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HEALTH & SAFETY

Overseas Travel Safety Security Risk Assessment (TSS)

PART ONE

This Risk Assessment has been designed to help us and our volunteers stay safe. Please follow the requirements listed below to complete this Risk Assessment:

- ALL overseas Volunteers MUST complete this Travel Safety & Security Risk Assessment and send it to us.
- Upon completion, please print, sign, scan and email an electronic copy of the Risk Assessment to info@ecoswell.org
- If you are in need of any further advice contact any member of the EcoSwell team or email us at info@ecoswell.org
- On completion, ensure that you carry a hard copy of this Risk Assessment during your trip in case of emergency.
- If you choose to ignore the current recommended security and travel health advice for Peru, you will be traveling at your own risk

Name:			

Details of	Proposed Travel/Risk Assessment Checklist
List cities & locations to be visited?	
Date of Travel?	
Date of Return?	
Purpose of Travel? (Briefly state project details/activities you will be doing)	
Have you traveled to Peru before? If Yes, provide details.	
Where will you be staying in the cities you will be visiting? (List the address and a link to Google Maps if possible)	
Provide details of overland/marine travel that you will undertake during this trip?	
Who will be your point of contact during your travels?	

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Traveler	EcoSwell Contact
Name: Signature:	Name: Signature:
	Approved YES □ NO □

PART TWO

 <u>ALL</u> overseas travelers must fill in the sections below and <u>MUST</u> read the typical risks and mitigations shown at Appendix A.

Source	Travel Advice
Foreign & Commonwealth Office What are the current risks identified by FCO for Peru?	
Copy and paste the travel summary from the FCO webpage for Peru: Go to www.fco.gov.uk Click on 'Travel Advice' Select Peru	

Threats Identified	Details	Probability: Low, Medium, High, Extreme? (select one of the three)	Mitigations (describe what you will do to reduce the likelihood of these threats from occurring)
General Risks			
Crime	Street crime, local scams, theft, hotel room security		
Conflict	Localized tensions, demonstrations or fighting that could result in outbreak of hostilities		



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Political	Civil unrest, strikes, riots, political demonstrations, upcoming elections or other significant events	
Kidnap	Abduction, kidnapping	
Transportation	Airport collection, local driving standards, hazardous terrain, vehicle roadworthiness, safety belts available	
Medical capabilities	Hospital proximity and standards, methods of payment for treatment, access to local doctor	
Food contamination	Allergies, Hepatitis A, dysentery/diarrhea, severe stomach upset	
Water & drinking water contamination	Dysentery/diarrhea, legionella, leptospirosis, polio, cholera, typhoid	
Utilities	Compatibility of equipment, voltage, safety standards, power cuts	
Climate conditions	Extreme heat or cold, high humidity, monsoon/storms, altitude	
Natural disasters	Typhoon, tornado, tsunami, avalanche, earthquake, flood	
Contact - with insects	Bites/stings, Lyme's disease, malaria, yellow fever	
Contact - with animals	Allergies, asthma, bird flu, bites, dermatitis, rabies, stings	
Local Culture	Customs, dress, religion, behaviour	
Legal differences	Local codes/guidance, local statute	
Activities	Working at height, over or near water, adjacent highways, railways	
Hazardous substances/chemicals	Material Safety Data Sheets not available, available antidotes, transport requirements, spillage controls	

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Permits to work, safe systems of work, tides/water conditions, medical back-up, remoteness of work site	

Your EcoSwell Contact:

Enter the telephone number and name of your EcoSwell contact:

Name: Position: Tel No.: Embassy in-Country:

Enter details of your Embassy in Peru (search using google):

Nationality of Embassy: Address: Tel No. : Emergency Contact

List the name and contact details of the person EcoSwell should contact in the event of an <u>emergency</u>:

Name: Tel No.: Relationship: Insurance Emergency Number

Add the name, website and telephone number of your insurance company (paid by you or your institution for this trip):

Name of

Insurance: Tel

No.: Website:

