

## **Disclaimer**

The information in this Program is for informational purposes only and is NOT a substitute for the professional advice of your Doctor or other licensed health care provider.

No individual should use the information in this program for diagnosing or treating any disease or health problem, or prescribing, taking, modifying or discontinuing any prescription medication or other treatment.

You should always speak with your Doctor or other licensed health care provider before taking any medication, nutritional supplement, herbal product or homeopathic remedy.

You should also speak with your Doctor or other licensed health care provider before adopting any dietary or fitness program, lifestyle changes or wellness or detoxification program, especially if you are pregnant, nursing, have active cancer, any allergy or other serious health conditions.

Never avoid, disregard or delay seeking professional medical advice, or change any of your prescribed medical treatments because of something you have read or heard in this program.

The use of the information in this program is at your own risk.