

Melissa's Practice Notes

Focus Points/Keep in Mind:

- don't forget to keep your thumb on the thumb cushion

I Love You, Lord

G0 G4 G4 G4

G0 G4 D0 D1 D1

G4 D2 D1 D0

D1 G4 G0.....G1 G3

G0 G4 G4 G4

G0 G4 D0 D1 D1

D1 D1 D2 D4 D2 D1

G4 G0

G3 G4 D0 G4

Daily Routine:

Left Hand Intonation Exercises

Essential Elements

Pages 6-9: pivot points

Bow Exercises: Lift fingers 3, 4, and 5 relying on thumb, 1 and 2 to pour the weight of the arm into the string

- *These exercises improve bow strength and help the cellist connect with the natural weight of the arm to press the bow on to the string - these exercises do*

not produce sound - they are about establishing a constant weight into the bow - a heaviness and stickiness!

- Bow push-ups:
 - Place the bow on the string in the middle of the hair
 - Using the weight of the arm, press the stick of the bow towards the hair - like a push up - perform 4 push-ups per string

- Row, Row, Row your bow
 - With the bow in the middle again, make tiny circles with the bottom end of the bow and on every string - similar to a rowing motion

- Roll the bow
 - Place the bow on the C string and without any sound, roll the bow all the way over to the A string - rolling from string to string not lifting off the strings

C Major Scale

(To find and print - All Resources - Scales - Sheet Music - C Major)

- pivot points

Pieces: