

REYNA

PILATES

POLICIES & WAIVER FOR POP-UP EVENTS

“Studio” means Reyna Pilates, LLC.

GRIP SOCKS ALWAYS REQUIRED

For the health and safety of all Attendees, Studio requires that all Attendees wear grip socks during their workouts. Attendees can bring their own or purchase pairs from the Studio.

CONDUCT/DAMAGES

The Studio is committed to the health, safety, and welfare of each of its Attendees and will not tolerate unreasonable, threatening, obscene, harassing, indecent or illegal behavior. The Studio has the right to judge behavior and respond accordingly. This right includes, but is not limited to: termination of a training relationship without refund to any Member engaging in unacceptable behavior.

REFUNDS

All payments to register for the pop up are nonrefundable.

MEDICAL RELEASE AND CONSENT TO TREATMENT

You acknowledge that You should consult with a physician prior to beginning any exercise program and that You are not aware of any medical condition that would render You unfit to participate in a session. You will notify the Studio immediately of any change in medical condition, including pregnancy, as soon as reasonably possible.

If in the subjective opinion of the Studio staff, You would be at physical risk participating in a Studio workout, You understand and agree that You may be denied access to the session or until You furnish the Studio with an opinion letter from your medical doctor, at your sole cost and expense, specifically addressing Studio's concerns and stating that Studio's' concerns are unfounded.

PHOTO/VIDEO RELEASE

You grant Studio, its representatives, employees, or agents the right to take photographs and video footage of You and your property while at the Studio and to use and publish these photos or videos in print and/or electronically. You agree that Studio may use photographs or video footage of you with or without your name for any lawful purpose, including, but not limited for such purposes as publicity, illustration, advertising, social media, and

web content.

TEXT AND EMAIL COMMUNICATIONS

You understand that you may, from time to time, receive transactional or marketing text or email communications from Studio related to your booked Workouts, the Studio itself, and your participation therein. By entering into this Agreement you give Studio permission to text or email you, at the phone number and email address on file, regarding the same.

LIABILITY WAIVER: AGREEMENT TO PARTICIPATE and ASSUMPTION OF RISK

By signing up for a training session (the "Session") and using the premises and facilities (the "Studio") rented, owned, and/or operated, by REYNA PILATES, I acknowledge on behalf of myself, heirs, and representatives, there are inherent risks associated with the Sessions and Studio, and I assume such risks as detailed below.

I understand that physical activity and exercise, including the use of equipment, is potentially hazardous. I understand that fitness involves the risk of injury and that I am voluntarily participating and using equipment knowing the risks involved. I agree to assume full responsibility for all injuries or damages sustained or aggravated by me in relation to my participation of the Sessions and use of the Studio.

I will at all times use reasonable efforts to ensure my physical safety. I will comply with the Studio rules and instructions given to me. I understand that equipment used while exercising can be dangerous if used improperly. I understand that REYNA PILATES is not responsible or liable for any defective equipment. I also understand and agree that REYNA PILATES is not responsible for any injury I sustain due to a defect, damage, or lack of maintenance, in my individually-owned equipment, or equipment used not while under in-person direction from REYNA PILATES.

I declare myself to be physically sound and that I do not suffer from any condition, impairment, disease, or other illness that would prevent my participation or use of equipment, except as noted by a representative of REYNA PILATES and modified accordingly. I have not been instructed by a physician to not participate in physical exercise. I will notify my instructor immediately of any changes in my medical condition, including pregnancy, as soon as reasonably possible. I acknowledge and understand that if I am pre/post-natal there is an increased risk to myself and, if applicable, my unborn child. By participating in these exercises I assume all associated risks to myself, and if applicable, my unborn child. If I am pre/postnatal I have permission from my physician to participate in an exercise program.

I agree that if I am experiencing shortness of breath, chest pain, unusual fatigue, dizziness or fainting, or extreme pain, whether or not I am under the live and/or direct supervision of an instructor, I will immediately stop exercising and, if possible, immediately inform a representative of REYNA PILATES of my symptoms. I authorize any representative of REYNA PILATES to obtain emergency treatment for me, including transportation to a hospital, urgent care, or other medical facility.

In consideration of being allowed to participate in the Session and access the Studio, I hereby release, indemnify, and hold harmless REYNA PILATES, its direct and indirect parent, subsidiary, and affiliate entities, and each of their respective officers, directors, Attendees, employees, representatives and agents, and each of their respective successors and assigns and all others, from any and all responsibility, claims, actions, suits, procedures, costs, expenses, damages, and liabilities to the fullest extent allowed by law arising out of or in any way related to

participation in the Sessions or use of the studio, including ingress and egress to the Studio, or training with REYNA PILATES in any way.