Recovery Resources

Acadia Healthcare's Treatment Placement Specialists® (TPS) team
Provides complimentary treatment guidance and referrals for individuals who need personalized programming due to behavioral health and substance use concerns. As a free resource to licensed professionals, families, and individuals in need, TPS empowers clients to feel confident in their treatment decisions, yielding stronger results and more positive recovery outcomes. With access to hundreds of clinically driven programs both inside and outside of Acadia's formal network, the TPS team has higher-level options for nearly every demographic; from local intensive outpatient centers to world-renowned facilities addressing complex co-occurring conditions. Should an Acadia facility not be the best overall fit, TPS will continue to work diligently alongside referring professionals and families to ensure proper placement.
https://www.acadiahealthcare.com

Adventure Recovery
Adventure Recovery provides individual and group guided outdoor activities and trainings for those seeking support in recovery, mentorship, and adventure. You choose the activity, we provide the gear, the team know-how, the instruction, and the experience of a lifetime. In addition, if not in recovery but interested in outdoor skills instruction, prevention programming, or just want to immerse yourself in nature, we teach lifelong skillfulness in the great outdoors. Outdoor activities, recovery-oriented guidance and coaching, and epic adventures outside are what we do.
https://www.adventurerecovery.com

Al-Anon
A community resource providing support to anyone affected by a relative or friend's drinking. Al-Anon Family Groups (AFG) is a program to help the families and friends recover from the effects of alcoholics and those with a drinking problem. This is not a program for finding or maintaining sobriety. Family Groups meet in over 130 countries to help families and friends of problem drinkers recover from the impacts of a loved one's drinking. Members help each other by practicing the Twelve Steps of Alcoholics Anonymous themselves, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.
1-800-4AL-ANON
https://al-anon.org

Alcoholics Anonymous (AA)
A program of recovery from alcoholism for those who have a drinking problem and have a desire to stop drinking. Alcoholics Anonymous is a worldwide fellowship of men and women who help each other to stay sober. They offer the same help to anyone who has a drinking problem and wants to do something about it. Since they are all alcoholics themselves, they have a special understanding of each other. They know what the illness feels like and they have learned how to recover from it in A.A. Members practice the Twelve Steps of Alcoholics Anonymous.
Talk to someone: 1-866-STEPS12
https://ct-aa.org
https://alcoholicsanonymous.com
https://www.aa.org
Intergroup Association of Fairfield County: https://www.iafc-aa.org/meetings
Meeting Guide app

24 hours a day marathon international Zoom meeting: Meeting ID: 840 5355 4493 Password: 853263

Aware Recovery Care
A pioneer in the in-home mental health and substance use disorder treatment industry, representing true innovation. Supported by a specially-trained team of addiction professionals, Aware offers a best-in-class in-home addiction treatment program backed by both logic and data. We provide a full continuum of home-based care including in-home withdrawal management, medication-assisted treatment (MAT) and management, individual therapy, family therapy, and coordinated medical and behavioral healthcare. By transforming the home and local community into the treatment setting, we help you recover in your environment. With our treatment process, you can recover from addiction while getting the right amount of healthcare - all in the safety and comfort of your home. We are now serving clients in Connecticut, Florida, Indiana, Maine, Massachusetts, New Hampshire, and Rhode Island.
AwareRecoveryCare.com

By Grace Recovery Services
BGRS Is designed to help support and create a healthy new lifestyle substance-free. Through a mind, body, spirit I approach. We will help you or your loved one find their purpose. We believe finding purpose is the pathway to finding value in staying sober and living in recovery.
https://bygracerecovery.com

Caduceus AA for Health Care Professionals
A caduceus meeting or group is a support group for all medical professionals that have the desire to recover from chemical addictions using a 12-step approach.

