



Grade 1: Daily Remote Learning Guideline for Monday, May 3rd

| Subject | Lead Teacher | Topic | Lesson Guidelines |
|--------------------------------|--------------|------------------------------|---|
| Full School Assembly | RDS Prefects | Community Event | <ul style="list-style-type: none">❑ Please join the RDS Community for a Full School Assembly to kick-off Mental Health & Wellness Week at RDS. |
| Math | Ms. Reed | Clocks and Time | <ul style="list-style-type: none">❑ Join the Zoom call at 10:00 am.❑ Following the lesson complete pages 155-156 in Jump Math.❑ Optional Activity: Complete sections W.1 and W.2 on IXL. |
| Wellness Week Special Activity | Ms. Petrovic | Making Mindful Jars | <ul style="list-style-type: none">❑ Join our Wellness Week live class with the Grade 2's to learn about how to cope with feelings of worry. We will be making a mindful jar to turn feelings of worry into calm.❑ Materials needed: plastic bottle or jar, water, baby oil or mineral oil (<i>vegetable or olive oil can also be used</i>), and food colouring.❑ Optional materials: Glitter, water beads, or anything else you would like to add to your jar!❑ Also optional: glue or tape to seal your jar shut. |
| Wellness-Based French Lesson | Mme Baziuk | Émotions (<i>Emotions</i>) | <ul style="list-style-type: none">❑ Join our live French class at 1:45 pm. This class will also be with Grade 2s.❑ Come prepared for French class with the printed activity posted on Seesaw before class begins (<i>Les Émotions - Emotions</i>). Please follow the BEFORE CLASS instructions.❑ Other materials needed: pencil, eraser, markers or pencil crayons.❑ We will be sharing ideas and expanding our French vocabulary.❑ After our French live, please go to Seesaw for the final step in this activity. |