsal, theater, and choreography costs. There are no refunds.*
- *Withdrawals will be accepted for the cancellation of monthly tuition **before December 1st FOR January 1st tuition and after**, if you notify Maya Pingle via **email by December 1**. There will not be withdrawals from tuition after December 1st.*
- *Withdrawals or suspension from the payment plan due to injury/sickness will only be allowed at the discretion of Maya Pingle and with an accompanying doctor's note.*

ATTENDANCE

- *Students who do not attend class on a regular basis will quickly fall behind and not build the necessary skills, strength, choreography and **confidence** to function with a positive, balanced experience. It is highly suggested that a student commits to attending each class for the best experience.*
- *When your child is absent or planning to be absent, I will expect you to notify me with as much advanced time as possible, via the parent portal or email at mdp@mdpcollective.com.*
- *If a student has more than 4 absences a semester, please expect that it may affect their performing opportunities, as well as their progression in class.*
- ****End of the year performance-** STUDENTS MUST ATTEND CLASSES SCHEDULED AND ALL REHEARSALS IN APRIL. IF MISSED, THIS MAY RESULT IN NOT PERFORMING FOR THE CONCERT or not performing in sections such as the finale.*



- *The calendar is listed on the website www.mdpcollective.com and [HERE](#) after July 15, 2025. Check for dates that we have no class.*
- *Make up classes can be an option dependent on level. Email for inquiries. Tuition has been prorated based on how many classes given and then the cost is split into 9 months.*

DRESS CODE

- ***Specific dancewear can be purchased at this [link](#) for Discount Dance Supply online after August 1st or can be tried on in person and purchased at Dance Xtreme in Greenwood Village. Mention MDP and your child's level for assistance with dancewear .***
- *The required dress code will be a costume for the December showcase, so choose one that your child loves.*
- *“Theme” outfit days occur throughout the school year. You will receive notification, though your child will be responsible for remembering this information from class.*
- *If your child does not have her leotard for a particular class, please wear a black leotard or best option.*
- ***Jewelry:*** No necklaces, rings, bracelets and hanging earrings for class/performances. You may be asked to remove any jewelry for the safety of yourself and other dancers.
- ***Nails:*** Short and natural color, no nail jewelry or colored polish for performances.
- ***Tattoos:*** No visible tattoos including temporary ink for performances.

HAIR

- *Please have your child's hair pulled back away from her face and neatly in a bun of any height.*
- *The Ballet Bodhi Mondays- since some of the class is laying on their backs, a high bun, very low or side bun(s) work.*
- *If your child's hair is short, use a headband that keeps all hair off of face, hair clips, side buns, or hair gel. Prepare for the end of April concert by growing hair to make an easier time for yourself.*

ENTERING AND EXITING THE BUILDING

- ***There is only one entrance and exit for Aspen Academy at the west side and North doors. Someone is at the front desk to let you in until 6 pm.***



- *If a dancer is late, it is the responsibility of the dancer, not parent, to get ready quickly and acknowledge the teacher with words and eye contact that does not disrupt the other students.*
- ***Dancers will always wear street clothing or a cover up OVER their dance wear when entering and exiting the building. This is mandatory. Dancers will not wear their dance shoes outside of the studio.***

ILLNESS/INJURY

- *To the best of their ability, an injured student is expected to attend, participate in or observe class and rehearsals. This is an important part of learning and life skills.*
- *Please discuss any injuries/sickness with your instructor prior to each class or rehearsal.*
- *Please check in with your child on the way to dance and monitor health on your own. Students may always wear a mask for precaution.*

INCLEMENT WEATHER POLICY

- *Ms. Pingle will cancel classes due to inclement weather when conditions are deemed unsafe to travel and Aspen Academy is closed. Please note that while every attempt will be made to follow Littleton Public Schools, afternoon/evening classes may still run as scheduled if travel is deemed safe.*
- *Notices will be emailed to all families through the Parent Portal.*
- *Please attend at your own comfort level but sometimes this is a great way for the students to work out some extra energy.*

CLASS OBSERVATION POLICY

- *There will not be observation classes this year but instead an informal studio holiday performance on Wednesday, December 10th 5:30 pm and the end of the year BIG stage concert April 26th.*
- *You are more than welcome to videotape and take pictures of your child during the informal holiday performance. Students are able to present their best work that they have prepared for and are proud of.*



- *For the benefit of your child and their instruction, please do not watch or film class from the windows near the studios if parents are invited into the building. This is disruptive to the students as well as the instructor. Please respect your student's time in class.*

END OF THE YEAR PERFORMANCE

All tech, costume and dress rehearsals are MANDATORY in order to perform, as well as the last week of classes, though your younger child will not be in attendance the entire time. Details on this will arrive in January.

[REGISTRATION LINK](#)

Classes open July 14th 9 am.

(for new families)

And

July 11th for

Returning families

Please go to the [Portal](#)



If you have any other questions or concerns after reading this handbook, please reach out to mdp@mdpcollective.com

Tab 2