CCAR
Connecticut Community for Addiction Recovery (CCAR) is a centralized resource in CT for all things recovery. Whether you are contemplating a life in recovery, are new to recovery, or are in long-term recovery, CCAR is here to help you to navigate the recovery community by connecting you with others in recovery and providing access to area support services. In September 2021, CCAR held the First Annual Recovery Fest live.
https://ccar.us

The Center for Motivation & Change (CMC)
The Center for Motivation & Change is a group practice of dedicated clinicians and researchers who rely on science and kindness to help people change. We employ respectful, flexible, evidence-based approaches to address substance use and compulsive behavior problems as well as other mental health issues, including trauma. Through compassion, collaboration, and the best science has to offer, we help people make life-enhancing and long-lasting changes. Let us help you find a path toward change that leaves you feeling better and more motivated, with greater mastery over your life, and empowered to pursue what matters most to you.
https://motivationandchange.com

The Child Guidance Center of Southern Connecticut
The Child Guidance Center of Southern Connecticut is dedicated to improving the mental and behavioral health of children and teens through treatment, education, and community support.
https://childguidancect.org

CMC: Foundation for Change

Puts the power of evidence-based strategies directly into the hands of individuals and communities through workshops, support groups, and written resources. Our *Invitation to Change Approach*® takes the best science has to offer (including compassion!) and makes it accessible and easy to understand.
https://cmcffc.org

CTARR Certified Recovery
Connecticut Alliance of Recovery Residences
• A positive, recovery-focused environment with support for abstinence.
• Other people in recovery who want to give and receive practical help.
• Connection to community services including treatment, counseling, and 12-step recovery groups.
• Some homes offer life skill development and employment services (Level III).
• Structure and routines designed to support a life in recovery.
https://ctrecoveryresidences.org

Delphi Behavioral Health Group
Delphi Behavioral Health Group was formed to take on the mission of treating addiction at its core. We believe that through personalized treatment in intimate settings, we can provide those suffering from substance abuse with the tools to start a journey of long-lasting recovery. No one should have to battle addiction alone. But we know how hard it is to choose a treatment center that's right for you. That's why our dedicated staff is committed to helping you find a treatment program that is ideal for your individual needs. We own and operate a wide range of drug and alcohol detox and treatment centers that are centered on personalized treatment. Our caring staff is trained to handle the challenges that may come with each treatment program. Each of our facilities is staffed by licensed medical and clinical professionals who are dedicated to our treatment philosophy. That philosophy means a commitment to maintaining a low clinician-to-client ratio, state-of-the-art treatment methods, and aftercare services centered on relapse prevention.
https://delphihealthgroup.com

Dual Diagnosis Anonymous (DDA)
A person with dual diagnosis has both a mental disorder and an alcohol or drug problem. Dual Diagnosis Anonymous is a fellowship of persons who share their experiences, strengths, weaknesses, feelings, fears, and hopes with one another to resolve our dual diagnosis and/or learn to live at peace with unresolved problems. The only requirement for membership in DDA is a desire to develop healthy, addiction-free lifestyles. Since 1996, we have been serving persons with severe and persistent mental health and/or substance use challenges and their families. We provide support and fellowship to help overcome and start on the road to recovery from dual diagnosis.
1-877-883-2332
https://ddainc.org

Eating Disorder Anonymous (EDA)
A Twelve-Step fellowship of individuals who share their experience, strength, and hope with each other that they may solve their common problems and help others to recover from their eating disorders. The only requirement for membership is a desire to recover from an eating disorder.
https://eatingdisordersanonymous.org

Fairfield University Collegiate Recovery Program Recovery House
The Collegiate Recovery Program (CRP) at Fairfield University offers a nurturing, affirming, substance-free environment for students in recovery. Together, students learn how to balance their education with their recovery, and pursue their academic, personal, and professional goals.

fairfield.edu/recoveryhouse

Glorious Recovery Foundation
A non-profit organization that unites, encourages, and empowers people impacted by alcohol and drug addiction to find their way to happy, joyous, and healthy life by organizing events full of love, compassion, and support.
https://gloriousrecovery.org

Hazelden Betty Ford Foundation
The world-renowned Hazelden Betty Ford Foundation ensures you and your family have access to today's most trusted addiction and mental health care and resources. Hazelden Betty Ford's programs and services integrate a patient-centered approach and evidence-based practices, delivered with the utmost respect and fierce compassion that make healing possible.
Call 1-888-494-0198
Email Hope@HazeldenBettyFord.org
https://www.hazeldenbettyford.org

High Focus Centers
High Focus Centers is a premier provider of outpatient treatment programs for teen and adult drug and alcohol addiction, mental health, and eating disorders. At High Focus Centers, no two treatment plans are alike. Our highly experienced clinicians create individualized treatment plans designed to meet your unique recovery needs. We have multiple outpatient treatment facilities including our new location in Norwalk, Connecticut. Our experienced clinical team uses evidence-based therapeutic treatment specifically designed to address the unique needs of teens and adults experiencing mental health conditions such as depression, anxiety, self-harm, and trauma as a primary or co-occurring diagnosis.
highfocuscenters.com

High Watch Recovery Center
Established in 1939 as the world's first 12-Step treatment center. Since then, our Connecticut addiction treatment center has led thousands of individuals from the grip of alcohol and drug addiction to the freedom of recovery. Nestled in 200 wooded acres in the lush Litchfield Hills of Connecticut, High Watch Recovery Center is a residential medical facility that provides state-of-the-art treatment for Substance Abuse Disorders and co-occurring Psychiatric Disorders. We integrate the latest breakthroughs in addiction medicine for addiction help of both the neurobiology of addiction and any co-occurring disorders (such as depression, anxiety, or bi-polar disorder) into the time-tested spiritual teachings of the 12 Steps.
https://highwatchrecovery.org

Hooked: A Family's Journey with Addiction; the Jack Conroy Story
This documentary tells a dramatic and provocative story and delivers essential information which can help save lives.
https://vimeo.com/ondemand/hookeddocumentary

The Hub
We are the designated Regional Behavioral Health Action Organization (RBHAO) for Southwest Connecticut. We are a regional resource supporting and coordinating mental health, suicide awareness, substance use prevention and problem gambling efforts and serve as the liaison between the region and state. We support the Local Prevention Councils in each town to prevent substance use and promote

mental health, and we bring consumers and providers together through our Catchment Area Councils to identify needs and recommendations in the treatment and recovery systems.
https://www.thehubct.org

Kids In Crisis
Ensuring the well-being of children through vital 24-hour services. Our trained counselors are available to you 24/7/365. Helpline calls are free and confidential. You are not alone - we're here to help.
Call 203-661-1911.
kidsincrisis.org

Laurel House
Provides resources and opportunities to help individuals and families achieve and sustain mental health to lead fulfilling lives in the community. Resources to Recover is a robust array of integrated services and expertise helping people along the path of mental health recovery.
https://www.laurelhouse.net

Lawyers Concerned for Lawyers Connecticut
Connecticut's lawyer assistance program providing crisis intervention and referral services to the Connecticut legal community. We are committed to helping members of the Connecticut legal community overcome personal, mental health, and addiction problems.
Confidential Hotline: 1-800-497-1422
http://www.lclct.org

Let's Talk About It New Canaan
Our goal is to provide you with information regarding mental, behavioral, emotional health and intelligence. We hope to be a steadfast and evolving resource in meeting you where you are. We invite you to participate in an ongoing and inclusive discussion about emotions. Life spins, leaving us feeling lost, weary, confused, and isolated. Maladaptive behaviors serve a temporary purpose but ultimately marry with shame - a powerfully repetitive cycle we can find ourselves swallowed by. There are ways out. You are never alone. Sometimes we need more perspective to build on practices already established that need a bit of refreshing and continued education. We have found it essential to create a circle of support to help us solve the things that come up so we can better understand ourselves and one another.
https://letstalkaboutitnc.org

Liberation Programs
Liberation Programs is one of Fairfield County's leading behavioral health organizations specializing in treatment for all types of substance use disorders including alcohol, opiates, depressants, and stimulants. Our goal is to help individuals and families overcome addiction in order to restore their lives and ultimately strengthen our communities. Liberation provides services for adults, youth, and families that include two inpatient treatment programs, outpatient and intensive outpatient services, health education for older adults and people living with HIV/AIDS and other chronic illnesses, treatment and resources for adolescents and their families, education and prevention efforts in the community, mobile harm reduction services, and permanent supportive housing for families. Liberation Programs' mission is to provide prevention, treatment, and recovery services to help individuals and their families impacted by substance use and mental health conditions to foster hope and maintain wellness.
https://www.liberationprograms.org

The Lighthouse

The tri-state area's premiere recovery services for substance use and mental health disorders. The mission of the Lighthouse is to provide clients and families struggling with substance use and mental health disorders a pathway to recover, restore, and rebuild their lives, wherever they are in their healing journey. We are a premier provider offering discreet concierge services including sober living, case management, recovery coaching, companionship, and transport to men, women, and families in the tri-state area. We offer recovery support and consultation services in the comfort of your home and community or ours.
https://thelighthousect.com

Mountainside
A nationally acclaimed alcohol and drug addiction treatment center with a holistic approach to wellness. We are committed to providing you the quality of treatment and care that we would want for our very own loved ones. We call this our "loved one standard of care."
https://mountainside.com

Narcotics Anonymous (NA)
A fellowship of recovering addicts with the desire to stop using drugs which have become a major problem and who meet regularly to help each other stay clean. The only requirement for membership is the desire to stop using drugs. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.
24 hour helpline: 1-800-627-3543
https://www.ctna.org

National Alliance on Mental Illness (NAMI)
The nation's largest grassroots mental health organization dedicated to building better lives for the millions affected by mental illness. The NAMI Family Support Group is a peer led support group for any adult with a loved one who has experienced symptoms of a mental health condition.
Helpline: 1-800-950-NAMI
Or in a crisis, text "NAMI" to 741741
https://www.nami.org

New Canaan Human Services
The mission of the Department of Human Services is to help all New Canaan residents function optimally by developing programs and activities that address developmental needs, as well as, by helping residents obtain appropriate social services and resources.
https://www.newcanaan.info/departments/human_services/index.php

New Canaan Recovery Corps
A non-profit group of local recovery professionals offering free, confidential, non-clinical support to town residents looking to address existing or potential problems related to drinking and/or substance abuse.
203-594-8888
https://www.nc-recovery.org

Newport Healthcare
At Newport Healthcare, we believe in sustainable healing. We bring teens and young adults from self-destruction to self-esteem by treating primary mental health issues, addressing the underlying causes of high-risk behavior. We treat individuals ages 12–27 who are struggling with trauma, depression,

anxiety, and/or co-occurring issues such as eating disorders and substance abuse. Through our clinical expertise and integrated care, we strive to help alleviate the stigma surrounding teen and young adult mental health. With an expanded clinical team, a wide variety of experiential therapies, and a robust educational component, our residential and outpatient programs support teens and families to start thriving rather than just coping.
https://www.newporthealthcare.com

Positive Directions: The Center for Prevention & Counseling
Founded over 50 years ago by people in recovery from alcohol addiction, Positive Directions today is a non-profit behavioral health organization providing a continuum of prevention, counseling, and recovery supports to individuals and families struggling with mental health or substance use disorders. We strongly believe that "prevention works, treatment is effective, and recovery is possible." Our staff is the best: talented, warm, caring, and effective. We recognize that our clients put their trust in us, and we honor your trust by giving you our very best, from individual counseling to peer support to family education to community-wide initiatives. We work to remove financial barriers and to provide supports beyond clinical treatment to ensure that individuals and families can lead healthy, successful lives. Our Peer Support Specialist, Ally Kernan, is recognized statewide as an advocate for recovery, a motivational speaker, and a young adult who uses her lived experience with mental illness and substance use to provide support and guidance to others. Ally is trained as a Recovery Support Specialist (mental health), Recovery Coach (substance use), SMART Recovery facilitator, and a Drug & Alcohol Recovery Counselor. She is available two mornings a week on a first-come, first-served basis for free individual peer support. Text her at 203-858-1819 to schedule.
https://www.positivedirections.org
https://www.positivedirections.org/one-on-one-peer-support

Primary Recovery Services, LLC
Our Mission at Primary Recovery Services is to provide the utmost quality, in-depth, virtuous, and compassionate care for individuals and their families suffering from addiction and mental health disorders. Our clients are treated with absolute dignity and respect as we strategically navigate extremely challenging conditions and focus on solutions. Primary Recovery Services utilizes a sophisticated and individualized approach for treatment of addiction, as well as behavioral and mental health disorders. Collectively we are a team of dedicated professionals committed to bringing compassion, professionalism, and peace of mind to families and their loved ones.
http://primaryrecoveryservices.com

The Progressive Institute
The Progressive Institute is a dual-licensed psychiatric and substance use outpatient treatment facility. Our purpose is to provide compassionate treatment and support for the mental health and substance use disorder needs in our community through a unique combination of research-backed treatment modalities, medical informatics, and medication-assisted treatment programs.
https://progressive-institute.com

RAM Council
We provide 8th grade through 12th grade students an avenue to substance-free activities, healthful alternatives to underage drinking and other substance use, and an opportunity to build leadership skills through hosting educational forums. With an active membership, teens know that they are making a difference in their community and have the confidence to make healthful decisions. Our mission is to

enable teenagers in the New Canaan area to live out substance free lives by discovering the Power of Prevention.
https://www.ramcouncil.org

Recovery Coaching
A Recovery Coach promotes recovery and removes barriers and obstacles to recovery, serving as a personal guide and mentor for people seeking or already in recovery from an addiction to alcohol and/or other drugs. While we believe in the title Recovery Coach, there are many other titles that are used for this sought-after position. What distinguishes a coach from other peer positions is that we stay in the lane of providing support for people in recovery from an addiction to alcohol and or other drugs.
https://addictionrecoverytraining.org/recovery-coach-academy

Recovery Community Development
The opposite of addiction is not sobriety, it's connection. The often parallel work of 12-step recovery programs and formalized addiction treatment programs - after the initial experience of detox - involves connecting the addict to other people. And not just any people, either. We're talking about safe, supportive, reliable, empathetic people.
https://www.recovcd.org

Refuge Recovery
Refuge Recovery is a practice, a process, a set of tools, a treatment, and a path to healing addiction and the suffering caused by addiction. This is a Buddhist approach which practices meditation, self-inquiry, wisdom, compassion, and community as tools for recovery and healing.
https://www.refugerecovery.org

Release Recovery
We are dedicated to helping clients build a strong foundation in early recovery. Through our individualized program of intensive support and supervision, we guide clients toward a life of accountability. Our clients learn to make purposeful decisions while exploring their passions and potentials. We provide 24/7 supervision in the first month of residency - the safety of our clients is tantamount to their success, and our staff will always provide transportation - and offer full, structured days of volunteer work, recovery meetings, and group activities. Through our individualized 4 Tier recovery program, clients will learn to nurture their recoveries, gain the skills to pursue their ambitions, explore healthy and productive outlets for self-growth, and ultimately practice sustainable self-sufficiency. Release is more than just a place to live. Release is a community dedicated to helping clients discover their potentials and live their best lives.
https://releaserecovery.com

rtor.org
Resources to Recover is a gateway website that helps families find resources and support for loved ones with mental health concerns. We offer families guidance, support, and information on the best practices and providers in recovery-oriented mental health care Please refer to our Directory of Family-Endorsed Providers for a listing of the best mental health resources in the Northeast region, recommended by you, users of this site, and vetted by our Advisory Group of family members and professionals. Our Mission: Resources to Recover promotes positive lifetime outcomes for people living with mental illness by building on the natural strengths and expertise of families.
https://www.rtor.org

Sacred Heart University: Collegiate Recovery Program

Sacred Heart University offers housing for students in the Collegiate Recovery Program. The Recovery House offers the opportunity for students to have designated housing that will give them the best chance at maintaining sobriety and receiving a great education. This environment will provide a space for fellowship and hope along the road to sobriety. Our mission is to create a safe and supportive educational environment where students in recovery from substance use disorders can be the best version of themselves and live to their best academic potential. We give every student the best possible chance at achieving success though physical, mental, and spiritual growth.
https://www.sacredheart.edu/offices--departments-directory/collegiate-recovery-program

Serenity at Summit
A network of substance abuse and addiction treatment facilities in the Northeast offering recovery services, detox, and inpatient addiction treatment.
https://serenityatsummit.com

Shoreline Recovery
Shoreline Recovery's mission is to provide a safe family style living environment for those who are recovering from alcohol and drug addiction and to encourage those who want to change and improve the quality of their lives. We at Shoreline Recovery understand that addiction and recovery can be an incredibly challenging experience for both residents and family members. Therefore, we are committed to providing personal support throughout the entire process from your initial inquiry to moving in - to make it as efficient and stress-free as possible. We provide our residents with a clean, comfortable, and supportive living environment, set along the scenic and peaceful Connecticut shoreline, which allows them to discover all the opportunities afforded by a life in recovery. We support residents in building a solid recovery foundation based on the social model of peer support and 12-Step fellowship programs. Our ultimate purpose is to assist our residents in maintaining long-term recovery, and to lead authentic and purposeful lives.
https://www.shorelinerecovery.org

