

**Christina Silveira is a pure enthusiast for healthy living. She walks the walk in all aspects of her life and invites us all along for the journey. Her inquisitive mind and generous heart make her an extraordinary resource for anyone who wishes to improve their lives through better health practices. Christina is a homeschooling mom of 2 who left behind her corporate career to fulfil her life's calling. She's an entrepreneur, an advocate for living a holistic lifestyle, loves to help others reclaim their health by removing toxins from their homes and is a holistic nutritionist student.**

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