

We want to give our pets the best possible nutrition, but with so many choices, how do we separate the best from the rest?

Do words like "premium" and "gourmet" actually mean anything? Are foods labeled "natural" and "organic" actually healthier? The truth is, when it comes to pet food, many of these terms have no standard definition or regulatory meaning. There is no one perfect source for comparing kibbles and chows. There is, however, some basic information that you can use to evaluate what you feed your four-legged family members.

Checking out the food label

Pet food labels have two basic parts: the principal display panel and the information panel. The first takes up most of the packaging – it includes the brand and name of the food, and descriptive terms and images. But the most important part of the label is the information panel, which is the parallel of a human nutritional information label. It contains the guaranteed analysis, ingredient list, feeding guidelines and nutritional adequacy statement.

Read More: How To Choose The Right Pet Food For Your Dog Or Cat