Silver Hill Hospital
Silver Hill Hospital was established in 1931 and is a nationally recognized leader in providing compassionate and individualized treatment of mental health and addiction disorders. The Hospital has 12 full-time board-certified psychiatrists and admits more than 3,000 adolescents and adults annually for disorders that include addiction, depression, bipolar disorder, personality disorders, and schizophrenia among others. Located on 44 scenic acres in New Canaan, Connecticut, the Hospital is especially known for its expertise in treating complex conditions and co-occurring disorders. Silver Hill Hospital is a not-for-profit institution accredited by The Joint Commission and is licensed for 129 beds. Silver Hill Hospital provides three levels of care on one campus: inpatient stabilization, transitional residential living programs, and intensive outpatient programs. The new program, "The Steward House at Silver Hill," is located in a stately home on the hospital campus. This program is designed to provide personalized psychological and medical treatment that promotes personal growth and is responsive to professional issues that often complicate treatment.
https://silverhillhospital.org

SMART Recovery
Self-Management And Recovery Training (SMART) is a global community of mutual-support groups. At meetings, participants help one another resolve problems with any addiction (to drugs or alcohol or to activities such as gambling or over-eating). Participants find and develop the power within themselves to change and lead fulfilling and balanced lives guided by our science-based program. There are a variety of

weekly online meetings held throughout each week. Each meeting focuses on a specific group: the general public, teens, young adults, or family and friends.
1-440-951-5357
https://www.smartrecovery.org

Substance Abuse and Mental Health Services Administration (SAMHSA)
SAMHSA is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation and to improve the lives of individuals living with mental and substance use disorders and their families. SAMHSA's vision is to provide leadership and resources – programs, policies, information and data, funding, and personnel – advance mental and substance use disorder prevention, treatment, and recovery services in order to improve individual, community, and public health. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.
National Helpline: 1-800-662-HELP
Need Help Finding the Right Addiction Treatment For You? Call Today. 800-839-1686
https://www.samhsa.gov

Turnbridge
The preeminent mental health and substance use disorder treatment programs for young adults and adolescents. Turnbridge is a behavioral health care provider treating adolescents, emerging adults, and family systems through residential, outpatient, and virtual levels of care. Distinguished by its whole-person treatment approach and clinical innovation, phased programming, use of behavioral metrics to objectively measure clinical progress, and integrated family programming, Turnbridge has become a leading choice of referring professionals nationwide. The education, support, and treatment of client family members is central to our practice.
https://www.turnbridge.com/?gclid=CjwKCAjwmqKJBhAWEiwAMvGt6E_sPp-jDLdOh6yoWtQHrksQrVDalbPbbTN8OMpXmwWydUFGFSLPTBoC4IgQAvD_BwE

UCONN Student Health and Wellness
Student Health and Wellness believes in the transformative power of recovery. We provide recovery support services to students in or seeking recovery. This includes one-on-one recovery coaching, peer all recovery meetings, friends and family recovery meetings, recovery housing, and a wide array of social and service opportunities. In addition, we support and advocate for the continued growth, expansion, and accessibility of collegiate recovery through our recovery-friendly campus initiative. Recovery is a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.
https://studenthealth.uconn.edu/recovery

Uprooting Addiction: Healing from the Ground Up
An important film about trauma, addiction, and recovery. From RC Productions comes an urgent look at the national drug addiction crisis that is ravaging local communities across the U.S., including the filmmaker's own in Northwest Connecticut. At an innovative retreat organized by addiction and trauma counselor Hope Payson (LCSW, LADC), six people from varying walks of life - each affected by childhood trauma - come together to share their stories, emerging from darkness through community, connection, and compassion. Through the metaphor of a tree bearing a network of roots, Payson helps each attendee recognize the foundation of his or her trauma - abandonment, learning differences, sexual molestation, violence - and how it manifests and permeates through life, opening the door to fundamental healing. Interweaving these stories with uplifting, up-to-the-minute accounts of collective action in the face of a

growing public health crisis - from an equally diverse group of activists, officials, volunteers, caregivers, and experts - Uprooting Addiction is a mosaic-like portrait of a single community coming together to take on one of the most critical challenges of our times.
https://uprootingaddiction.com