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Appendix A

Threats and Mitigations / Controls			
Threat	Typical Control Measures		
Crime	 Be aware of credit card fraud – do not allow waiters/shop assistants to take the card out of your sight Never resist a mugger, hand over what they want Do not wear and display expensive watches or jewelry Ensure that your emergency contact person have copies of your itinerary and passport/visa Make yourself aware of any common scams and think about how to react if you are approached Use the safe in your hotel room and use the security chain while you are in your room Ensure you have the numbers required to cancel credit cards and travelers cheques Carry a dummy wallet to hand over to assailants 		
Terrorism	 Be fully aware of the current security situation in the cities or locations that you are visiting Ensure you follow the recommendations for local transport (below) Check dates of trips against public holidays or days of special recognition Avoid foreign Embassies and hotels next door/nearby 		
Conflict	Be fully aware of the current security situation in the cities and locations you are visiting		
Political	 Avoid all demonstrations/large gatherings Prepare an alternate travel plan if strikes are anticipated Check dates of trip against local elections, major sporting events and public holidays 		
Kidnap	 Maintain a low public profile Do not publicize your itinerary, notify your family and colleagues of your movements as much as possible Follow the EcoSwell's team advise Be alert to suspicious persons, vehicles and activity, particularly in the vicinity of your accommodation 		
	Infrastructure		

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Threats and Mitigations / Controls			
Threat	Typical Control Measures		
Transportation	 If you're staying elsewhere before joining us, arrange a hotel transfer or reliable local contact to collect you from the airport on arrival and return you on departure Use hotel cars or recommended taxi companies, wear your seat belt, even if the locals do not Be aware of road conditions, especially when traveling outside of main cities If driving yourself, ensure that you have the correct insurance, driving license and permits and are fully aware of local driving regulations If using rickshaws, choose carefully and always agree a price before getting in If using local buses, be wary of the roadworthiness of the vehicle and safeguard your belongings. 		
Medical	 Ensure you pack a sufficient amount of any prescribed medication for your trip plus 7 days extra and carry copies of any prescriptions Do not engage in unsafe sexual activities or drug-taking Take a First Aid Kit Make sure you adapt to COVID19 requirements relevant at the time (washing hands, potential social distancing, etc) Reminder: medical facilities in Lobitos are limited and representative of a rural area in a developing country. 		
Food contamination	 Eat only recently prepared food that has been thoroughly cooked Drink sufficient liquids to prevent dehydration Busier restaurants may be safer as they are more likely to serve freshly cooked food Be cautious with pork products, fish/seafood and dairy products Be cautious of buffets (is the food properly covered & how long has it been standing?) 		
Water & drinking water contamination	 Drink bottled water only Use bottled water to brush your teeth Avoid ice in drinks Check beaches/rivers for warning signs 		
Utilities	 Check compatibility of all electrical equipment being taken Pack sufficient torches, batteries and travel plugs If a wall socket looks damaged or there is water damage nearby, <u>DO NOT USE IT</u> Charge your mobile phone <u>DAILY</u> 		
	Natural Risks		



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Threats and Mitigations / Controls			
Threat	Typical Control Measures		
Climate conditions	 Be aware of the weather forecasts for the dates of your trip and pack appropriate clothing Use high-factor sunscreen (SPF50 is recommend for Lobitos) and carry a bottle of water in hot conditions Avoid strenuous activity during the hottest part of the day 		
Natural disasters	 Ask your hotel reception for emergency procedures if staying elsewhere on your way to joining us Make a note of the contact details for your own Embassy Ensure that your emergency contact person have copies of your itinerary & passport copy 		
Contact with insects	 Ensure that you have the required vaccinations before traveling and tetanus & polio are up-to-date Use insect repellents safely Be aware of hotel medical provisions and check 		
Contact with animals	 Do not approach street/wild animals, even if they appear domesticated Avoid markets where live animals and poultry are sold 		
Cultural Risks			
Local culture	 Ensure that you are aware of and respect local religious restrictions and festivals Dress appropriately at all times Be aware of causing offense when taking photographs of local people and <u>DO NOT</u> take photographs near police or military establishments 		
Legal differences	 Be aware of any local laws that are different to those in your country (See Local Culture section on FCO country page) Ensure that you have all the required up-to-date permits 		
	Hazardous Activities		
Hazardous substances / chemicals	 Check all safety procedures with us before doing any hazardous labor Wear appropriate protective clothing when relevant 		



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	Threats and Mitigations / Controls		
Threat	Typical Control Measures		
Site / field visits	 Ensure a Site induction is given by the person you will be working with, including information on identified hazards risks and control measures Personal protective equipment will be provided when relevant. Make sure you wear it. Check all safety procedures and legislation with the Client or contractors in-country Be aware of the location of any man-made hazards (holes etc.) Make yourself aware of local animal/reptile species and the level of threat Ensure that work sites have appropriate first-aid provision and evacuation procedures Be aware of medical provision on site 		