

**Minutes of the meeting of the Institutional Ethics Committee for Human Research (IECHR),
Visva-Bharati held virtually on 30.06.2022 at 2.00 pm**

Members participated

1. Justice Jyotirmay Bhattacharya, Chairperson
2. Mr. Sandip Mukhopadhyay
3. Dr. Arindam Chatterjee
4. Dr. Paramita Roy
5. Prof. Anup Barman
6. Prof. Sudhansu Sekhar Maiti
7. Mr. Sukul Mardi
8. Prof. Dipak Kumar Mandal, Member Secretary

Agenda: Evaluation and consideration for approval of the submitted project proposals on human subjects.

Resolution:

The meeting was chaired by the Honourable Justice Jyotirmay Bhattaharya. Justice Bhattaharya welcomed all the members of the committee and briefed about the role IECHR, Visva-Bharati in monitoring the research on human subjects.

Eight research proposals were submitted. Candidates presented and explained their proposals. Proposals were thoroughly reviewed by the members and different aspects of the ethical issues were discussed. The decisions of the committee for the approval of the submitted proposals were as mentioned in the table below.

Sl. No.	Application No.	Name and address of the Applicants	Title of the project	Remark and Decision
1.	VB/IECHR/01/2022	Ms Payel De , JRF Under the supervision of Prof. Prasanta Kumar Ghosh Professor , Department of Social Work, Visva-Bharati	A Socio-Demographic study of the cardiovascular Disease Risk factors among unorganized workers in West Bengal, India	Approved
2	VB/IECHR/02/2022	Dr. Arnab Ghosh PI Associate Professor and Sri Milon Das , ICMR SRF Co-PI , Department of Anthropology, Visva-Bharati	Association of Anthropometry, Body Composition and lung function measures by maturity and Habitat: A cross sectional study on children and adolescents of Asian Indian origin from West Bengal.	Approved subject to inclusion of technical expert in collecting lung function data
3.	VB/IECHR/03/2022	Dr. Arnab Ghosh PI, Associate Professor and Sri Manish Acharjee , Research Scholar Co-PI Department of Anthropology, Visva-Bharati	A Cross sectional study on Anthropometry, Body composition, haemodynamic factors, micronutrients and some genetic polymorphism among children and adolescents of wetland, coastal plain, hilly and plateau ecology of India.	Approved
4.	VB/IECHR/04/2022	Sri Mukul Let , Research Scholar Under the supervision of Dr. Kallol Chatterjee ,	Effect of selected Pranayamas and Om recitation on blood lipid profile and melatonin secretion.	Approved Subject to submission of corrected version of the

		Assistant Professor Department of Physical Education, Vinaya-Bhavana, Visva-Bharati		proposal, informed consent of the participants and the testing Laboratories.
5.	VB/IECHR/0 5/2022	Dr. Sutapa Mukherjee , Assistant Professor, Department of Zoology, Visva-Bharati In collaboration with Prof. (Dr) Satinath Mukhopadhyay , Professor, Department of Endocrinology & Metabolism, IPGMER & SSKM Hospital	Assessment of human subjects for identification of potential biomarkers of NAFLD	Approved
6	VB/IECHR/0 6/2022	Prof. Tathagata Choudhuri , Professor, Department of Biotechnology, Visva-Bharati In collaboration with Dr. Sankar Deb Roy, MBBS, MD , Senior Consultant Dept. of Radiation Oncology, Eden Medical Centre, Dimapur	Understanding the DNA methylation landscape progressive Nasopharyngeal Carcinoma.	Approved
7.	VB/IECHR/0 7/2022	Sri Chiranjit Mondal , Ph.D. Research Scholar, Department of Physical Education, Vinaya–Bhavana, Visva-Bharati	Effects of Aerobic conditioning on stress hormones and physiological parameters of adult males	Approved. Subject to submission of informed consent of the participants and testing laboratory and subject to verification of medical fitness of the participants by Sub Divisional Hospital or any recognised hospital.
8	VB/IECHR/0 8/2022	Sri Bindusar Mondal Ph.D Research Scholar , Department of Physical Education, Vinaya-Bhavana, Visva-Bharati	Effect of Exercise-induced dehydration on physiological responses and neuro-muscular fitness of athletes.	Approved Subject to submission of the Medical fitness certificates of the participants from Sub Divisional hospital or any recognised hospital and informed consent of participants and Gymnasium.

Those proposals were prepared following the guideline of the ICMR and addressing the ethical issues for the research on human subjects are approved by the IECHR, Visva-Bharati and those proposals conditionally approved have to comply with the points mentioned above.

The meeting ended with a vote of thanks from the Chair.

Prof. Dipak Kumar Mandal
Member Secretary
IECHR Visva-Bharati

Dated: 30.06.2022